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## How Users Perceive and Respond to Security Messages: A NeuroIS Research Agenda and Empirical Study

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# How Users Perceive and Respond to Security Messages: A NeuroIS Research Agenda and Empirical Study

Anderson, B., Vance, A., Kirwan, B., Eargle, D., Jenkins, J. (2016), "How Users Perceive and Respond to Security Messages: A NeuroIS Research Agenda and Empirical Study," *European Journal of Information Systems*, 25 (4), pp. 364-390.

## ABSTRACT

Users are vital to the information security of organizations. In spite of technical safeguards, users make many critical security decisions. An example is users' responses to security messages—discrete communication designed to persuade users to either impair or improve their security status. Research shows that although users are highly susceptible to malicious messages (e.g., phishing attacks), they are highly resistant to protective messages such as security warnings. Research is therefore needed to better understand how users perceive and respond to security messages.

In this article, we argue for the potential of NeuroIS—cognitive neuroscience applied to information system (IS)—to shed new light on users' reception of security messages in the areas of (1) habituation, (2) stress, (3) fear, and (4) dual-task interference. We present an illustrative study that shows the value of using NeuroIS to investigate one of our research questions. This example uses eye tracking to gain unique insight into how habituation occurs when people repeatedly view security messages, allowing us to design more effective security messages. Our results indicate that the eye movement-based memory (EMM) effect is a cause of habituation to security messages—a phenomenon in which people unconsciously scrutinize stimuli that they have previously seen less than other stimuli. We show that after only a few exposures to a warning, this neurological aspect of habituation sets in rapidly, and continues with further repetitions.

We also created a polymorphic warning that continually updates its appearance and found that it is effective in substantially reducing the rate of habituation as measured by the EMM effect. Our research agenda and empirical example demonstrate the promise of using NeuroIS to gain novel insight into users' responses to security messages that will encourage more secure user behaviors and facilitate more effective security message designs.

**Keywords:** Security messages, information security behavior, NeuroIS, habituation, dual-task interference, eye tracking.

## 1 INTRODUCTION

In recent years, information security has emerged as a top managerial concern, driving the worldwide security technology and services market to a value of \$67.2 billion in 2013, and it is expected to increase to \$86 billion by 2016 (Gartner, 2013). Despite the growing investment in information security technology, users continue to represent the weakest link in security (Furnell & Clarke, 2012). Accordingly, attackers increasingly target users to gain access to the information resources of organizations (Mandiant, 2013).

A crucial aspect of security behavior is how users perceive and respond to security messages—discrete communication designed to persuade users to either impair or improve their information security posture. Research shows that users are susceptible to malicious messages such as phishing attacks that prompt users to install malware or visit compromised websites (Hong, 2012). A parallel stream of research shows that users routinely disregard protective messages such as software security warnings (Bravo-Lillo *et al*, 2013). One reason for the ineffectiveness of warnings is the mismatch between security concerns and security behavior. For example, individuals' stated security concerns have been found to be inconsistent with their subsequent behavior in response to security warnings (Vance *et al*, 2014). These empirical results confirm those of Crossler *et al* (2013), who called for research that explains the discrepancy between security intentions and behaviors.

One promising means for exploring the security intention-behavior disparity in the context of security messages is NeuroIS—cognitive neuroscience and its associated neurophysiological measures applied to information systems (IS) (Dimoka *et al*, 2011). The neural bases for cognitive processes can offer new insights into the complex interaction between information processing and decision making (Dimoka *et al*, 2012), allowing researchers to open the “black box” of cognition by directly observing the brain (Benbasat *et al*, 2010). The potential of NeuroIS has been recognized by security researchers who have begun using neurophysiological measures to investigate security behavior (e.g., Moody *et al*, 2011; Warkentin *et al*, 2012; Hu *et al*, 2014; Vance *et al*, 2014). We term this approach neurosecurity (Anderson *et al*, 2015a). Crossler *et al*. observed that “these studies, and others like them, will offer new insights into individual behaviors and cognitions in the context of information security threats” (2013, p. 96).

In this article, we argue for the potential of NeuroIS to shed new light on users' reception of security messages. We contribute to the nascent area of NeuroIS security research by presenting a research agenda for examining cognitive and emotional responses to security messages. To do so, we outline four key questions drawn from the security and cognitive

neuroscience literature that directly relate to how users receive and process security messages. NeuroIS theories and methodologies can help advance pressing needs in each of these areas, generating potentially fruitful streams of research. These are not the only important research questions, but they represent the security issues that NeuroIS is ideally suited to address.

Therefore, our guiding questions for researching security messages via NeuroIS are:

1. How does habituation affect users' responses to security messages?
2. What is the impact of stress on a users' response to security messages?
3. How does fear influence users' cognitive processing of security messages?
4. How does dual-task interference, e.g., multitasking, disrupt the cognitive processing of security messages?

To illustrate how NeuroIS can be used to advance these research questions, we present the results of an experiment that uses the NeuroIS method of eye tracking to begin exploring our first research question on habituation. Habituation as a mental state is difficult to observe using conventional methods. Therefore, security researchers have examined habituation indirectly by observing its influence on security behavior rather than by measuring habituation itself (e.g., Brustoloni & Villamarín-Salomón, 2007a; Bravo-Lillo *et al*, 2013). Although valuable for highlighting the problem of habituation with regard to security warnings, these conventional methods do not provide insight into the neurological process of habituation, which could lead to more effective security message designs.

