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### The Night Bear

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## Book Review

### The Night Bear

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#### Illustrator

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Karen Abbott

#### Rating

Dependable

#### Level

Preschool, Primary

#### Pages

32

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2019

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Unbeknownst to most of us, night bears come by our front doors each night to eat our scary dreams! To night bears, scary dreams taste like yummy things. Some taste like ice cream, some taste like chocolate cake, and others taste of sweeter things still. But the poor night bear in our story comes across a dream that tastes horrible! It's full of unicorns and rainbows—not at all what he was hoping for. He searches the town until he finds a boy who is awake. The night bear has never met a dreamer before, but he has a wonderful idea. They exchange dreams, and the night bear gets the boy's nightmare while the boy gets a wonderful dream about magical things.

The opening fly leaf shows how to make a paper box for children to tuck their nightmares into and recommends that they leave these dreams on the porch for the night bears to find. The back fly leaf shows what different kinds of nightmares taste like. This is a brand new fairy tale, similar to tales of the Tooth Fairy and Santa Claus. It may aid parents with a child who regularly has bad dreams to help them find a way to put those dreams aside and return to sleep. The story feels a little awkward because children who meet a bear in the night should definitely NOT approach it. It is a cute idea, but just a little off somehow. This story is recommended for children and parents who live safely far away from actual bears.