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The Memory Book

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Book Review

The Memory Book

Sammie McCoy has a degenerative brain disorder that will eventually erase her memories and her health. To help her future self remember, Sammie keeps a candid journal. She records her first date with her long time crush, high school debate triumphs and failures, adventures with friends, complex relationships, and her ambitions of graduating from high school and going to college. Unfortunately, Sammie's memories fade away too soon and all that is left is her memory book.

The Memory Book is an emotionally filled self-reflection of a teenage girl's life and a determination to remember — even when life might not seem worth remembering. There are positive themes of not giving up despite challenges, embracing the present, reaching goals, being accountable for mistakes, strengthening relationships, and valuing life. Negative messages of underage drinking, teen drug use, and sexual exploration are portrayed as normal and lacking consequences which

Author

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Illustrator

Reviewer

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Rating

Dependable

Level

Young Adult

Pages

357

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