

Jesus Christ

in the Book of Mormon

People to Whom Jesus Christ or the Angel of the Lord Appeared

Key Scripture 1 Nephi 1:9

Explanation We know for certain that Jesus Christ appeared personally to prophets such as Lehi, Nephi, Jacob, Mormon, and Moroni and to the people gathered at Bountiful after his resurrection. These personal visitations are listed in the first part of this chart. But Christ probably appeared to additional prophets as well. The second part of this chart lists those who recorded having seen “an angel of the Lord” (Amulek and Samuel) or “the angel of the Lord” (Benjamin and Alma the Younger). Because it is difficult to distinguish between “the angel of the Lord” and Jehovah in Genesis 16:7–11, Exodus 3:2, and Judges 2:1–4, Nephites who recorded seeing “the angel of the Lord” might have been indirectly writing about the Lord himself. It is therefore possible that prophets such as Alma also saw the Savior and conversed with him (see Mosiah 27:25, “And the Lord said unto me”).

Source John W. Welch, “Ten Testimonies of Jesus Christ from the Book of Mormon,” in *Doctrines of the Book of Mormon: The 1991 Sperry Symposium*, ed. Bruce A. Van Orden and Brent L. Top (Salt Lake City: Deseret Book, 1992), 223–42.

People to Whom Jesus Christ Appeared

1	Lehi	1 Nephi 1:9
2	Nephi ₁	2 Nephi 11:2
3	Jacob	2 Nephi 2:4; 11:3
4	Lamoni	Alma 19:13
5	the gatherings at Bountiful	3 Nephi 11–26
6	the twelve Nephite disciples	3 Nephi 27:2
7	the brother of Jared	Ether 3:14
8	Mormon	Mormon 1:15
9	Moroni	Ether 12:39
10	Benjamin	Mosiah 4:1
11	Alma ₂	Mosiah 27:11

People Who Saw the Angel of the Lord

12	Laman, Lemuel, and Sam	1 Nephi 3:29
13	Amulek	Alma 10:7
14	Samuel the Lamanite	Helaman 13:7

Nephite Declaration of Faith

Key Scripture Alma 33:22

Explanation All the prophets of the world, including those in the ancient Americas, have testified “more or less” (Mosiah 13:33; Jacob 4:5) concerning the coming and atonement of Jesus Christ. In Alma 32 the prophet Alma tells how to plant and nourish the seed of true faith. In verses 22 and 23 he discloses what the seed is that people should plant in their hearts and that will sprout and grow into a tree of everlasting life. That seed is a declaration of faith. It has seven parts, as this chart shows. One may well imagine that Alma and his followers could have personally recited this declaration in explaining their faith, in much the same way as members of the church today use the Articles of Faith in stating the fundamental elements of their faith.



Nephite Declaration of Faith

1 We “believe in the Son of God,
2 that he will come to redeem his people,
3 and that he shall suffer and die
4 to atone for their sins;
5 and that he shall rise again from the dead,
6 which shall bring to pass the resurrection,
7 that all men shall stand before him,
to be judged”

—*Alma 33:22*

Consistent Elements in Nephite Declarations of Faith

Key Scriptures Alma 33:22; 1 Nephi 11:31–33; 19:9–10; 2 Nephi 9:4–15; 25:12–13; Mosiah 3:5–10; 15:5–9, 20; 16:10; Alma 11:39–41; Mormon 9:1–14

Explanation Alma 33:22 is not the only place in the Book of Mormon where its seven principles of Nephite faith in Jesus Christ are revealed. Eight other important compact doctrinal passages list many, if not all, of these seven principles. Each of these passages is shown in the left-hand columns of this chart. To the right, check marks indicate which principles each passage includes. The consistency of expression found in these scriptures suggests that the seven principles in Alma's formulation may have constituted a widely taught and adopted declaration of faith established among the Nephites.

Source John W. Welch, "Ten Testimonies of Jesus Christ from the Book of Mormon," in *Doctrines of the Book of Mormon: The 1991 Sperry Symposium*, ed. Bruce A. Van Orden and Brent L. Top (Salt Lake City: Deseret Book, 1992), 223–42.

Consistent Elements in Nephite Declarations of Faith

Speaker	Reference	Believe in the Son of God	He will come to redeem his people	He shall suffer and die	He will atone for their sins	He shall rise again from the dead	He shall judge all men
Nephi ₁	1 Nephi 11:31–33	✓	✓	✓			
Nephi ₁	1 Nephi 19:9–10	✓	✓	✓	✓	✓	
Jacob	2 Nephi 9:4–15	✓	✓	✓	✓	✓	✓
Nephi ₁	2 Nephi 25:12–13	✓	✓	✓	✓	✓	
Benjamin	Mosiah 3:5–10	✓	✓	✓	✓		✓
Abinadi	Mosiah 15:5–9, 20; 16:10	✓	✓	✓	✓	✓	✓
Amulek	Alma 11:39–41	✓	✓		✓	✓	✓
Alma ₂	Alma 33:22	✓	✓	✓	✓	✓	✓
Moroni	Mormon 9:1–14	✓	✓	✓	✓		✓

Names Used for Christ by Major Book of Mormon Authors

Key Scripture Mosiah 3:5–27

Explanation Major Book of Mormon authors used sixty-seven different names to refer to Jesus Christ. Of these names, many were used exclusively by one author, while others were used almost universally. This may be because the Lord was to them, as he is to each of us, both the same and different: his atonement is universal, but each of us also has a relationship with him that is entirely personal. For example, King Benjamin is the only prophet in the Book of Mormon who calls Jesus the “Heavenly King” or the “Lord Omnipotent.” This could be in part because Benjamin himself was a king, identified with Christ on that level, and recognized the true authority and power of the Son of God. This table shows the names for Christ that appear in the Book of Mormon and the frequency with which its major authors used them. Names for Christ that are unique to certain authors appear in boldface type. The data below show which texts are used to represent each major author.

