The Joy of Cookies: Cookie Monster's Guide to Life

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Book Review
The Joy of Cookies: Cookie Monster’s Guide to Life

Cookie Monster has deeply underestimated wisdom. Who knew that cookies are the answer to all of the problems of life and the universe? Cookie Monster, that’s who! This book is not a story with a plot. Instead, it is a philosophical treatise on the therapeutic nature of the cookie. Any cookie, all cookies, and preferably large quantities of cookies that should be instantaneously consumed. Tidbits of wisdom are interspersed with recipes for various cookie types.

Well-illustrated with high quality photographs, this is a funny little book with bite. Famous quotations and “crumbs of wisdom” are fashioned to accommodate the presence of a piece of cookie smarts. Personal favorites are likely to be, “To eat cookies, or not to eat cookies, there is no question” or “Be the monster your cookie deserves” or perhaps, “Two wrongs do not make right, but two cookies . . . make everything right.” If you share Cookie Monster’s love of those tasty round circles made with shortening and sugar, then this is the book for you.