All About Mia

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Book Review

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Mia is doomed to live her life sandwiched between the glory of her Olympic-bound younger sister, Aubrey, and “Amazing Grace,” her older sister destined for Cambridge. Even when Grace is six months pregnant with a boyfriend in tow, the whole family extols Grace’s virtues and responsible nature. Mia, furious with the attention Grace revels in, acts out by getting drunk and losing her virginity. With Grace’s maternal glow steadily increasing, and Mia’s self-pity growing each day, nobody notices Aubrey diminish in confidence. The story peaks with Aubrey running away, Grace and Mia bonding while going to the rescue, and Mia delivering Grace’s baby in an abandoned house. In the end, Mia realizes that while she doesn’t have one thing that defines her, like swimming or smarts, she has a spirit that cannot be rivaled.

All About Mia tackles the question of worth. Do our skills, our effort, our pure talent, or our personality determine our worth? How much pain do we cause by comparing ourselves to each other, especially our weaknesses to others’ strengths? Mia realizes that everyone feels insufficient at some point, and everyone has a strength unmatched by another. But, the bottom line is, growth is the most admirable characteristic. Taking a hard situation and making it a learning opportunity and moving past it is strength. While this book focuses on young women between the ages of thirteen and nineteen, All About Mia contains content that is only appropriate for an audience ages eighteen and older.

*Contains severe sexual content.