Basketball: From Tip-off to Slam Dunk—The Essential Guide

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The fast-paced, physical, and entertaining game of basketball is enjoyed by professional and amateur players around the world. Two teams work to out score each other on netted hoops ten feet high. Success in this game requires extensive knowledge of defensive and offensive skills. This book includes everything needed in a beginning guide to basketball—from tip-off to slam dunk. Filled with twenty-eight detailed chapters, this book teaches readers about passing, dribbling, finding space, types of shots, rebounding, defense, team drills, basketball legends, and more. Its detailed instruction teaches readers foundational skills that will make them successful in this internationally popular game.

The best word to describe this book is thorough; author Clive Gifford thoroughly researched each important aspect of the game, and includes important details for readers. The book includes detailed photographs, step-by-step diagrams, and quotes from basketball legends. It also includes a glossary and an index, which are helpful for young readers learning to navigate informational text and use nonfiction text features. One of the main strengths of this book is its many tips and suggestions of ways readers can begin practicing the techniques taught in this book. Readers of any age will be thrilled with the detailed information about basketball in this book!