We illustrate the potential of NeuroIS to address this gap in two ways. First, using eye tracking to measure the eye movement-based memory (EMM) effect—a neurological phenomenon in which people unconsciously scrutinize images previously seen—we demonstrate how habituation develops in the brain. We show that after only a few exposures to a warning, habituation sets in rapidly and continues to decline with further repetitions. These results (a) reveal how quickly habituation to warnings develops over time, and (b) provide a neurobiological explanation for why it occurs—both contributions made possible through the application of NeuroIS.

Second, we use eye tracking to evaluate the effectiveness of a security message designed to reduce habituation, a polymorphic warning whose appearance changes with each exposure. Previous studies of habituation were limited in their efforts to design warnings that target habituation because they did not have the benefit of neurophysiological measures. Using eye-tracking measures of the EMM effect, we were able to directly measure whether a

polymorphic warning was effective in reducing habituation. We found that people were substantially less habituated to polymorphic warnings compared to conventional warnings.

Our research agenda and illustrative experiment demonstrate the promise of using NeuroIS to study users' responses to security messages. We anticipate that the pursuit of this research agenda will provide scholars with a more complete understanding of how users neurologically process security messages, which will lead to the more accurate development and application of theory (Dimoka *et al*, 2011). We also expect that the neurophysiological data stemming from this research will guide the design and testing of more effective forms of security messages to mitigate security threats to users (Dimoka *et al*, 2012). This article echoes Crossler *et al* (2013) call to use NeuroIS methods to study information security behavior by identifying the insights that can be gained through neurophysiological methods.

This article is organized as follows. First, we formally define security messages and give a brief overview of NeuroIS methods. We then describe the literature review we performed to identify our research questions. Next, for each research question, we highlight (a) existing gaps in the security literature, and why these gaps are important to address, and (b) potential ways NeuroIS can be used to address these gaps. We then show the value of applying NeuroIS to investigate our research questions through an eye-tracking experiment. Finally, we describe the implications of our research agenda for future research on security messages.

## **2 REVIEW OF SECURITY MESSAGES AND NEUROIS**

### **2.1 Security Messages**

We define a security message as discrete communication that is designed to persuade users to either impair or improve their information security posture. Most security messages are predominantly textual, such as software dialogs or email communication, but messages may be aural, visual, or both, such as voicemail memos, signage, or online videos. See Appendix A for a taxonomy of security messages. Our definition is broad in that it includes messages from both attackers and defenders because both commonly use the same persuasive techniques and cues (Dhamija *et al*, 2006; Abbasi *et al*, 2010; Bravo-Lillo *et al*, 2013), and engage many of the same mental processes (Wright & Marett, 2010; Luo *et al*, 2013). Our definition is narrow, though, because it includes only discrete messages, rather than the entirety of security-related communication. The latter typically includes interaction with coworkers and peers; security, education, training, and awareness (SETA); classroom instruction (Karjalainen & Siponen, 2011); and sustained social engineering attacks that might continue over hours, days, or longer (Mitnick & Simon, 2001).

| Table 1. Description and focus of measurement of commonly used neurophysiological tools |                      |           |            |
|---|----------------------|-----------|------------|
| Neurophysiological tools  | Focus of measurement | Strengths | Weaknesses |
| Psychophysiological tools   |                      |           |            |

## 2.2 The Potential of NeuroIS to Explain Security Behavior

As the field of information security behavior matures, understanding why a particular behavior happens becomes increasingly necessary. To this end, NeuroIS offers a promising approach for investigating the effectiveness of security (Crossler *et al*, 2013). The neural bases for human cognitive processes can offer new insights into the complex interactions among the processing of security messages, decision making, and behavior (Dimoka *et al*, 2011).

Whereas IS researchers have historically relied on external measures of cognition, such as survey responses or observed behavior, neuroscience methods allow researchers to open the “black box” of cognition by directly observing brain processes (Benbasat *et al*, 2010). NeuroIS holds the promise of “providing a richer account of user cognition than that obtained from any other source, including the user himself” (Minnery & Fine, 2009, p. 73). The promise of applying neuroscience to human-computer interaction (HCI) is to use insights from research on neurological processes to design effective user interfaces that can help users make informed decisions (Mach *et al*, 2010; Riedl *et al*, 2010).

Table 1 presents a sampling of the variety of tools and measures available in NeuroIS, along with key citations for more information about each method. For further information, see Dimoka *et al* (2012) and Riedl *et al* (2014), who offer a thorough discussion of the methods, tools, and measurements associated with NeuroIS.

