2016

Oh No, School!

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A young girl named Holly does not want to go to school one day. She hides in her closet and will not tell her mother why. Holly’s mother finds her and uses Holly’s favorite puppet, Bunny, to talk to her about the issues she is facing that make her hesitant to attend class. Holly is reassured about her concerns and is given advice on how to handle stressful classroom situations. After a great talk with “Bunny,” Holly and her mother share a hug and rush her out to catch the bus. School doesn’t seem so scary anymore to Holly.

This book was written for the purpose of addressing the needs of children who have difficulties transitioning to school. It addresses some of Holly’s concerns about school that might be similar to the concerns other children have. After reading this book with the child, the parent or caretaker is then encouraged to ask the child what concerns that child may have with going to school to open dialogue. There are tips and tricks at the back of the book for parents to address these same issues. It is a great resource for parents, teachers, therapists or anyone helping a child with behavioral problems associated with not wanting to go to school.