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A Nap in a Lap

AnnMarie Hamar

Reviewer: AnnMarie Hamar;
Reading Level: Toddler;
Rating: Dependable;
Genre: Humorous poetry;
Subject: Naps (Sleep)--Fiction; Stories in rhyme; Books--Reviews;

The illustrations are the enticement of this short, endearing book about napping. A little girl and her pet puppy show children where and how baby animals take naps. Baby penguins rest on their parents' feet, securely tucked under their feathers. Bunnies sleep curled up in the field while bats nap upside down. For a little girl and her puppy, however, the best place to nap is in her mom's lap. There is minimal text, usually one line per page, and the poetry sometimes seems awkward. Yet, the illustrations convey the warmth and security of curling up next to a parent for a nap. The colorful and sometimes humorous illustrations really are the book's strength.