|  |   |  |   |
|--|---|--|---|
| Eye tracking<br>(e.g., Proctor & Vu, 2006;<br>Castellina <i>et al</i> , 2008)  | Eye pupil location (gaze)<br>and movement   | Identify visual<br>activity;<br>clear visualization of<br>what was viewed at<br>any given moment | Doesn't capture<br>peripheral vision;<br>can't ensure gaze<br>equates with<br>thought or<br>attention; artificial<br>setting may bias<br>behavior |
| Skin conductance response<br>(SCR) or electrodermal<br>activity (EDA)<br>(e.g., Dawson <i>et al</i> , 2011)              | Sweat in eccrine glands of<br>the palms or feet   | Low cost; easy to<br>use; minimal<br>intervention on<br>subjects                                 | Lack of predictable<br>measurement;<br>habituation; still<br>some debate on<br>interpretation   |
| Facial electromyography<br>(fEMG)<br>(e.g., Ekman <i>et al</i> , 1992;<br>Minas <i>et al</i> , 2014)                     | Electrical impulses on the<br>face caused by muscle<br>fibers                                   | High degree of<br>precision, widely<br>accessible, minimally<br>invasive                         | Only a small<br>number of muscles<br>can be measured;<br>difficulty with<br>interpretation;<br>setting may bias<br>behavior                       |
| Electrocardiogram (ECG or<br>EKG)<br>(e.g., Ortiz de Guinea <i>et al</i> ,<br>2013; Schellhammer <i>et al</i> ,<br>2013) | Electrical activity on skin<br>caused by heart muscles  | Minimally invasive;<br>low cost; widely<br>accessible  | Heart rate may be<br>affected by a wide<br>variety of factors   |
| Measurement of cortisol<br>levels<br>(e.g., Wastell & Newman,<br>1993; Riedl, 2012)                                      | Level of cortisol (commonly<br>called the stress hormone)<br>in one's bloodstream or<br>saliva. | Minimally invasive;<br>low cost  | Cortisol levels peak<br>10–40 minutes after<br>stressor onset   |

| <b>Psychophysiological tools (continued)</b>   |  |   |   |
|--|--|---|---|
| Mouse-cursor tracking<br>(e.g., Freeman & Ambady, 2010; Grimes <i>et al</i> , 2013)                | The cursor location and movement properties on the screen  | Inexpensive; noninvasive; mass-deployable; useful in natural and non-laboratory settings; surrogate for attention; changes in movement precision correlate with emotional changes | Can't capture attention if the mouse cursor is not moving. Can't ensure movement equates with thought or attention. |
| <b>Brain imaging tools</b>   |  |   |   |
| Functional magnetic resonance imaging (fMRI)<br>(e.g., Dimoka, 2010, 2012)                         | Blood flow changes or blood oxygenation level dependent signal (BOLD response) in the brain due to neural activity | Noninvasive; standard data analysis methods; spatial resolution   | Artificial setting; temporal resolution (few seconds' delay); need to be careful with correlation vs. causation     |
| Positron emission tomography (PET)<br>(e.g., Haier <i>et al</i> , 1988; Bench <i>et al</i> , 1993) | Metabolic changes in the brain due to neural activity  | Spatial resolution  | Invasive (due to injected tracer); potentially harmful; low temporal resolution (2–3 minutes)                       |
| Electroencephalography (EEG)<br>(e.g., Minas <i>et al</i> , 2014; Vance <i>et al</i> , 2014)       | Electrical potentials on the scalp due to neural activity  | Inexpensive; tolerant of a little subject motion; directly measures electrical activity; temporal resolution in milliseconds  | Spatial resolution; only sensitive to outer layers of cortex  |
| Magnetoencephalography (MEG)<br>(e.g., Pantev <i>et al</i> , 2004; Moses <i>et al</i> , 2007)      | Magnetic field changes due to neural activity  | Temporal resolution in milliseconds; deeper capability than EEG   | Spatial resolution  |



**Table 1. Description and focus of measurement of commonly used neurophysiological tools**

| Neurophysiological tools  | Focus of measurement  | Strengths  | Weaknesses  |
|---|---|--|---|
| <b>Psychophysiological tools</b>  |   |  |   |
|   |   |  | Doesn't capture peripheral vision:  |
| <b>Brain imaging tools (continued)</b>  |   |  |   |
| Eye tracking<br>(e.g., Proctor & Vu, 2006;<br>Cassens <i>et al</i> , 2008)<br>Transcranial magnetic stimulation (TMS)<br>(e.g., Hiraga <i>et al</i> , 2009;<br>Schutter & van Honk, 2009) | Eye pupil location (gaze) and movement<br>Weak electrical current causes activity in specific parts of the brain—measure activity and function of specific connections/pathways | clear visualization of what was viewed at any given moment<br>Noninvasive; less expensive than fMRI                | equates with thought or attention; artificial setting may bias behavior                                   |
| Skin conductance response<br>(SCL) or heart rate variability (HRV)<br>Functional near infrared spectroscopy (fNIR)<br>(e.g., Dempsey <i>et al</i> , 2007;<br>Gefen <i>et al</i> , 2014)   | Sweat in eccrine glands of the palms or feet<br>Blood flow changes (BOLD response) in the brain due to neural activity  | Low cost; easy to use; minimal intervention on subjects<br>Noninvasive; less expensive and more portable than fMRI | Lack of predictable measurement; can't automatically measure cortical activity or interpretation          |
| Facial electromyography (fEMG)<br>(e.g., Ekman <i>et al</i> , 1992;<br>Minas <i>et al</i> , 2014)   | Electrical impulses on the face caused by muscle fibers   | High degree of precision, widely accessible, minimally invasive  | Only a small number of muscles can be measured; difficulty with interpretation; setting may bias behavior |
| Electrocardiogram (ECG or EKG)<br>(e.g., Ortiz de Guinea <i>et al</i> , 2013;<br>Schellhammer <i>et al</i> , 2013)  | Electrical activity on skin caused by heart muscles   | Minimally invasive; low cost; widely accessible  | Heart rate may be affected by a wide variety of factors   |
| Measurement of cortisol levels<br>(e.g., Wastell & Newman, 1993;<br>Riedl, 2012)  | Level of cortisol (commonly called the stress hormone) in one's bloodstream or saliva.  | Minimally invasive; low cost   | Cortisol levels peak 10–40 minutes after stressor onset   |

