The Love Letters of Abelard and Lily

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Book Review
The Love Letters of Abelard and Lily

Lily is a senior in high school with ADHD. One day in class, she takes notice of Abelard, a boy in her grade who is on the autism spectrum. Later in the principal’s office, she kisses him impulsively, sparking a unique and undefinable relationship between the two. Using an old medieval book, The Love Letters of Abelard and Heloise, as a template, they text every night and meet each other at school during the day. But while their relationship is sweet, constant obstacles arise to turn it sour. Through a lot of talking, a lot of texting, and several quotes from literature, Lily and Abelard manage to overcome their most difficult trials to stay together as a couple, deep in the throes of true love.

This book is another great look at neurodiverse teenage love. Lily is a sympathetic main character with great strengths and great weaknesses. Since the book is told through her perspective, readers get to understand a little better what it’s like to have ADHD in a world that favors the neurotypical. Abelard and Lily’s love story is sweet, tender, and realistic, perfect for fans of a delightful but complicated romance. Creedle does a wonderful job of weaving an intricate story full of big questions about how mental illness should be treated and how different neurodifferent people actually are. All readers who enjoy a sweet romance with unique and new characters will love this debut novel.

*Contains severe language and mild sexual content.