Lehi: 1 Nephi 1; 8; 10; 2 Nephi 1–4

Nephi: 1 Nephi 11–22; 2 Nephi 25–33

Jacob: 2 Nephi 6–10; Jacob 2–4; 6

Abinadi: Mosiah 12–16

Benjamin: Mosiah 1–6

Alma₂: Alma 5; 7; 12–13; 32–33; 36–42

Amulek: Alma 9–11; 34

Samuel: Helaman 13–15

Mormon: Helaman 12; 3 Nephi 5; Mormon 1–7; Moroni 7–9

Moroni: Mormon 8–9; Ether 4–5; 12:6–41; Moroni 1–10

Source John W. Welch, “Ten Testimonies of Jesus Christ from the Book of Mormon,” in *Doctrines of the Book of Mormon: The 1991 Sperry Symposium*, ed. Bruce A. Van Orden and Brent L. Top (Salt Lake City: Deseret Book, 1992), 223–42.

Names Used for Christ

by Major Book of Mormon Authors

	Lehi	Nephi ₁	Jacob	Abinadi	Benjamin	Alma ₂	Amulek	Samuel	Mormon	Moroni
A Messiah	2	1								
A Son of God					1					
All-Powerful Creator			1							
Beloved Son		1								
Christ		40	12	8	12	12	8	2	43	46
Christ Jesus					1					
Christ the Lord				1	1					
Christ the Son						1		1	1	
Creator			3	1	1		1			
Eternal Father		2		2			2		1	5
Eternal God		2	1				2			1
Father		18	3	5	2		1	1	13	22
Father of Heaven and Earth		1		1	1		1	1		
Father and Son			1							
First-Fruits	1									
God	41	135	87	44	57	201	29	9	76	72
God of Abr., Isaac, Jacob		1				2				1
Good Shepherd						7				
Great Creator			3							
Great and Eternal Head							1			
Great Mediator	2									
Great and True Shepherd							1			
Heavenly King				1						
His Son Jesus Christ								1		

	Lehi	Nephi ₁	Jacob	Abinadi	Benjamin	Alma ₂	Amulek	Samuel	Mormon	Moroni
Holy Being									1	
Holy Child								1		
Holy Messiah	2									
Holy One	1	1	1		2			1	1	
Holy One of Israel	2	14	17							
Holy One of Jacob		1								
Jehovah										1
Jesus		4	2					9	6	
Jesus Christ		4		3	3	1	1	7	17	
King of Heaven			1		1					
Lamb		29			1	1				1
Lamb of God	1	31			1					2
Lord	64	175	46	49	32	54	29	47	53	54
Lord God	8	38	18		6	8	1	1	1	1
Lord God Almighty	1	1	1							
Lord God of Hosts		2								
Lord God Omnipotent				2						
Lord of Hosts		9	7					3		
Lord Jesus										1
Lord Jesus Christ				1	3		1	3	2	
Lord Omnipotent				4						
Maker			2							
Messiah	13	12	2	1						
Mighty God			1							

	Lehi	Nephi ₁	Jacob	Abinadi	Benjamin	Alma ₂	Amulek	Samuel	Mormon	Moroni
Mighty One of Israel	1									
Mighty One of Jacob	1	1								
Only Begotten of the Father	1				2	1				
Only Begotten Son		2			3					
Prophet	1									
Redeemer	5	12	3		3		1	2		
Savior	1	4	1	1				4	1	
Shepherd		2			11		1	1		
Son		8	6		12	1		2	8	
Son of the Eternal Father		2								
Son of the Everlasting God		1								
Son of the Most High God		1								
Son of Righteousness		1								
The Christ		1								
The Son of God	2	5	1	2	10	8	3	3	3	
The Very Christ		1						1		
The Very God								1		
True Messiah	2	1								
Very God of Israel		1								
TOTALS										
References to Christ	148	565	215	119	126	339	86	74	224	247
Names used unique to author	4	10	4	1	3	3	0	2	3	3
Different names used by author	17	38	22	11	15	20	14	15	20	21
Percent names unique to author	24	26	18	9	20	15	0	13	15	14

Names and Concepts Associated with Christ by Major Book of Mormon Authors

Key Scripture 2 Nephi 10:3

Explanation The writings of major Book of Mormon authors reflect a personalized understanding and testimony of Jesus Christ. This is evident in part by the unique names that they used to describe him. This chart highlights the names for Christ that are unique to each author. For example, Lehi is the only author who refers to Christ as “a prophet” (1 Nephi 10:4), while his son Nephi alone uses the name “Beloved Son” (2 Nephi 31:11) when quoting the words of God the Father. It may be that Lehi’s calling as a prophet allowed him to identify personally with Christ on that level and that Nephi’s position as a “beloved son” of Lehi helped him to readily understand Christ’s sonship. This chart also includes a column showing some of the major topics each author emphasizes in his discourses. Those topics are usually consonant with the names each author uses for Christ.