| <b>Psychophysiological tools (continued)</b>   |  |   |   |
|--|--|---|---|
| Mouse-cursor tracking<br>(e.g., Freeman & Ambady, 2010; Grimes <i>et al</i> , 2013)                | The cursor location and movement properties on the screen  | Inexpensive; noninvasive; mass-deployable; useful in natural and non-laboratory settings; surrogate for attention; changes in movement precision correlate with emotional changes | Can't capture attention if the mouse cursor is not moving. Can't ensure movement equates with thought or attention. |
| <b>Brain imaging tools</b>   |  |   |   |
| Functional magnetic resonance imaging (fMRI)<br>(e.g., Dimoka, 2010, 2012)                         | Blood flow changes or blood oxygenation level dependent signal (BOLD response) in the brain due to neural activity | Noninvasive; standard data analysis methods; spatial resolution   | Artificial setting; temporal resolution (few seconds' delay); need to be careful with correlation vs. causation     |
| Positron emission tomography (PET)<br>(e.g., Haier <i>et al</i> , 1988; Bench <i>et al</i> , 1993) | Metabolic changes in the brain due to neural activity  | Spatial resolution  | Invasive (due to injected tracer); potentially harmful; low temporal resolution (2–3 minutes)                       |
| Electroencephalography (EEG)<br>(e.g., Minas <i>et al</i> , 2014; Vance <i>et al</i> , 2014)       | Electrical potentials on the scalp due to neural activity  | Inexpensive; tolerant of a little subject motion; directly measures electrical activity; temporal resolution in milliseconds  | Spatial resolution; only sensitive to outer layers of cortex  |
| Magnetoencephalography (MEG)<br>(e.g., Pantev <i>et al</i> , 2004; Moses <i>et al</i> , 2007)      | Magnetic field changes due to neural activity  | Temporal resolution in milliseconds; deeper capability than EEG   | Spatial resolution  |

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| <b>Psychophysiological tools</b>  |   |   |   |
| <b>Brain imaging tools (continued)</b>  |   |   |   |
| Eye tracking<br>(e.g., Proctor & Vu, 2006;<br>Cassens <i>et al</i> , 2008)  | Eye pupil location (gaze)<br>and movement   | Identify visual<br>activity;<br>clear visualization of<br>what was viewed at<br>any given moment                                  | Doesn't capture<br>peripheral vision;<br>can't ensure gaze<br>equates with<br>thought or<br>attention; artificial<br>setting may bias<br>behavior |
| Transcranial magnetic<br>stimulation (TMS)<br>(e.g., Hiraga <i>et al</i> , 2009;<br>Schutter & van Honk, 2009)                                    | Weak electrical current<br>causes activity in specific<br>parts of the brain—<br>measure activity and<br>function of specific<br>connections/pathways | Noninvasive; less<br>expensive than fMRI  | Can only stimulate<br>2 in deep; may<br>induce seizure or<br>fainting   |
| Skin conductance response<br>(SQR) or electrodermal<br>activity (EDA) (fNIR)<br>(e.g., Dempsey <i>et al</i> , 2007;<br>Gefen <i>et al</i> , 2014) | Sweat in eccrine glands of<br>the palms or feet<br>Blood flow changes (BOLD<br>response) in the brain due<br>to neural activity                       | Low cost; easy to<br>use; minimal<br>intervention on<br>subjects<br>Noninvasive; less<br>expensive and more<br>portable than fMRI | Lack of predictable<br>measurement;<br>Can't quantify<br>cortical activity or<br>interpretation   |
| Facial electromyography<br>(fEMG)<br>(e.g., Ekman <i>et al</i> , 1992;<br>Minas <i>et al</i> , 2014)  | Electrical impulses on the<br>face caused by muscle<br>fibers   | High degree of<br>precision, widely<br>accessible, minimally<br>invasive  | Only a small<br>number of muscles<br>can be measured;<br>difficulty with<br>interpretation;<br>setting may bias<br>behavior                       |
| Electrocardiogram (ECG or<br>EKG)<br>(e.g., Ortiz de Guinea <i>et al</i> ,<br>2013; Schellhammer <i>et al</i> ,<br>2013)                          | Electrical activity on skin<br>caused by heart muscles  | Minimally invasive;<br>low cost; widely<br>accessible   | Heart rate may be<br>affected by a wide<br>variety of factors   |
| Measurement of cortisol<br>levels<br>(e.g., Wastell & Newman,<br>1993; Riedl, 2012)   | Level of cortisol (commonly<br>called the stress hormone)<br>in one's bloodstream or<br>saliva.   | Minimally invasive;<br>low cost   | Cortisol levels peak<br>10–40 minutes after<br>stressor onset   |

