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This Is How We Do It

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This Is How We Do It is a book about seven children from around the world and how they live their everyday, normal lives. The picture book starts by introducing each of the children from their country. Each child explains where they live, their family life, what they wear, and what it is like going to their school. It surprises the reader at the end when the author reveals that the seven children depicted in the book are actually based off of real people in their respective countries, and shows a photograph and each child and their family.

The illustrations are colorful and extremely detailed. Each page gives a wealth of knowledge about the individual and their place of birth. Real phrases and words for each country are introduced. For example, “Ohayo gozaimasu” is how people greet others in the morning in Japan. Traditional food is also mentioned that readers might not be familiar, including chapati from India, g-nut sauce from Uganda, and boiled yuca from Peru. A glossary provides answers to additional questions that children might have after reading. The message of the book is that even though there are many differences in each of the countries, all people live on the same planet, have many of the same dreams, and sleep under the same sky.