Source John W. Welch, “Ten Testimonies of Jesus Christ from the Book of Mormon,” in *Doctrines of the Book of Mormon: The 1991 Sperry Symposium*, ed. Bruce A. Van Orden and Brent L. Top (Salt Lake City: Deseret Book, 1992), 223–42.

Names and Concepts Associated with Christ by Major Book of Mormon Authors

Author	Distinctive Name(s) for Christ	Topics Emphasized
Lehi	A Messiah, First-Fruits, Great Mediator, Holy Messiah, Lord God Almighty, Prophet	mercy, redemption
Nephi ₁	Son of the Most High God, Son of the Everlasting Father, Son of Righteousness, The Christ, Beloved Son, Very God of Israel, Mighty One of Israel	obedience and law, covenants to the house of Israel
Jacob	Mighty God, Maker, All-Powerful Creator, Great Creator	temple and priestly functions
Abinadi	Father, Son	innocent suffering, fatherhood and sonship
Benjamin	Heavenly King, Lord Omnipotent, Lord God Omnipotent	ceremonial and royal functions, atonement, blood
Alma ₂	Good Shepherd, Shepherd, Christ Jesus	mercy, conversion, judgment, joy, equity
Amulek	Christ the Son	atonement, arms of safety, sacrifice
Samuel	Great and Eternal Head, Lord of Hosts	destruction of evil
Mormon	His Son Jesus Christ, Holy Child, The Very God	God's love for his children
Moroni	Holy Being, Jehovah, Jesus	personal witness of Christ

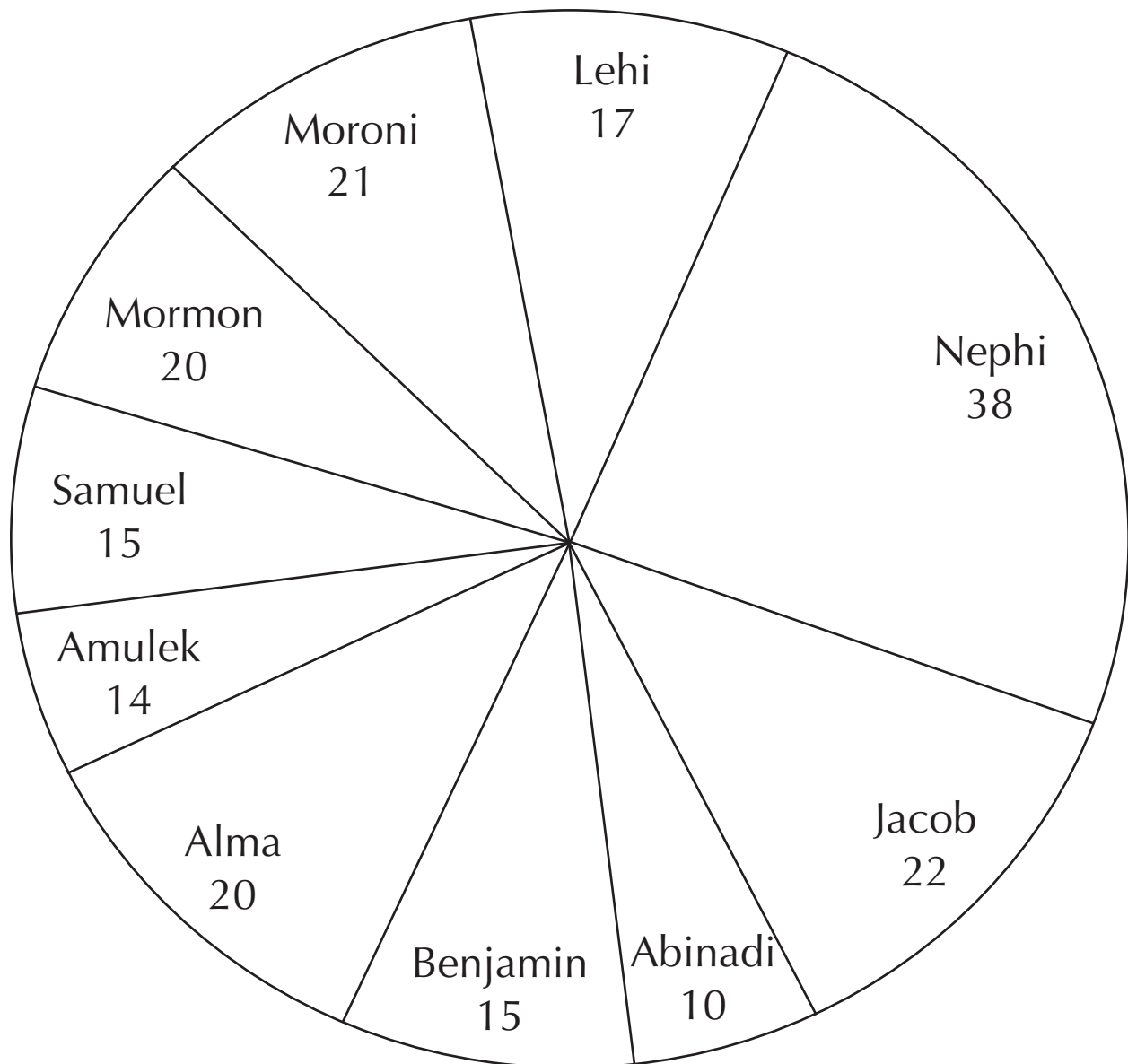
Number of Names Used for Christ by Major Book of Mormon Authors