| <b>Psychophysiological tools (continued)</b>   |  |   |   |
|--|--|---|---|
| Mouse-cursor tracking<br>(e.g., Freeman & Ambady, 2010; Grimes <i>et al</i> , 2013)                | The cursor location and movement properties on the screen  | Inexpensive; noninvasive; mass-deployable; useful in natural and non-laboratory settings; surrogate for attention; changes in movement precision correlate with emotional changes | Can't capture attention if the mouse cursor is not moving. Can't ensure movement equates with thought or attention. |
| <b>Brain imaging tools</b>   |  |   |   |
| Functional magnetic resonance imaging (fMRI)<br>(e.g., Dimoka, 2010, 2012)                         | Blood flow changes or blood oxygenation level dependent signal (BOLD response) in the brain due to neural activity | Noninvasive; standard data analysis methods; spatial resolution   | Artificial setting; temporal resolution (few seconds' delay); need to be careful with correlation vs. causation     |
| Positron emission tomography (PET)<br>(e.g., Haier <i>et al</i> , 1988; Bench <i>et al</i> , 1993) | Metabolic changes in the brain due to neural activity  | Spatial resolution  | Invasive (due to injected tracer); potentially harmful; low temporal resolution (2–3 minutes)                       |
| Electroencephalography (EEG)<br>(e.g., Minas <i>et al</i> , 2014; Vance <i>et al</i> , 2014)       | Electrical potentials on the scalp due to neural activity  | Inexpensive; tolerant of a little subject motion; directly measures electrical activity; temporal resolution in milliseconds  | Spatial resolution; only sensitive to outer layers of cortex  |
| Magnetoencephalography (MEG)<br>(e.g., Pantev <i>et al</i> , 2004; Moses <i>et al</i> , 2007)      | Magnetic field changes due to neural activity  | Temporal resolution in milliseconds; deeper capability than EEG   | Spatial resolution  |

| Brain imaging tools (continued)   |   |   |  |
|---|---|---|--|
| Transcranial magnetic stimulation (TMS)<br>(e.g., Hiraga <i>et al</i> , 2009; Schutter & van Honk, 2009)      | Weak electrical current causes activity in specific parts of the brain—measure activity and function of specific connections/pathways | Noninvasive; less expensive than fMRI                   | Can only stimulate 2 in deep; may induce seizure or fainting |
| Functional near-infrared spectroscopy (fNIR)<br>(e.g., Kemper <i>et al</i> , 2007; Gefen <i>et al</i> , 2014) | Blood flow changes (BOLD response) in the brain due to neural activity  | Noninvasive; less expensive and more portable than fMRI | Can only measure cortical activity 4 cm deep                 |

### 3 IDENTIFYING RESEARCH QUESTIONS FOR EXAMINING USERS' RECEPTION OF SECURITY MESSAGES THROUGH THE LENS OF NEUROIS

To select questions for our research agenda, we took a three-pronged approach by analyzing (1) security message literature from premier IS and HCI-security publications; (2) IS-security research essays and calls for papers; and (3) NeuroIS literature. Approaches (1) and (2) helped identify important and relevant research questions, while approach (3) ascertained whether the research questions identified would be productively investigated using NeuroIS methods. This approach follows the recommendation of vom Brocke and Liang (2014), who emphasize the importance of selecting NeuroIS research questions that, first and foremost, answer problems of importance to the IS community, and secondly, benefit from studies using neurophysiological measures.

#### 3.1 Survey of the IS and HCI-Security Literature

To identify articles describing security messages, we searched for articles in the AIS Senior Scholars basket of six journals (AIS-6; Lowry *et al*, 2013), and in premier computer science publications on human-computer interaction and security, including the Conference on Human Factors in Computing Systems (CHI), the Symposium on Usable Privacy and Security (SOUPS), and the USENIX Security Symposium. In each of these outlets, we searched for articles with security in the title, abstract, or keywords that were published before July 2014. We also filtered the articles based on whether they included terms derived from our taxonomy in Appendix A. We narrowed the articles to include only those that were behaviorally oriented and focused on security messages. Our review resulted in 29 articles, some of which addressed multiple research questions. These articles, combined with the IS search results, are listed in Table B1 of Appendix B.

Table 2 summarizes the overarching research questions extracted from the papers we reviewed and the count of articles that supported each one. Table B2 of Appendix B presents a

detailed research question set showing each question identified and its frequency of occurrence. Several studies examined participants' attitudes, beliefs, and motivations related to security messages, but there was no cohesion on that topic. Thus, this paper does not address this research question.

**Table 2. Reduced research questions sorted by article count**

| Research Question                  | Count |
|------------------------------------|-------|
| Attention/habituation              | 22    |
| Comprehension                      | 18    |
| Attitudes and beliefs, motivations | 10    |
| Fear                               | 6     |
| Dual-task interference             | 6     |
| Stress                             | 5     |
| Gender differences                 | 1     |
| Social norms                       | 1     |
| Uncertainty                        | 1     |

### 3.2 Survey of the IS Security Calls for Research

We next compared the research questions against (1) calls for papers (CFP) for special issues of journals and for conferences, and (2) IS security issues and opinion pieces. We performed this search by gathering papers from IS venues to determine whether any question from our reduced set of research questions in Table 2 should be weighted more heavily. The new set of papers consisted of 10 papers, listed in Table B3 of Appendix B.

