Toodles and Teeny: a Story About Friendship

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Book Review

Toodles and Teeny: a Story About Friendship

Toodles the turkey is one lonely bird. She has friends "lots of them" but no best friend to make her feel secure. Teeny is a tiny little turkey that has no friends at all. When the two meet by chance one day, they instantly hit it off and quickly become best friends. There's just one problem. Toodles's barnyard pals feel left out and sad that Toodles has been spending so much time with Teeny, and eventually they decide to move on. Toodles tries to convince them she still wants to be friends, but to no avail. Teeny ends up providing the support needed to bring all of them together again so that no one feels left out or forgotten.

Toodles and Teeny offers a look at the dynamics of friendship and how to navigate the intricacies of different types of friendships and offers a psychologically healthy model of how handle one's own and others' feelings related to those friendship dynamics. Published by an imprint of the American Psychological Association, the book is complete with a guide for parents in discussing and teaching friendship skills. This book is well suited for a one-on-one read aloud so that parents can explain and teach about friendship through this charming and psychologically realistic story, guided by the tips in the back. Accompanied by accessible and brightly colored pencil and crayon illustrations, the book is especially appropriate for preschoolers as they begin to build their first friendships.