Key Scripture Mosiah 3:5–27

Explanation This chart illustrates the penchant of Book of Mormon authors to use multiple names for the Lord Jesus Christ. Nephi₁ was especially creative in this regard, though all of these authors demonstrate an intimate, impressive understanding of the Lord’s redemptive mission and many divine attributes. Indeed, the Book of Mormon makes clear that these prophets learned of Christ through the scriptures and divine revelation. For example, King Benjamin was a dedicated student of the scriptures, and his stirring words regarding Christ’s saving mission were delivered to him by an angel (see Mosiah 3:2–4:1). The particular names that Book of Mormon authors used as they bore witness of the Savior are documented in chart 44.

Source John W. Welch, “Ten Testimonies of Jesus Christ from the Book of Mormon,” in *Doctrines of the Book of Mormon: The 1991 Sperry Symposium*, ed. Bruce A. Van Orden and Brent L. Top (Salt Lake City: Deseret Book, 1992), 223–42.

Number of Names Used for Christ by Major Book of Mormon Authors



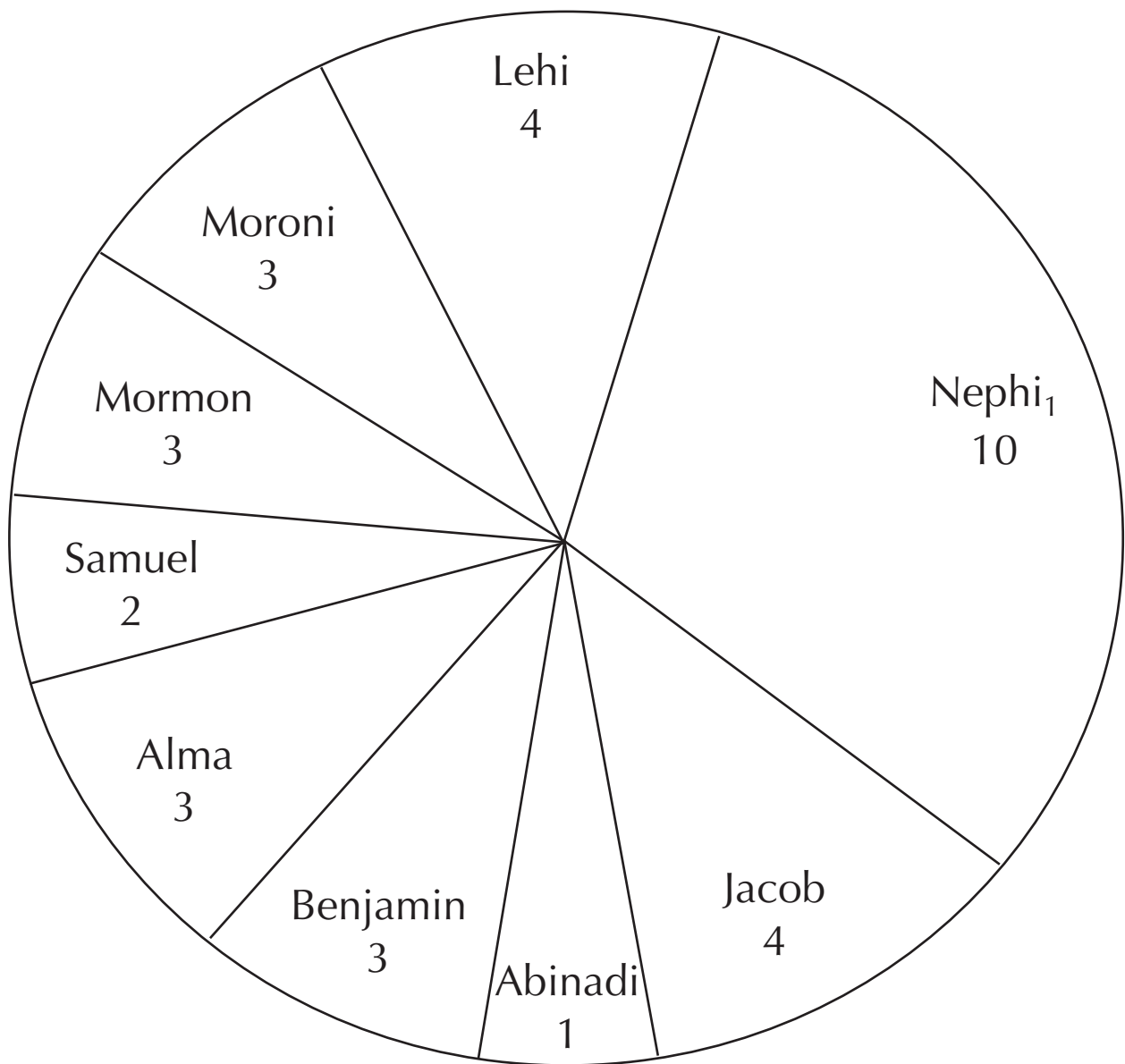
Number of Names for Christ Used Exclusively by Individual Authors

