Thoughts on Reclaiming the History of Relief Society

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The women attending the March 17, 1842, meeting elected Emma Smith as president. There, the Prophet Joseph Smith suggested that women were as essential as men to the work of God and that both sexes had access to the spiritual power, blessings, and gifts of the priesthood.

In 1881, Emmeline B. Wells made an astute observation: “History tells us very little about women; judging from its pages, one would suppose that their lives were insignificant and their opinions worthless. . . . Volumes of unwritten history yet remain, the sequel to the lives of brave and heroic men. But although the historians of the past have been neglectful of woman, and it is the exception if she be mentioned at all; yet the future will deal more generously with womankind, and the historian of the present age will find it very embarrassing to ignore woman in the records of the nineteenth century.”

In addition to being an early proponent of women’s history, Wells was also a convert to the Church, a polygamous wife, a prolific writer, an advocate of female suffrage, editor of the Woman’s Exponent (the Mormon suffrage magazine), and Relief Society general president. Her life goal, as she once noted in her diary, was to “do all in [her] power to help elevate the condition of [her] own people, especially women.”

For Wells, elevating women involved a process of remembering, documenting, preserving, recording, sharing, and teaching. In her mind, personal identity and the establishment of community were an outgrowth of historical
conscioness. She thus wanted Mormon women to value their history so they could recognize their potential, broaden their minds, and make contributions in social, political, and spiritual contexts.

Upon assuming the role of Relief Society general president at the beginning of the twentieth century, Wells became deeply concerned by women’s lack of historical memory, particularly in relation to Relief Society and its purpose—a concern that had also been expressed by Eliza R. Snow when called by Brigham Young to reintroduce the Relief Society organization in 1868. In 2010, Julie B. Beck, then serving as the fifteenth Relief Society general president, echoed the sentiments of Snow and Wells. She explained that after pondering about, praying about, fasting about, and discussing ways to help LDS women face their challenges and reach their potential, it became clear to her that “the sisters of the Church should know and learn from the history of Relief Society.”

As a member of the Relief Society organization, as a historian of women and religion, and as a religious educator, I have been struck by these over-the-pulpit calls to remember women’s history. I am intrigued by the recognition that history is central to understanding Mormon womanhood—that women’s identity and purpose as a part of the saving work of the Church spring from a connection to the past. At the same time, I recognize the historical forgetfulness that the call to remember implies. Since the history of Relief Society has been documented and shared at key points in time (three examples of which will be considered in this essay) why hasn’t the story been passed down continuously from one generation to another? Indeed, why have different generations of Relief Society general presidents had to reclaim the history of Relief Society? And, finally, how might we change this pattern of remembering and forgetting?

In order to consider some of the questions just posed, I will provide a brief sketch of the preserving and forgetting of Relief Society history and conclude with a few suggestions about how we might maintain historical consciousness in the future, an important goal if we hope to help our students—male and female—envision their place in the work of salvation.

Relief Society

In 1839, Church members settled along the upper Mississippi River Valley. There they established the city of Nauvoo, Illinois. During the earliest stages of settlement, they began building a temple—a sacred space dedicated to the performance of salvific ordinances. Throughout the temple’s construction period, Church members donated various resources, and men served as volunteer laborers one day in ten.

In 1842, Sarah Granger Kimball and Margaret Cooke discussed how women, as well as men, might contribute to the construction of the Nauvoo Temple. Both agreed that they could provide shirts for volunteer laborers. As a result of this conversation, Kimball contemplated forming a female benevolent society (a common practice at the time) that would enable Mormon women to engage in acts of service throughout their community. In March 1842, a small group of women convened in Kimball’s home to discuss the possibility of creating the society she had envisioned. Enthusiastic responses to the idea resulted in a collective decision to organize a benevolent society.

At the request of the other women in attendance at the meeting, Eliza R. Snow drafted a constitution for their fledgling organization. She subsequently shared it with Joseph Smith. Delighted by the idea of a women’s society, the Prophet Joseph encouraged the prospect, while also suggesting that the women of the Church could expand the scope of their society by incorporating spiritual as well as temporal work into its mission.

On March 17, 1842, twenty women met with Joseph Smith, John Taylor, and Willard Richards to officially establish their new society. In this meeting, the Prophet explained that he would organize the women of the Church under the pattern and direction of the priesthood; in essence, he was suggesting that their society could transcend traditional benevolent organizations through its placement within a soteriological framework. In addition to engaging in acts of service and charity, the Prophet Joseph explained that Mormon women should also commit themselves to the work of salvation. Of this discussion, Elizabeth Ann Smith Whitney recalled, “President Joseph Smith had great faith in the sisters’ labors, and ever sought to encourage them in the performance of their duties which pertained to these Societies, which he said were not only for benevolent purposes and spiritual improvement, but were actually to save souls.”