In our analysis of these papers, Tarafdar *et al* (2013) strongly emphasized the need for stress to be researched. Similarly, Crossler *et al* (2013) explicitly highlighted the importance of fear in research. Many of the papers called for IS-security research on high-level topics such as “behavioral security,” “explaining information security policy compliance,” and “volitional and accidental security policy violations.” Over half of the papers explicitly or implicitly called for research on the intention-behavior gap (discussed in Section 4). We found support for all of our research questions except for gender differences; thus, we removed it from our set of questions.

### 3.3 Survey of the NeuroIS Literature

For the third step, we searched NeuroIS opinion publications and research agenda articles to evaluate whether the research questions identified above could be examined using neurophysiological measures. For this step, we collected all NeuroIS research agendas or opinion pieces published through 2014. This set included six articles, listed in Table B4 of Appendix B. Based on this review, all of the topics in Table 2 (omitting gender) could be

considered “antecedents of human behavior,” which several articles suggest exploring with NeuroIS (e.g., Dimoka *et al*, 2011). Thus, we found support for studying each of the research questions using neurophysiological measures. Table B5 summarizes our NeuroIS paper findings.

Last, we evaluated whether conventional, non-NeuroIS methods would be better suited for studying our research questions. This follows Dimoka *et al.*'s guidance of having “a good rationale for using neurophysiological tools” (2012, p. 694). We determined that while comprehension could be studied using NeuroIS methods, other methods such as talk-aloud protocols (e.g., Egelman *et al*, 2008; Felt *et al*, 2012), are also useful for examining comprehension. For this reason, we eliminated “comprehension” from our set of research questions.

The above analysis led to the selection of four areas for our research agenda: (1) habituation, (2) fear, (3) stress, and (4) dual-task interference. Table 3 summarizes our rationale for the selection of these research questions. We excluded the remaining research questions for various reasons. Neither attitudes and beliefs nor motivations coalesced around a single theme, so we excluded those from consideration in this research agenda. Gender differences were not supported by IS security research essays and CFPs. The occurrence of references to uncertainty and norms in the information security literature was too low to be included in a different topic for this research agenda. Finally, we determined that comprehension is sufficiently examined using non-NeuroIS methods.

| <b>Table 3. Summary of rationale for selection of research questions</b> |                                 |                 |   |
|--|---------------------------------|-----------------|---|
| <b>RQ</b>  | <b>Occurrence frequency (n)</b> | <b>Selected</b> | <b>Rationale</b>  |
| Attention/habituation  | 22                              | ✓               | Strong support  |
| Comprehension  | 18                              | ✗               | NeuroIS not necessary   |
| Attitudes and beliefs, motivations                                       | 10                              | ✗               | Items in this category too general, failed to coalesce around a central theme |
| Fear   | 6                               | ✓               | Strong support  |
| Dual-task interference   | 6                               | ✓               | Strong support  |
| Stress   | 5                               | ✓               | Strong support  |
| Gender differences   | 1                               | ✗               | No strong support in IS or CS literature                                      |
| Social Norms   | 1                               | ✗               | Frequency of occurrence too low   |
| Uncertainty  | 1                               | ✗               | Frequency of occurrence too low   |

#### **4 RESEARCH AGENDA**

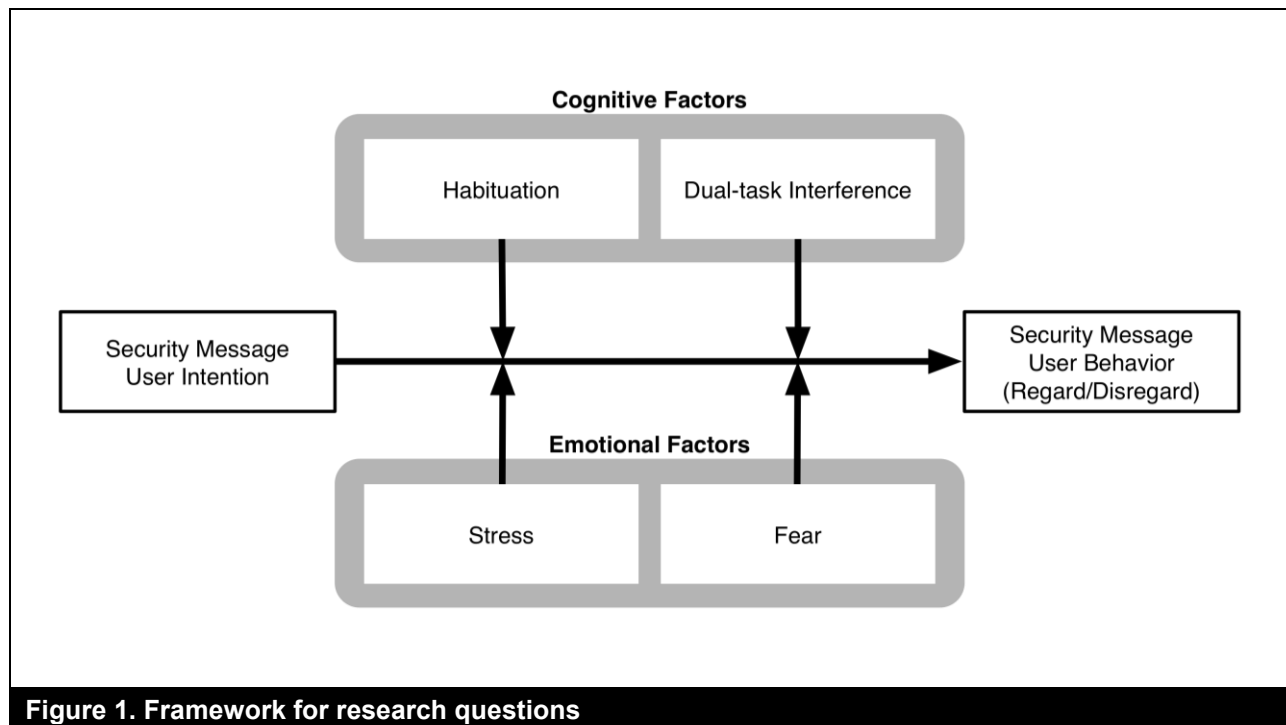
The four questions of this research agenda share the ability to explain the intention-behavior gap—the discrepancy between stated intentions and realized behaviors—a major problem of inquiry in the social sciences. In a meta-analysis examining the influence of intentions on behavior ( $n = 82,107$  total participants), intentions accounted for 28% of variance in behavior, leaving 72% unexplained (Sheeran, 2002). This gap has special importance in the behavioral security domain because in securing systems, “it is the behavior that matters and not the intention to perform the behavior” (Crossler *et al*, 2013, p. 95).

