Respecting Agency, p. 2

Mental Illness in the Family, p. 12

Responsible Citizenship to Strengthen Home & Family p. 22
Expert Help for Families Facing Challenges

Helping and Healing Our Families

- 125 experts from the BYU School of Family Life offer advice and resources that provide hope to families
- All advice draws upon principles and practices inspired by "The Family: A Proclamation to the World"
- Practical advice and guidance for families dealing with real-world problems
- Topics include divorce, single parenting, mental illness, parent-child conflict, same-gender attraction, divorce, abuse, and many other challenging issues
- Helping and Healing Our Families reminds us of God's love for each individual and of His great plan of happiness

Available at BYU Bookstore, Deseret Book, DeseretBook.com, and 1-800-453-4532.
CONTENTS

2 RESPECTING AGENCY-A SMALL BUT VERY IMPORTANT THING
By Elder Merrill C. Oaks

12 MENTAL ILLNESS IN THE FAMILY
By Elder Alexander B. Morrison

22 RESPONSIBLE CITIZENSHIP TO STRENGTHEN HOME AND FAMILY
By Alan J. Hawkins