



2020

### It's Not Me, It's You

Katelyn Osborn

Follow this and additional works at: <https://scholarsarchive.byu.edu/cbmr>

#### BYU ScholarsArchive Citation

Osborn, Katelyn (2020) "It's Not Me, It's You," *Children's Book and Media Review*. Vol. 41: Iss. 4, Article 15.  
Available at: <https://scholarsarchive.byu.edu/cbmr/vol41/iss4/15>

This Book Review is brought to you for free and open access by the Journals at BYU ScholarsArchive. It has been accepted for inclusion in Children's Book and Media Review by an authorized editor of BYU ScholarsArchive. For more information, please contact [ellen\\_amatangelo@byu.edu](mailto:ellen_amatangelo@byu.edu).



## Book Review

# It's Not Me, It's You

### Author

Stephanie Kate Strohm

### Reviewer

Katelyn Osborn

.....

### Rating

Excellent

### Level

Young Adult

.....

### Pages

275

### Year

2016

### ISBN

9780545952583

### Publisher

Point

Avery Dennis' last breakup could not have come at a more appropriate time. She needed a topic for her final English oral history project, and now she has one. With the help of her science partner James "Hutch" Hutcherson, she's going to interview every boyfriend she's had to try and find out why they started dating and more importantly, why they broke up. As they travel down the long and winding journey of exes, from camp counselors to actual movie stars, Avery and Hutch try their best to find a common thread between all the breakups. In the end, they discover that the only common thread just might be that she's been looking for love in all the wrong guys, when the right guy could have been right next to her the whole time.

It's Not Me, It's You stands out from other books in the teen romance genre. This book is written in an oral history format with no traditional paragraphs or breaks, which takes some getting used to, but readers will be hooked by the second chapter. The dialogue is warm and witty, with several laugh-out-loud moments to enjoy. Though Avery seems one-dimensional at first, Strohm artfully weaves a wonderful story around her through the eyes of her exes and friends that make her incredibly well-rounded and likable by the end. In many teen novels the popular girls are rude and standoffish, but Avery and her best friend Coco are kind and adventurous. The romantic conclusion, though not a surprise, is genuinely rewarding to reach. It's Not Me, It's You is a worthy addition to any teenager's bookshelf.

\*Contains mild sexual content.