The women attending the March 17 meeting elected Emma Smith as president of the society and agreed to name it the Female Relief Society of Nauvoo. The Prophet Joseph Smith’s references to organizing women under the pattern and direction of the priesthood and committing them to the work of salvation suggested that women were as essential as men to the work of God and that both sexes had access to the spiritual power, blessings, and gifts of the priesthood.
From its inception, then, Relief Society encouraged Mormon women to place themselves within a larger cosmological history; it defined their purpose here and in the hereafter. Relief Society also provided a space in which Mormon women could give and receive religious instruction. Emma Smith, for example, heeded the revelatory counsel, now canonized as D&C 25, to “expound scriptures” and “exhort the church.” Furthermore, Joseph Smith—who had previously focused on instructing and training men—met with and taught members of the Relief Society about their role in the plan of salvation and prepared them for the covenants they would eventually make within the walls of the temple. Up to that point, women’s involvement with the temple had been focused on providing furnishings, handiwork, and clothing for the laborers. The Prophet’s interest in organizing a society for women became an invitation to them to participate in temple worship. In the context of Relief Society meetings they also learned about the priesthood and about spiritual gifts. They came to recognize that the temple gave them access to the saving ordinances of the gospel and allowed them to perform baptisms for the dead in behalf of their deceased loved ones. For women, as Carol Cornwall Madsen aptly noted, this “opened up a new concept of spiritual participation relating to the ‘privileges, blessings and gifts of the priesthood’ which not only enhanced their position in the church but offered limitless potential in the hereafter.”

Eliza R. Snow

As secretary of the Female Relief Society of Nauvoo, Eliza R. Snow—who had experience as a recorder, transcriber, and published poet—kept a meticulous record of the society’s early meetings, which she titled “A Book of Records. Containing the proceedings of The Female Relief Society of Nauvoo.” By creating this book, Snow explicitly became a historian of Relief Society. As scholars have since noted, her “precision indicates her belief that she was constructing a significant, enduring record.”

Snow kept the minutes of Relief Society meetings that were held in 1842 and in early 1843. Aware of their particular import, she recorded the sermons that Joseph Smith gave to members of the Relief Society—the only extant accounts of his teachings as specifically addressed to women. Although Snow moved twenty-five miles south of Nauvoo in early 1843, thus precluding her from regular attendance at subsequent Relief Society meetings, she left the record she had been keeping in Nauvoo so other women could detail the proceedings she missed. Phoebe M. Wheeler, Hannah Ells, and an unidentified scribe took notes in Snow’s place.

In 1844, Relief Society meetings were suspended due to controversies associated with plural marriage. Shortly thereafter, Joseph Smith was murdered, and two years following his death, Church members began their migration west. During this tumultuous period, Snow reclaimed the Relief Society Record and took it with her as she left Nauvoo for the Rocky Mountains. She recognized the importance of the document she had created and was committed to preserving it.

Shortly after settling in the Rocky Mountains, a small group of Mormon women established societies “of females for the purpose of making clothing for Indian women and children.” Because other groups of women soon followed their example, a resurgence of Relief Society occurred in many wards. During the Mormon Reformation in the mid-1850s, a strong spiritual component was infused into the charitable labors that members of the Relief Society engaged in. This period of renewal “reaffirmed the sisters’ sense of united purpose and continuity with their Nauvoo roots.”

As a result of the Utah War and the Civil War, the revival of Relief Society eventually waned, and the organization essentially disappeared for a second time. On December 6, 1867, however, Brigham Young called on each bishop to organize a Relief Society group within his ward, hoping this would help improve the temporal affairs of the Saints. Noting the tenuous nature of the society’s reorganization, the prophet Brigham then asked Eliza R. Snow to facilitate the renewal of Relief Society.

In her efforts to reestablish Relief Society, Snow engaged in a thorough study of the book of records she had kept in Nauvoo. She believed that reorganization required historical awareness—she had to understand the purpose of Relief Society in order to help other women grasp its significance. Snow thus “carried [the record] and cited it when she addressed Relief Society women in Utah.” She relied on the minutes she had kept to shape Mormon women’s memory of Relief Society origins so they could “reclaim the vitality and spirit” of this sacred organization. In particular, Snow stressed the salvific scope of Joseph Smith’s teachings, underscoring the idea that Relief Society was more than a benevolent society or a relief organization. She taught that it was a way for women to engage in the work of salvation and a means to reach their rightful place in God’s kingdom. As one of the earliest historians of Mormon women, she created, preserved, and encouraged a familiarity with the past,
hoping to “invest Mormon women with a sense of the spiritual power that
Joseph opened to them.”

