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### A Week of Mondays

Stephanie Wadsworth

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## Book Review

# A Week of Mondays

Ellie Sparks has had a really bad day. Her school pictures were terrible, she failed a test, she embarrassed herself in front of the whole school, and to top it off, Tristen, her perfect rocker boyfriend, dumped her. She wakes up the next day to find out she is living the exact same day over again. Her main goal is to keep her gorgeous boyfriend from breaking up with her. No matter how many do-overs or times she changes her look and attitude, Tristen keeps breaking up with her. Ellie finally gets what she has been trying to do after she stops obsessing over being what she thinks others want her to be. Only, now she realizes what she thought she wanted is not what she wants. And what makes her happy is being herself and focusing less on impressing others.

This book has all the drama that comes from being in high school and brings with it a wide range of emotions. While the ending of the book is predictable, it does a wonderful job keeping the reader engaged in the story the whole time. There is a message of friendship, family, and self-confidence in this book. The author does well depicting many of the teenage girl insecurities and how they seem to complicate situations. Readers witness as Ellie transitions from changing everything about herself for a boy, to not being sure about anything in her life, and then finally accepting herself and choosing to do what makes her happy. Turns out, that is when she is the most liked.

### Author

Jessica Brody

### Illustrator

### Reviewer

Stephanie Wadsworth

### Rating

Excellent

### Level

Young Adult

### Pages

454

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2016

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Farrar Straus Giroux

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