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# One Hundred Spaghetti Strings

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## Book Review

# One Hundred Spaghetti Strings

### Author

Jen Nails

### Illustrator

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### Reviewer

Taylor Harris

### Rating

Excellent

### Level

Intermediate

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### Pages

320

### Year

2017

### Publisher

Harper

### ISBN

9780375869020

Steffy doesn't know who she's supposed to be or where she belongs. In the midst of all this inner turmoil, Steffy's teacher wants her to write an autobiography and get letters from others in her life on their perception of her. Everything seems to be falling apart, except cooking. Steffy decides to try out for a children's cooking competition, and when she makes it, it seems that everything might be coming back together. But alas, everything doesn't end up as perfectly as a well-cooked meal. But when her aunt and husband decide to adopt her and her sister, Steffy realizes that maybe her life is not the classic perfect tale, but she does have a family, and her family is home.

This is a story about resilience and perseverance. It's a story about how, when everything in life seems to be going all wrong, you can still get up and make a delicious breakfast and find a way through it. Steffy has a rocky year in front of her, but she puts on her apron and gets to work, refusing to let life beat her down. Through the ups and downs of life, she laughs and cries like the rest of us, and her struggle for belonging is a universal one we can all understand. We may not have perfect families. We may not have perfect lives. But there is a place for everyone in this world and there's always room for improvement. Maybe the recipe doesn't turn out exactly how you'd expect it, but who is to say that it can't still be wonderfully delicious?