



2020

Sleep

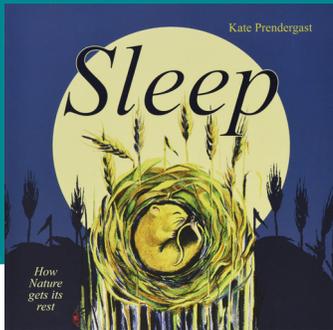
Krista Alletto

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Book Review

Sleep

Author

Kate Prendergast

Illustrator

Kate Prendergast

Reviewer

Krista Alletto

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Rating

Excellent

Level

Toddler, Preschool,
Primary

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Pages

32

Year

2018

ISBN

9781536207989

Publisher

Candlewick Press

All animals sleep, but they don't all sleep the same way. This book teaches through words and pictures how different animals get their rest. Each page simply explains where or how a particular animal sleeps. For example, mice sleep in nests while "snails sleep in their shells." "Giraffes sleep standing up" and "sloths sleep upside down." At the end of the book, the author poses the question to readers, "Do you think animals dream?"

This educational book about animals' sleep is a wonderful tool to spark interest and fascination in creatures from all over the world. The subject matter is science based, but the presentation is engaging and easy to understand for a younger audience. The illustrations are lifelike colored pencil sketches of animals sleeping, which adds to the book's educational quality. Included at the back of the book is a section titled "A Closer Look...and Some Other Fun Facts." This encyclopedia-type resource adds more detailed information about the animals' sleeping habits (and other characteristics) that were portrayed in the book. Sleep is a book that animal and science lovers will enjoy.