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The Night Diary

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Book Review

The Night Bear

Author

Anna de Moraes

Illustrator

Thiago de Moraes

Reviewer

Amanda Morgan

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Rating

Dependable

Level

Preschool

.....

Pages

26

Year

2019

ISBN

9781541555099

Publisher

Andersen Press

Do you have scary nightmares? Leave them out for the Night Bear! The Night Bear is a happy creature that eats bad dreams. The scarier the dream, the tastier to eat! In this Night Bear's search for food, he stumbles upon what looks like a very good dream. Icky! He has to search to find someone who likes such a thing.

The Night Bear is an adorable story. The book describes how each of the nightmares taste to the Night Bear in a whimsical way that makes them a lot less scary. This book could be used to put nightmares in to perspective for little children by diminishing them as something made up without discrediting the children's fear. It is beautifully illustrated. The Night Bear glows in the dark, symbolizing the happiness and warmth he can bring to an initial scary night. The book even includes instructions in the beginning on how to leave a nightmare out for the Night Bear.