Key Scripture Mosiah 3:5–27

Explanation Of the sixty-seven names for Jesus Christ employed by major Book of Mormon authors, nearly half are used exclusively by individual authors. For example, of the thirty-eight names that Nephi₁ used for Christ, ten were used exclusively by him; of the twenty-two names Jacob used, four were unique to him; and so on. These figures suggest the originality and rich gospel perspectives and testimonies of the prophets and record keepers who contributed to the Book of Mormon record—an aspect preserved by Mormon’s abridging and Joseph Smith’s translating.

Source John W. Welch, “Ten Testimonies of Jesus Christ from the Book of Mormon,” in *Doctrines of the Book of Mormon: The 1991 Sperry Symposium*, ed. Bruce A. Van Orden and Brent L. Top (Salt Lake City: Deseret Book, 1992), 223–42.

Number of Names for Christ Used Exclusively by Individual Authors



Samuel the Lamanite's Prophecies

Key Scripture Helaman 14

Explanation As the time neared for Samuel the Lamanite's prophecies to be fulfilled, Nephi₃ witnessed the growing skepticism of the people concerning the predicted earthly advent of Jesus Christ. This skepticism led to the persecution of those who believed in Christ's coming by those who felt the time of his birth had already passed. These skeptics threatened to kill the believers unless the sign of Christ's birth appeared before a certain date. Possibly because the very lives of the believers depended on the fulfillment of those prophecies, Nephi paid careful attention to documenting their exact fulfillment. Nephi also tracked Samuel's prophecies concerning Christ's death and their fulfillment.

Samuel the Lamanite's Prophecies

Concerning Christ's Birth

	Reference	Fulfillment
Christ will be born in 5 years	Helaman 14:2	3 Nephi 1:13
No darkness for 2 days, 1 night	Helaman 14:3–4	3 Nephi 1:15
A new star will arise	Helaman 14:5	3 Nephi 1:21
There will be signs and wonders	Helaman 14:6	3 Nephi 2:1
People will fall to the earth	Helaman 14:7	3 Nephi 1:16–17

Concerning Christ's Death

	Reference	Fulfillment
No light for 3 days	Helaman 14:20, 27	3 Nephi 8:19–23
Thunderings and lightnings	Helaman 14:21	3 Nephi 8:6–7
Earth will shake, tremble, and be broken up	Helaman 14:21–22	3 Nephi 8:12, 17–18
Mountains will be laid low and valleys raised	Helaman 14:23	3 Nephi 8:10, 13; 9:8
Resurrected people will appear to many	Helaman 14:25	3 Nephi 23:9–14





Destructions at the Death of Christ

Key Scripture 3 Nephi 8–9

Explanation Many wicked cities in the Americas were obliterated during the three-day period of destruction following the death of Jesus Christ. This chart lists the cities that were destroyed and the various elements that destroyed them. The mediums of destruction correspond well with what were known anciently as the four elements of the world—earth, air, fire, and water—showing that the entire cosmos, as the ancients typically understood it, was disrupted and beset the wicked as a result of the Savior’s death.

Source Shawn Rice, student of John W. Welch, Book of Mormon 121H, Brigham Young University, fall 1997.

Destructions at the Death of Christ

Element of Destruction	City Destroyed	Reference
	<p>Moronihah Gilgal Gadiomnah Gadiandi Jacob Gimgimno</p>	<p>3 Nephi 8:10; 9:5 3 Nephi 9:6 3 Nephi 9:8 3 Nephi 9:8 3 Nephi 9:8 3 Nephi 9:8</p>
	<p>some people were carried away in the whirlwind</p>	<p>3 Nephi 8:16</p>
	<p>Zarahemla Jacobugath Laman Gad Josh Kishkumen</p>	<p>3 Nephi 8:8; 9:3 3 Nephi 9:9 3 Nephi 9:10 3 Nephi 9:10 3 Nephi 9:10 3 Nephi 9:10</p>
	<p>Moroni Onihah Jerusalem Mocum</p>	<p>3 Nephi 8:9; 9:4 3 Nephi 9:7 3 Nephi 9:7 3 Nephi 9:7</p>

Old Testament Passages Quoted by Jesus Christ in 3 Nephi

Key Scriptures 3 Nephi 16; 20–22; 24–25

Explanation Jesus Christ spoke of his life and atonement as fulfillments of ancient prophecy. During his visit to the Americas, he quoted several Old Testament passages, all of which the children of Lehi apparently knew, to show how he fulfilled prophecy—and to explain to them their role as children of the covenant. For example, Jesus identified Lehi’s descendants as those who, in the last days, will go among the Gentiles “as a lion among the beasts of the forest” (Micah 5:8–9; 3 Nephi 20:16–17). In this chart the Old Testament passages quoted by Jesus are listed in the left column, with corresponding Book of Mormon references listed on the right-hand side.

