Go to Sleep Monster!

Karen Abbott

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Title: Go to Sleep Monster!
Author: Kevin Cornell
Reviewer: Karen Abbott
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Pages: 32
Interest Level: Preschool
Rating: Excellent

Review

Fearless Anna faces the monsters who are scaring the monsters who are scaring her brother. Parents tell children that they shouldn’t be afraid of something because it is more afraid of them. Determined to get to the bottom of things so that they can all get to sleep, Anna uncovers layer after layer of frightened fiends until everyone gets a good night’s sleep together.

In this cute little bed time story light and dark are used by the illustrator as a focal point as each monster is revealed. Anna’s character is fearless, facing monster after monster. Her lack of fear shows throughout that there is really nothing to be afraid of if fears are faced with curiosity and determination. Anna is also protective of her little brother and makes a great example of a big sister. The ending gives the wonderful message to children that everyone is afraid of something and that together we can overcome our fears, whatever they may be. A great book to turn fiends into friends.