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Even Monsters Need to Sleep

Ariel Woodbury

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Book Review

Title: Even Monsters Need to Sleep

Author: Lisa Wheeler

Illustrator: Chris Van Dusen

Reviewer: Ariel Woodbury

Publisher: Balzer + Bray

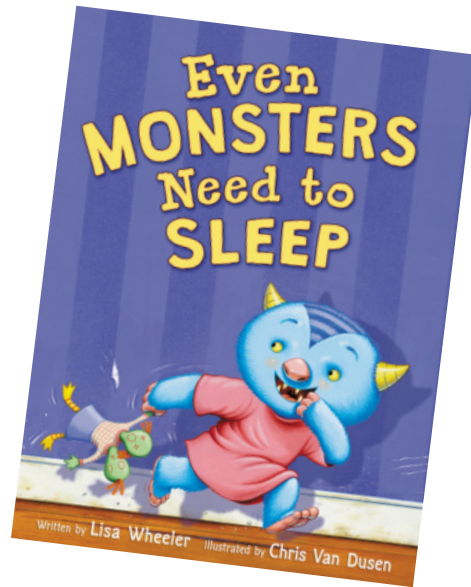
Publication Year: 2017

ISBN: 9780062366405

Number of Pages: 32

Interest Level: Preschool

Rating: Excellent



Review

Even monsters need to sleep at night! Bigfoot leaves on a little light when he sleeps. Aliens wear fuzzy pajamas to get cozy. Yeti makes a snack to settle his tummy. Loch Ness gets a drink to quench that thirst. Monsters have bedtimes too!

This is a cute children's book. All of the monsters look friendly or sleepy, not very scary. It may help children who are afraid of monsters to humanize them, kind of like Monsters Inc. You may, as the book suggests, be able to convince them that monsters have to sleep at night too. Even if that is not the case, this is still a nice rhyming bedtime story that isn't too typical. The illustrations are colorful and fun. The narration is in a soothing verse, despite the apparent subject matter.