Source Royal Skousen, “Textual Variants in the Isaiah Quotations in the Book of Mormon,” in *Isaiah in the Book of Mormon*, ed. Donald W. Parry and John W. Welch (Provo, Utah: FARMS, 1998), 369–71.

Old Testament Passages Quoted by Jesus in 3 Nephi

Passage	Quotation
Isaiah 52:8–10	3 Nephi 16:18–20
Micah 5:8–9	3 Nephi 20:16–17
Micah 4:12–13	3 Nephi 20:18–19
Deuteronomy 18:15–19	3 Nephi 20:23
Genesis 12:3	3 Nephi 20:25, 27
Isaiah 52:8	3 Nephi 20:23
Isaiah 52:9–10	3 Nephi 20:34–35
Isaiah 52:1–3	3 Nephi 20:36–38
Isaiah 52:6–7	3 Nephi 20:39–40
Isaiah 52:11–15	3 Nephi 20:41–45
Isaiah 52:15	3 Nephi 21:8
Isaiah 29:14	3 Nephi 21:9
Habakkuk 1:5	3 Nephi 21:9
Deuteronomy 18:19	3 Nephi 21:11 (allusion)
Micah 5:8–15	3 Nephi 21:12–18, 21
Deuteronomy 18:19	3 Nephi 21:20 (allusion)
Isaiah 52:12	3 Nephi 21:29
Isaiah 54:1–17	3 Nephi 22:1–17
Malachi 3:1–4:6	3 Nephi 24:1–25:6

The Coming of Christ to the Nephites A Pattern for His Second Coming

Key Scripture Helaman 14–3 Nephi 9

Explanation The recorded conditions that prevailed on the American continent preceding Jesus Christ’s visitation to the Nephites and Lamanites can be compared to the prophesied conditions of the world before his second coming. As in the Americas two thousand years ago, there will be increased skepticism concerning Christ’s coming, great signs in heaven and on earth, secret combinations that destroy society and the government, and great natural disasters preceding the second coming of Jesus Christ. In addition, as before, the Lord has issued warnings to the Saints in this dispensation concerning pride, hypocrisy, and other forms of wickedness—lest church members “become as the Nephites of old” (D&C 38:39). Such warnings signal potential problems that may exist in the church prior to the second coming. This table lists the conditions that correspond to both the first and second comings of Christ, as well as scriptural references documenting each relevant prophecy or event.

The Coming of Christ to the Nephites

A Pattern for His Second Coming

First Coming to the Americas

1. Hel. 14:2–6, 20–27;
3 Ne. 8:2–23
2. Hel. 14:28–31
3. Hel. 16:12–23;
3 Ne. 7:15–26; 8:4
4. Hel. 13:21–23;
3 Ne. 6:11–13
5. 3 Ne. 6:17–18; 7:7
6. 3 Ne. 6:23; 7:14
7. 3 Ne. 6:11–14
8. 3 Ne. 8:23–24; 10:8
9. Hel. 11:1; 3 Ne. 3:4
10. Hel. 10:18; 11:4
11. Hel. 13:13–14

Events

I. Signs

Great signs in heaven and earth

Purpose of signs:
to save mankind, to leave
all without excuse

Increased skepticism
concerning Christ's coming

II. Wickedness

Pride is the basis of wickedness

People willfully rebel

People reject the prophets

Pride and evil in the church

III. Destruction

Great mourning and weeping

Wars and rumors of wars

People kill one another

People saved or destroyed
based on whether they received
or rejected the righteous

