



Yoga Bunny

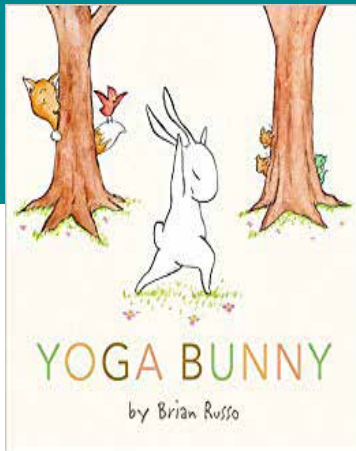
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Book Review

Yoga Bunny

BBunny starts his morning with a yoga sequence. As he does downward dog, forward fold, and tree pose, many of his friends run by. Bunny invites each of them to come and join him in the routine, but they all have excuses. Lizard is too angry, Fox thinks it's silly, and Bird is too busy trying to cure his hiccups to stop. Bunny is discouraged, but continues to practice, deciding that practicing yoga is better alone than not at all. Eventually, a few friends join Bunny and they are able to practice yoga together.

Brian Russo's Yoga Bunny has beautiful illustrations and a clear plot line. It uses English yoga terminology and follows the customary yoga sequence, making it a fun way to teach kids about the exercise tradition of yoga. Russo even includes a fact sheet about yoga and its foundation. The front and end pages have illustrations of Bunny in different yoga poses. The story is simple and easy to understand, making it a great book for young readers. The illustrations are bright and colorful, done in watercolor and ink pen.

Author

Brian Russo

Illustrator

Reviewer

Haley Cook

Rating

Excellent

Level

Preschool, Primary

Pages

40

Year

2016

Publisher

HarperCollins

ISBN

9781338148589