How to Pee: Potty Training for Boys

Whitney Troxel

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Title: How to Pee: Potty Training for Boys
Author: Todd Spector, M.D.
Illustrator: Arree Chung
Reviewer: Whitney Troxel
Publisher: Henry Holt and Company
Publication Year: 2015
ISBN: 9780805097733
Number of Pages: 40
Interest Level: Toddler
Rating: Excellent

Review

Written by family physician Todd Spector, M.D., How to Pee: Potty Training for Boys is a guide to help parents potty train their young boys. Using his own experience of training his son, Dr. Todd explains how he used a game to help train his son how to use the toilet. Dr. Todd encouraged his son to create different “styles” of going to the bathroom. These styles would often involve costumes and props. He and his wife would try to guess which style their son was using. Dr. Todd gives simple instruction for how to pee in 10 different styles including cowboy style, guitar style, and waterfall style. The book concludes with a note form Dr. Todd to parents trying to potty train young boys and a few basic rules to follow.

This book is adorable and funny. The different peeing styles are not only entertaining, but a clever way to help capture young boys’ interest in potty training. The illustrations are fun, instructive, and tasteful for the subject. There is no “one-size-fits-all” method to potty training, but this book can help parents be creative in finding the right method for their boy(s). Dr. Todd’s addition suggestions in the back of the book are also helpful for parents struggling with the frustrations of potty training.