Second Coming

D&C 29:14; 45:39–42;
JS—M 1:33

D&C 29:11, 14–17;
39:23–24; 45:16,
31–39, 49–50;
63:6–7; 68:9–11

D&C 45:26;
2 Pet. 3:3–4

D&C 29:9; 38:39;
64:24

D&C 64:34–36;
112:24–26

D&C 1:14; 133:71–72;
135:1–7; 136:35–36

D&C 38:39; 41:1; 50:2–4,
6–9; 63:63; 98:19–22

D&C 29:15; 45:53;
87:6; 112:24

D&C 45:26, 68;
63:32–33

D&C 45:26, 68;
63:32–33

D&C 84:92–97;
99:4; 109:39–41

12. Hel. 10:6; 12:3	Plagues, pestilence, famine	D&C 29:18–19; 43:25; 45:31; 84:96–97; 87:6; JS—M 1:29
13. 3 Ne. 6:25–30; 7:7–9; 9:9	Secret combinations destroy society and government	Morm. 8:34–40; Ether 8:20–25; D&C 38:28; 42:64; 123:13–14
14. Hel. 14:23, 26; 3 Ne. 8:5–6; 10:14	Tempest, great storms, thundering, lightnings	D&C 43:20–25; 87:6; 88:88–91
15. 3 Ne. 8:6–19	Earthquakes and great disturbances	D&C 29:13; 43:18, 25; 45:26, 33, 48; 49:23; 88:88–89
16. 3 Ne. 8:20–23; 10:13–14	Vapor of smoke and darkness	D&C 29:14; 34:9; 45:40–42
17. Hel. 14:21–23; 3 Ne. 8:23; 9:8	Mountains made low, valleys become great mountains	D&C 49:23; 109:74
18. Hel. 14:24; 15:1; 3 Ne. 8:8–14; 10:7	Cities destroyed, houses left desolate	D&C 84:114–117
19. 3 Ne. 8:1–18; 9:1–12	Wicked destroyed at his coming	D&C 29:9; 63:34; 87:6–8; 136:33–36
IV. Righteousness		
20. Hel. 3:24–30; 10:14–17; 3 Ne. 2:10	Gospel preached to all people	D&C 1:1–14; 58:64–65; 112:28–30; 133:37; JS—M 1:31
21. Hel. 6:1–5; 3 Ne. 2:14–16	Lamanites become righteous	D&C 49:24
22. 3 Ne. 3:22–26; 4:4–16	Righteous to gather together	D&C 29:7–8; 43:23–30; 45:43, 68–69; 49:25; 115:6
23. 3 Ne. 4:30–33	Righteous are divinely protected	D&C 45:70–71; 62:6
24. Alma 1:25–28; 3 Ne. 6:12–13	Righteous are persecuted	D&C 99:1; 101:32–38; 123:1–10
25. 3 Ne. 1:4–8; 8:3	Righteous look to signs of Savior's coming with faith	D&C 39:23–24; 45:39–40, 43, 57; 68:9–11; 106:4–5; JS—M 1:29

V. The Living Prophet

- | | | |
|---|--|---|
| 26. 3 Ne. 8:25;
9:10; 10:12 | Receiving or rejecting living prophets a matter of life or death | D&C 1:14, 36–38;
45:32; 133:57–71 |
| 27. Hel. 16:14;
3 Ne. 7:18 | Angels minister to prophets | D&C 20:6, 10, 35;
27:16; 43:25; 136:37 |
| 28. 3 Ne. 8:23–25;
9:10–13; 10:12–14 | The righteous are prepared for Christ's coming by following the prophets | D&C 1:11–39; 21:4–6,
9; 84:36–38;
124:45–46 |

VI. Coming and Ministry of Christ

- | | | |
|--|--|--|
| 29. 3 Ne. 8:2–5, 24–25;
10:2; 11:1–10 | Christ comes as a thief in the night | D&C 39:21; 61:38;
106:4–5 |
| 30. 3 Ne. 11:8 | Christ comes down from heaven in glory | D&C 5:19; 29:11;
133:42–49 |
| 31. 3 Ne. 9:13;
10:12–19 | Only the righteous are preserved | D&C 29:11; 35:21;
45:56–57; 63:34–35,
54; Moses 7:61 |
| 32. 3 Ne. 11:1–11 | Christ appears at the temple | D&C 36:8; 42:36;
133:2 |
| 33. 3 Ne. 11:14–17 | Christ displays the wounds of his body | Zechariah 13:6;
D&C 45:51–52 |
| 34. 3 Ne. 11:8–12 | Christ appears as a man | D&C 130:1–2 |
| 35. Hel. 14:25;
3 Ne. 23:9–10 | The righteous are resurrected at Christ's coming | D&C 43:18;
45:44–45; 63:49;
88:95–102; 133:56 |
| 36. 3 Nephi 11:9–11 | Christ testifies of his atoning sacrifice | D&C 133:50–51 |
| 37. 4 Nephi 1:1–5,
15–17 | People become children of Christ, Satan has no power | D&C 45:55–59 |
| 38. 4 Nephi 1:7–10, 23 | Righteous who are saved increase and prosper | D&C 45:58 |
| 39. 3 Nephi 10:18–19;
11–28 | The Lord is in their midst and is their lawgiver | D&C 38:22; 45:59;
133:25 |

Does Christ Have a Body?

Key Scriptures 3 Nephi 11:8–10, 14–15; Ether 3:9, 15–17; Doctrine and Covenants 76:23; 110:1–4; 130:22; Joseph Smith—History 1:17

Explanation Mainstream Christian doctrine teaches that God does not have a body. The Book of Mormon, however, sheds light on this subject by referring to the premortal, mortal, or resurrected body of Jesus Christ more than two hundred times. This chart lists the parts of Christ's body referred to in the Book of Mormon, along with applicable scriptural references.

Source Susan Easton Black, *Finding Christ through the Book of Mormon* (Salt Lake City: Deseret Book, 1987), 52–56.

Does Christ Have a Body?

Ear

2 Ne. 7:5; 8:4; 15:9; 21:3

Cheek

2 Ne. 7:6

Lips

2 Ne. 21:4; 30:9

Mouth

1 Ne. 13:41; 2 Ne. 3:21;
9:17; 29:2; 30:9; 33:14;
Mosiah 14:7; 15:6; 3 Ne.
14:1; Ether 2:24; Moro.
7:23, 25; 10:28

Hand

1 Ne. 5:14; 2 Ne. 1:5–6, 10;
3:15, 17; 5:12; 7:11; 8:16;
25:17; 28:6; 29:1; 30:6; Jacob
4:10; 6:2; Omni 1:16; Mosiah
1:2, 5, 16; 2:11; 5:9–10, 12;
14:10; 28:15; 29:25; Alma
2:28; 9:9, 22–23; 10:23;
28:12; 37:4; 45:19; 46:7,
24; Hel. 3:30; 3 Ne. 3:2;
12:1; 18:36; 29:4, 9;
4 Ne. 1:16; Morm. 6:6;
8:8, 26; Ether 2:6; 3:6;
12:4; Moro. 7:27; 9:14