Emmeline B. Wells

Although Emmeline B. Wells was a teenager when the Relief Society was
organized in Nauvoo, she was familiar with and intrigued by its history. Like
Snow, she had a strong sense of historical consciousness and hoped to pre-
serve and disseminate the history of Relief Society specifically and the history
of Mormon women generally. In 1872, therefore, Wells made a verbatim copy
of the Relief Society minutes and then used them to expand the work Snow
had initiated.

As an author and an editor, Wells found creative ways to increase
Mormon women’s exposure to their history; she hoped that this awareness
would legitimize and extend their participation in the Church as well as in
broader society. In order to accomplish this goal she authored and published
over fifty articles in the Woman’s Exponent that highlighted, analyzed, and
interpreted central themes detailed in the Nauvoo Relief Society minutes.
Her efforts made the information recorded in these important documents
readily accessible to Mormon women for the first time.

In addition to sharing the history of Relief Society through the written
word in the Woman’s Exponent, Wells served as the fifth general president of the
organization—the last president to have been acquainted with Joseph Smith
and to have personal connections to Relief Society origins. During her tenure
as president, therefore, Wells hoped to “transmit the memory and meaning of
Relief Society beginnings to a second generation of Mormon women.” She
believed that those who remembered their history would come to recognize the
power and influence they could have in various spheres; in her mind, Mormon
women had the capacity to make a difference within and without the home.

Although Snow and Wells acted as early historians of Mormon women,
few present-day Church members are aware of their efforts to preserve such
an important dimension of Church history. Snow created and preserved the
words of the Prophet and sought to make his teachings to women familiar
and, by extension, life-changing. Wells built on and expanded the scope of
Snow’s work, making Relief Society history accessible over the pulpit and in
print. Both found ways to infuse the Relief Society organization with meaning
and purpose, to highlight its role within the scope of salvific work, and to
carry its memory to present and future generations of Mormon women.

Wells’s death in 1921, however, “broke the connecting chain of memory”
to Relief Society origins. Because the historical witnesses of the organization
of the Relief Society no longer lived, forgetfulness eventually ensued—an all-
too-common pattern in women’s history. Indeed, even though women have
been documenting their experiences at least since medieval times, historian
Gerda Lerner has explained how every generation of women seems to be
unaware that women from the preceding generation had already “amassed
collections of ‘women worthies.’” Due to this lack of a historiographical
precedent, each generation of women is left to reinvent the wheel. Sadly,
many twentieth-century Mormon women fell into this same category of his-
torical forgetfulness. Since remembered history has typically centered on
male leaders (this is true within and without Mormonism), far too few were
familiar with the documents Eliza R. Snow preserved and the articles Wells
published. And thus the vital messages they contained—particularly the
need for women to engage in the work of salvation—were largely forgotten.
Recently, however, another Relief Society general president has recognized
the need for Mormon women to recover their history.

Julie B. Beck

From 2007 to 2012, Julie B. Beck served as the fifteenth general president of
the Relief Society. Throughout her tenure, many of the talks she gave seemed
to be laced with a historical undertone: over and over again, she highlighted
the purpose and significance of the Relief Society organization.
In the 2010 general meeting, Beck’s historical consciousness became increasingly clear. Prompted to rectify the problem of forgetfulness, she announced that a historical account about Relief Society was being written and would eventually be distributed to members of the Church.35 The purpose of this work, she explained, was to restore a sense of identity and purpose, to initiate positive change, and to unite Mormon women together in the work of salvation.36 As if echoing the thoughtful sentiments of Gerda Lerner, she reminded a vast and diverse audience of women—united by a common faith—that “not having a history truly matters.”37

Like Snow and Wells, Beck stressed the salvific purpose of Relief Society.38 By turning to the records of the past, she was able to reclaim the words and the vision of the Prophet Joseph Smith in relation to this fundamental organization. She understood that modern Mormon women needed the reminder that Relief Society is more than a social club or an organization that performs temporal acts of service—it is a spiritual organization that has been given the charge to save souls.39 Relief Society is, as Beck later explained in a BYU devotional, akin to priesthood quorums—both were designed to “help us become who our Heavenly Father needs us to become.”40

**Conclusion**

Although Julie B. Beck recently reclaimed the history of Relief Society, we cannot assume that historical forgetfulness will not follow in succeeding generations. (Surely Eliza R. Snow and Emmeline B. Wells assumed, or at least hoped, that their efforts to preserve Relief Society history would impact every generation of Mormon women.) Remembering is active. It requires thoughtfulness, awareness, and creativity. It encourages us to think about old topics in new ways and to open our minds to a more expansive and complex narrative.

