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The Grouchies

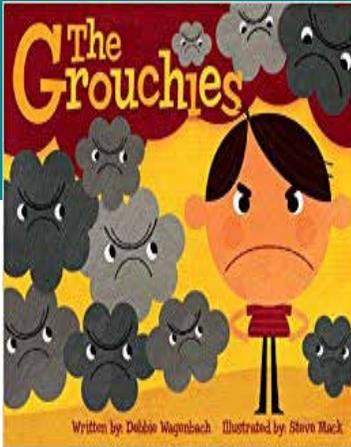
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Book Review

The Grouchies

The Grouchies are here to stay for the day. They make him feel gloomy and grumpy to the point that his mom is wondering where his smile is. He goes to his sisters room where she's playing with his teddy bear—the grouchies remind him that if he's not nice he'll get his way. Sister's not happy and neither is his mom, the grouchies are still with him as he goes to the park to play. The grouchies jump and sing their song as he kicks sand at his friends because they didn't invite him. Dad is now taking him home while grouchies follow along. It's now the end of the day nobody is happy, his Mom and Dad are helping him learn how to fight back the grouchies. He starts feeling better and he gets a good night's rest. Tomorrow will be a better day because he won't let the grouchies push him out of bed.

Debbie Wagenbach masterfully demonstrates how the grouchies can make children, and adults, feel and act. The lesson being taught is that we can all have bad days and we can all be grumpy, but there are good things that help us feel better and make the grouchies go away. The young boy makes mistakes that children can easily relate to, which will help them connect with the story and actually want to try the positive coping strategies. In the back of the book, the author, gives helpful tips for parents on how to help children if they feel angry or sad often. The illustrations are lots of fun and colorful. Because of the colorful setting, it's easy for kids to see the gray grouchie clouds. The character is five-years-old, so it can be used for children throughout elementary school and for children in preschool. Overall, this book is amazing at teaching kids coping strategies to use when they are feeling down.

Author

Debbie Wagenbach

Illustrator

Steve Mack

Reviewer

Kaley Durney

Rating

Excellent

Level

Preschool

Pages

32

Year

2009

Publisher

Magination Press

ISBN

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