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Saturday Is Swimming Day

Cynthia Phillips

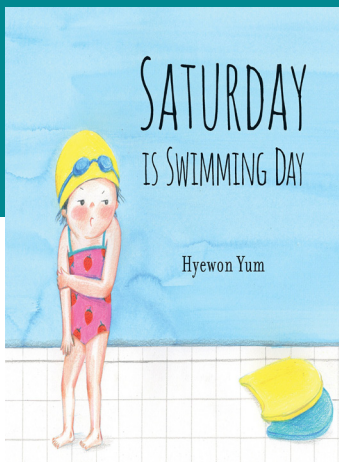
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Book Review

Saturday Is Swimming Day

Saturday is here again, and suddenly the little girl feels ill. It's not that she doesn't like Saturdays—it's just, Saturday is swimming day. She has to get into her too-tight cap and go to a loud locker room. Then she has to change and get into really deep water. She tries to get out of going. When that doesn't work, she takes her sweet time getting ready. Then she tells her teacher that she feels sick. The teacher is very patient with the girl. It turns out swimming lessons can be fun after all!

Learning new skills are tough, especially when you have to go all by yourself and do something that is hard and potentially terrifying! The book gives voice to the fears of little swimmers and also gives a calming perspective of the solution to those fears. The feeling of anxiety is well described by the little girl. The pictures are endearing and colorful. This wonderful author has a remarkable way of capturing feelings in picture and words.

Author

Hyewon Yum

Illustrator

Hyewon Yum

Reviewer

Cynthia Phillips

Rating

Outstanding

Level

Preschool, Primary

Pages

40

Year

2018

Publisher

Candlewick Press

ISBN

9780763691172