As religious educators, we are responsible to invite all of our students to engage in the work of salvation. And the possibilities for that engagement are ever increasing: our students are serving missions at younger ages, and more of those students are women. Consequently, women are also receiving their endowments at younger ages. They are being given greater leadership responsibilities as missionaries—their stewardships are increasing.41 Indeed, they are being given, more than ever before, opportunities to fulfill the mission of Relief Society, as taught by Joseph Smith.

To aid with the ever-increasing work of salvation, and to avoid previous patterns of historical forgetfulness, each of us needs to make a greater effort to “know and learn from the history of Relief Society” and to teach its importance to our students, male and female.42 What if, for example, we incorporated Joseph Smith’s teachings from the Relief Society minutes into some of our lessons? We could also draw on stories from the scriptures and from Church history that are about women as well as men. We could read and quote from talks given by female leaders, thus helping our students recognize the importance of the work they do and the counsel they provide, as well as the significance and import of the auxiliaries they represent.43

If we teach younger generations of students to consider the importance of Relief Society history—to value God’s salvific work as engaged in by women—then remembering will inevitably follow. If it becomes a part of who they are and how they understand the gospel, they will preserve it, they will teach it, they will make it the norm. “As we move the Lord’s work forward,” Sister Beck suggested, “the history of Relief Society will continue to be written by faithful sisters [and faithful brothers] throughout the world.”44 And forgetfulness can become a thing of the past.45

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**Notes**

3. Emmeline B. Wells, diary, January 4, 1878, L. Tom Perry Special Collections, Harold B. Lee Library, Brigham Young University, Provo, UT.
In our Heavenly Father’s great priesthood-endowed plan, men have the unique responsibility to administer the priesthood, but they are not the priesthood. . . . In the eternal perspective, both the procreative power and the priesthood power are shared by husband and wife.” M. Russell Ballard, “This Is My Work and Glory,” Ensign, May 2013, 19. See also Dallin H. Oaks, “The Keys and Authority of the Priesthood,” Ensign, May 2014, 49–52.

12. Doctrine & Covenants 127.


17. “Record of the Female Relief Society Organized on the 9th of Febly in the City of the Great Salt Lake 1844,” holograph, Louisa R. Taylor Papers, L. Tom Perry Special Collections, Harold B. Lee Library, Brigham Young University, Provo, UT.


22. Durr and Madsen, “Preserving the Record,” 104.


24. Holograph Copy in Emmeline Wells Papers, L. Tom Perry Special Collections, Harold B. Lee Library, Brigham Young University, Provo, UT.

25. See, for example, “Sermons and Writings of the Prophet Joseph, His Teachings to the Relief Society,” Woman’s Exponent, August 15, 1884, 44, 52; “The Relief Society: Extracts from the Records,” Woman’s Exponent, November 1905, 36–18; “The Relief Society (Copied from the Original Records),” Eliza R. Snow, Secretary, Woman’s Exponent, February 1911, 49.


28. The content of the Relief Society minutes is now readily available through the Joseph Smith Papers Project (including scans of the original and a transcription) at http://josephsmithpapers.org/paperSummary/nauvoo-relief-society-minute-book and is also available as a recent Deseret Book publication: Sheri L. Dew and Virginia H. Pearce, The Beginning of Better Days: Divine Instruction to Women from the Prophet Joseph Smith (Salt Lake City: Deseret Book, 2012).


31. Lerner, Creation of Feminist Consciousness, 166.

32. Mormon women’s history has become a thriving academic field with the rise of women’s history in the 1970s; however, it remains comparatively unfamiliar to lay readers.

33. This statement is not intended to suggest that other Relief Society general presidents have not acknowledged the history of Relief Society, nor is it meant to imply that the organization of Relief Society has not been discussed and celebrated throughout the LDS Church. The statement is, however, making note of a recent example of a Relief Society general president who made a concerted effort—akin to Snow and Wells—to reclaim a forgotten history.


35. Susan W. Tanner, Daughters in My Kingdom (Salt Lake City: Intellectual Reserve, 2011).


40. Beck, “Why We Are Organized into Quorums and Relief Societies.”

41. In addition, the roles and leadership responsibilities of mission presidents’ wives are increasing, and the scope of international leadership is expanding with the recent announcement that International Board Members are being called to serve with the Young Women’s organization. Visit http://www.mормonnewsroom.org/article/mormon-auxiliary-leaders-announce-international-board-members.

42. Beck, “Daughters in My Kingdom.”

43. For more ideas, see Neylan McBaine, Women at Church: Magnifying LDS Women’s Local Impact (Sandy, UT: Greg Kofford Books, 2014).

44. Beck, “Daughters in My Kingdom.”