NeuroIS methods have great potential to measure cognitive and emotional factors that may strongly influence behavior and yet not rise to the level of awareness (Riedl *et al*, 2014). For this reason, Crossler *et al* (2013) called for security scholars to employ NeuroIS methods to better understand factors influencing the intention-behavior gap. This point was empirically underscored by Vance *et al* (2014), who found that electroencephalography (EEG) predicted security behaviors substantially better than self-reported measures did.

Factors such as habituation, stress, fear, and dual-task interference help to explain behaviors that may appear to be careless, indifferent, or accidental security-related behavior (Vance *et al*, 2014). With this perspective, Figure 1 presents a framework that illustrates how each of the research questions, comprising cognitive and emotional factors, has the potential to moderate the relationship between users’ intentions and behaviors in response to security



messages. However, each of these factors may themselves exert direct effects on security behavior.



#### 4.1 Research Question 1: How does habituation affect users' responses to security messages?

A major contributor to security message failure is *habituation*—the diminishing of attention because of frequent exposure to warnings (Kalsher & Williams, 2006). Some laboratory experiments have pointed to the role of habituation in users' failure to heed warnings and security indicators (Good *et al*, 2005; Dhamija *et al*, 2006; Wu *et al*, 2006; Schechter *et al*, 2007; Sharek *et al*, 2008). Egelman *et al* (2008) found a significant correlation between recognition and disregard of security warnings. Sunshine *et al* (2009) observed that participants remembered their responses to previous security warnings and applied them to other websites even if the level of risk had changed. Felt *et al* (2012) found that 42% of participants were not aware of having interacted with security permission dialogs before installing an Android app on their devices. Similarly, some participants in Sotirakopoulos *et al* (2011) study clicked through security warnings during a task, and later reported that they had not seen any security warnings (see also user account control prompts in Motiee *et al*, 2010).

These laboratory study results reflect those in the field. Akhawe and Felt (2013) found that in approximately 50% of the most common type of secure sockets layer (SSL) web browser

warnings in Google Chrome, users decided to click through in 1.7 seconds or less, a finding that “is consistent with the theory of warning fatigue” (Akhawe & Felt, 2013, p. 14). Felt *et al* (2014) found that warning design explained between one-third and one-half of the difference between Chrome and Firefox SSL warnings. Bravo-Lillo *et al* (2013) conducted a large field experiment using Amazon Mechanical Turk in which users were rapidly exposed to a confirmation dialog message. After a period of 2.5 minutes and a median of 54 exposures to the dialog message, only 14% of the participants recognized a change in the content of the confirmation dialog in their control (status quo) condition.

#### **4.1.1 Habituation: Important Gaps in the Literature**

The literature reviewed above examined habituation indirectly by observing the influence of habituation on security behavior (Brustoloni & Villamarín-Salomón, 2007b; Bravo-Lillo *et al*, 2013). For example, behavioral laboratory experiments, think-aloud protocols, interviews, self-report measures, and time-based measures have been used to identify whether stimuli capture attention or invoke mental processes related to habituation (e.g., Good *et al*, 2005; Egelman *et al*, 2008; Felt *et al*, 2012; Akhawe & Felt, 2013). While this research is valuable for demonstrating the existence of habituation, it does not directly measure the mental process of habituation, and therefore is unable to provide insight into (1) how habituation develops in the brain in response to security messages, and (2) how the neurological manifestation of habituation affects security behaviors. The lack of a means to directly measure these mental processes of habituation limits the ability to design security messages and interventions that directly address the phenomenon.

A fundamental gap in the above studies is that they examine habituation as a behavior, when in fact the phenomenon is neurobiological. Habituation, or repetition suppression as it is referred to in neuroscience, is one of the most pervasive and robust phenomena in neurobiology (Rankin *et al*, 2009). For example, Kandel and colleagues demonstrated in a series of now-classic studies using sea slugs that neural responses to a given stimulus decreased with repeated exposures to that stimulus (Kandel, 2001). This kind of repetition suppression to repeated stimuli has also been widely observed in humans (for review, see Grill-Spector *et al*, 2006). For example, using fMRI, researchers have observed involuntary decreases in mental activity (as measured via blood flow) for repeated stimuli at delays ranging from seconds to days (van Turennout *et al*, 2000). Studies that examine habituation without considering these neurological underpinnings provide only a partial view of the problem. Because habituation occurs unconsciously at the neurobiological level, interventions designed to encourage greater vigilance on the part of users—such as SETA programs—will have limited efficacy.

