



2010

My Stomach

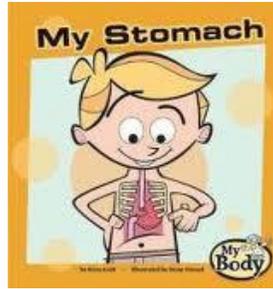
Lauren Bangerter

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Korb, Rena. *My Stomach*. Illustrated by Remy Simard. Magic Wagon, 2011. ISBN 9781602708105. \$20.57. 32p.

Reviewer: Lauren Bangerter

Reading level: Preschool, primary

Rating: Excellent

Genre: Informative; Informational;

Subject: Stomach--Juvenile literature; Digestion--Juvenile literature; Books--Reviews;

Did you know that it takes a whole day to digest a turkey sandwich? Or that an adult's small intestine is twenty feet long? *My Stomach* explains the process of digestion in a simple, clear manner. The character, Jonas, guides us through the digestion of the turkey sandwich he ate for lunch. After chewing the sandwich, Jonas swallows it down his esophagus to his stomach where it is broken down further by special juices. The nutrients from the sandwich are absorbed as it moves through the stomach and the intestines. Also included are interesting, little-known facts about our everyday event of eating.

Remy Simard's illustrations are colorful and fun. The pictures are simple and minimalistic and have captions explaining what different parts of the body are. *My Stomach* includes a glossary, an index, and a link to more information on the web. This book is a good introduction to digestion and would make an easy teaching tool for parents or teachers.

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