Finger

Alma 10:2; 3 Ne. 28:12; Ether
3:4, 6, 8, 9, 19; 12:20, 21

Bowels

Mosiah 15:9; Alma 7:12;
26:37; 34:15; 3 Ne.
17:6–7

Loins

2 Ne. 21:5; 30:11

Feet

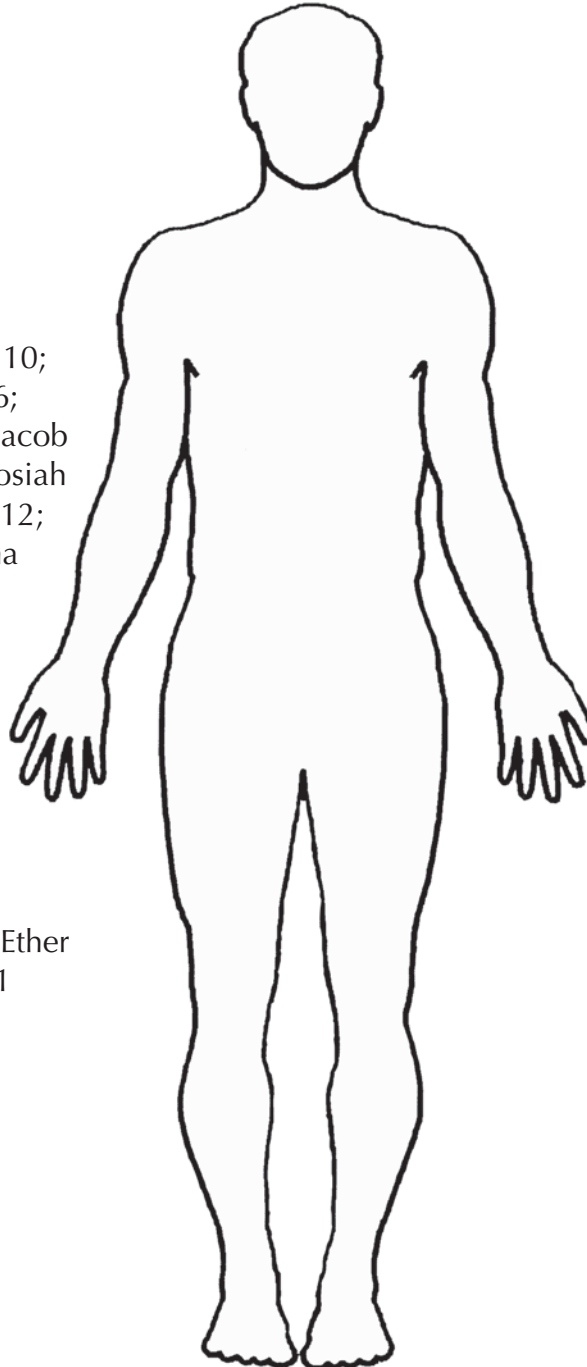
1 Ne. 11:24; 3 Ne. 11:15,
17, 19; 17:10

Face

2 Ne. 9:38; 18:17; 33:11;
3 Ne. 9:5, 11

Eye

1 Ne. 21:5; 2 Ne. 3:8;
9:44; 10:8; 13:8; Jacob
2:10, 15



Voice

1 Ne. 16:9, 25, 26, 39;
17:7, 45; 18:5; 19:7, 11;
22:2; 2 Ne. 16:8; 31:12,
14; Jacob 7:5; Enos 1:5, 10;
Omni 1:12–13; Mosiah
16:2; 24:13, 16; 26:14, 21,
28; 27:11, 15; Alma 5:16,
38, 41, 57, 60; 9:21; 13:22;
20:2; 38:7; Hel. 5:29–33,
41, 42, 46, 48; 7:18;
12:9–12, 23; 13:3; 3 Ne.
1:12; 7:15; 9:1; 10:3; 16:2,
3, 15; Morm. 3:14; Ether
11:7

Shoulder

2 Ne. 19:6

Arm

1 Ne. 20:14; 22:10, 11;
2 Ne. 1:15; 8:9; Jacob 6:5;
Enos 1:13; Omni 1:13;
Mosiah 1:14; 12:24; 14:1;
15:31; 16:12; Alma 5:33;
19:36; 29:10; 34:16; 3 Ne.
9:14; 16:20; 20:35; Morm.
5:11; 6:17

Back

2 Ne. 7:6

Side

3 Ne. 11:14, 15

Flesh

Mosiah 15:2, 3; Alma
7:12, 13; 3 Ne. 18:28–30;
Ether 3:8–9; Moroni 4:1

Blood

1 Ne. 12:10, 11; Mosiah
3:11, 15, 18; 4:2; Alma
5:21, 27; 13:11; 21:9;
3 Ne. 18:11, 28–30; 20:8;
27:19; Morm. 9:6; Ether
3:6, 8–9; 13:10; Moro.
4:1; 5:2; 10:33