How I Learn: A Kid's Guide to Learning Disability

Laura Dekle

Follow this and additional works at: https://scholarsarchive.byu.edu/cbmr

BYU ScholarsArchive Citation
Available at: https://scholarsarchive.byu.edu/cbmr/vol40/iss2/9
How I Learn: A Kid’s Guide to Learning Disability

This nonfiction book is written for students to educate them about learning disabilities, and is specifically written for students who themselves have learning disabilities. The text features a narrator whose disability affects his reading fluency, as well as two classmates: one who struggles to get her thoughts from her brain to her paper, and one who has a deficit in math computation. The narrator describes activities done by each of the students with learning disabilities in their homes to give them practice opportunities and enhance their learning.

The narrator explains the label ‘Learning Disability’ and its abbreviation, LD. He refers to classroom accommodations as ‘smart strategies,’ and encourages readers to be successful and independent. This book explains to readers the importance of being aware of their strengths and weaknesses and to find coping skills. It emphasizes that a learning disability is not a curse or a setback, only a different way of learning, and that students with LD can be successful and proud in school. The note at the end of the book is written to parents, caregivers, and professionals and provides tips for giving students with LD the language to use and encourage them as they go through school and find how they best learn.