



2016

Andrew Zimmern's Field Guide to Exceptionally Weir, Wild, and Wonderful Foods: An Intrepid Eater's Digest

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Stephens, Aylea (2016) "Andrew Zimmern's Field Guide to Exceptionally Weir, Wild, and Wonderful Foods: An Intrepid Eater's Digest," *Children's Book and Media Review*: Vol. 37 : Iss. 12 , Article 28.
Available at: <https://scholarsarchive.byu.edu/cbmr/vol37/iss12/28>

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Book Review

Title: Andrew Zimmern's Field Guide to Exceptionally Weird, Wild, and Wonderful Foods: An Intrepid Eater's Digest

Author: Andrew Zimmern and Molly Mogren

Illustrator: Chuck Gonzales

Reviewer: Aylea Stephens

Publisher: Feiwel & Friends

Publication Year: 2012

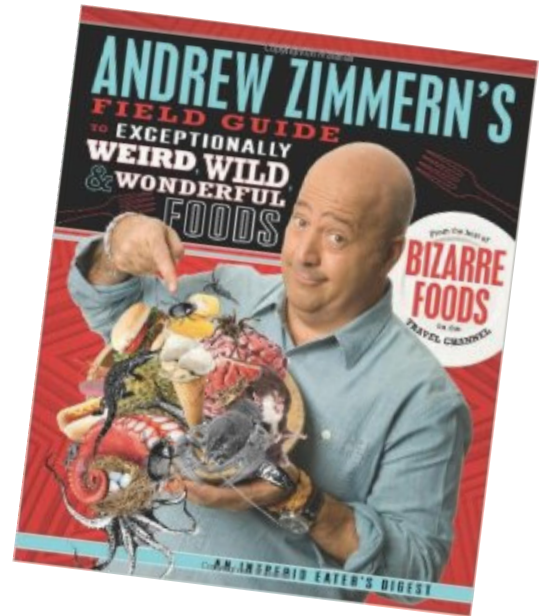
ISBN: 9781250019295

Number of Pages: 208

Interest Level: Primary, Intermediate

Rating: Excellent

Review



For Andrew Zimmern, host of the TV show *Bizarre Foods*, no food is too weird. In this book, he explores foods from around the world that might seem unusual to eat, such as alligator meat, brains, cockroaches, dung beetles, garlic ice cream, haggis, liver, octopus, rabbit, stuffed lamb spleen, turducken, and many others. He discusses the benefits, or lack of benefits, from each food, but then expands the information with recipes, photos, related trivia about the area it comes from; famous sayings related to the food, the area it comes from, or other fun trivia.

This book is a great way to get kids reading nonfiction. Kids will be delighted with the trivia, both the gross facts and the other fun facts that Zimmern collected in this book. The pictures and sidebars break up the information so that it doesn't ever get too gross or too boring. Because each chapter has different kinds of trivia and information, readers learn a lot not just about food but also about culture, geography, history, vocabulary, and art. The illustrations and pictures also help break up the words to keep things entertaining for young readers. Even reluctant readers can enjoy this laugh-out-loud look at the interesting foods that are eaten all over the world.