It should be noted that despite sharing the same Latin root, the construct of habituation is very different from the construct of habit. Habit is defined as “learned sequences of acts that have become automatic responses to specific cues, and are functional in obtaining certain goals or end-states” (Verplanken & Aarts, 1999, p. 104). Thus, habit occurs at the behavioral level, and involves learned behaviors that are associated with specific outcomes. In contrast, habituation occurs at the neurobiological level (Ramaswami, 2014), and does not require subsequent behavior, but occurs involuntarily without conscious awareness (Grill-Spector *et al*, 2006).

Another important gap in the habituation literature is that current approaches do not reveal how perception changes over time. The EMM effect explains that people begin “seeing” a familiar stimulus less via visual scrutiny and more from memory of their first view of the stimulus (Smith *et al*, 2006). This phenomenon is manifested systematically in fewer eye-gaze fixations and less visual sampling of regions of the image after repeated viewings (Hannula *et al*, 2010). In this way, eye movement is an index of a person’s attention to and memory of an image over time (Beck *et al*, 2007; Hannula & Ranganath, 2009). This is an important aspect of habituation that traditional measures do not capture, and has important implications for the display of security messages. It suggests that security messages should highlight differences in warnings or their appearance should change, rather than relying on users to visually scrutinize the warnings.

#### **4.1.2 Habituation: How NeuroIS Can Be Used to Address these Gaps**

NeuroIS can help address the above gaps by directly measuring the mental process of habituation to determine (1) how quickly habituation develops in response to security messages, (2) how the neurological manifestation of habituation affects security behaviors, and (3) how long the effects of habituation on security messages persist. NeuroIS measures of habituation could potentially enable the testing of security messages and interventions that are resistant to habituation, minimize its effects, and speed recovery from habituation to security messages.

Of the various NeuroIS methods, fMRI and eye tracking are especially relevant when studying habituation. fMRI can track neural activation through changes in blood oxygenation, known as the blood oxygenation level dependent (BOLD) response. fMRI can determine whether there is a decrease in activation (the repetition suppression effect) in brain regions associated with visual processing when security warnings are viewed repeatedly. The repetition suppression effect has been established in the context of images (e.g., Bakker *et al*, 2008), but it is not yet clear how this effect applies to security messages that have both visual and textual elements.

Eye tracking is an appropriate tool to measure habituation. Eye-tracking tools can precisely measure eye position and movement (Shimojo *et al*, 2003), including eye fixation, pupil dilation, and gaze duration on areas of interest (Rayner, 1998). Distinct from other NeuroIS tools, eye tracking's most notable advantage is its ability to measure human visual activities with a high level of accuracy and temporal precision. This information is not possible through self-reporting because people are unable to perfectly recall or not fully conscious of what they saw, where they looked, and in what order they looked (e.g., Schechter *et al*, 2007; Egelman *et al*, 2008; Sunshine *et al*, 2009). Eye tracking allows researchers to understand what participants attend to, and therefore what can be perceived (Smith *et al*, 2006; Benbasat *et al*, 2010). Eye-tracking tools provide data such as heat maps to indicate the percentage of time spent gazing at any particular area (see Figure 2). Therefore, capturing the EMM effect through an eye tracker is a robust means of evaluating habituation.



A possible experimental design for using either fMRI or eye tracking to study habituation is a within-subject, repeated measures laboratory experiment. Images for a variety of security messages could be repeatedly displayed to participants. To measure habituation's onset, the BOLD response level for fMRI, the number of eye-gaze fixations, or length of gaze duration could be compared across the first, second, and subsequent exposures for each image of a security message. Because time is inherent to the process of habituation, the above approach could be extended to a longitudinal design to gauge how habituation to security messages changes over days (with experimental sessions at the same time every day) or over weeks (with experimental sessions once a week for several weeks).

## 4.2 Research Question 2: What is the impact of stress on a user's response to security messages?

Recent research has highlighted the importance of examining “technostress” (e.g., Tarafdar *et al*, 2013), which is stress caused by interactions with information communication technologies (Brod, 1984). Stress can have profound detrimental effects on individuals' productivity and well-being (Riedl, 2012). One perspective of stress is as an evaluative transaction between an individual and a required task when the individual perceives that he or she lacks the resources or skills necessary to complete a required task (Cooper *et al*, 2001; Ayyagari *et al*, 2011).

Being under stress affects an individual's physiology, affect, and behavior (Sonntag & Frese, 2003). An individual under chronic stress is more likely to have narrowed attention and poorer working memory capacity (Searle *et al*, 1999). These outcomes of stress on behavior have been associated with individuals making poor decisions; for example, Wall Street traders under stress made worse risk evaluations than traders did under less stress (Riedl, 2012). Intrusive technology characteristics are a strong predictor of stressors for users, and work overload is one of the most prevalent stressors (Ayyagari *et al*, 2011). Perceiving system annoyances often results in heightened stress states (Riedl, 2012).

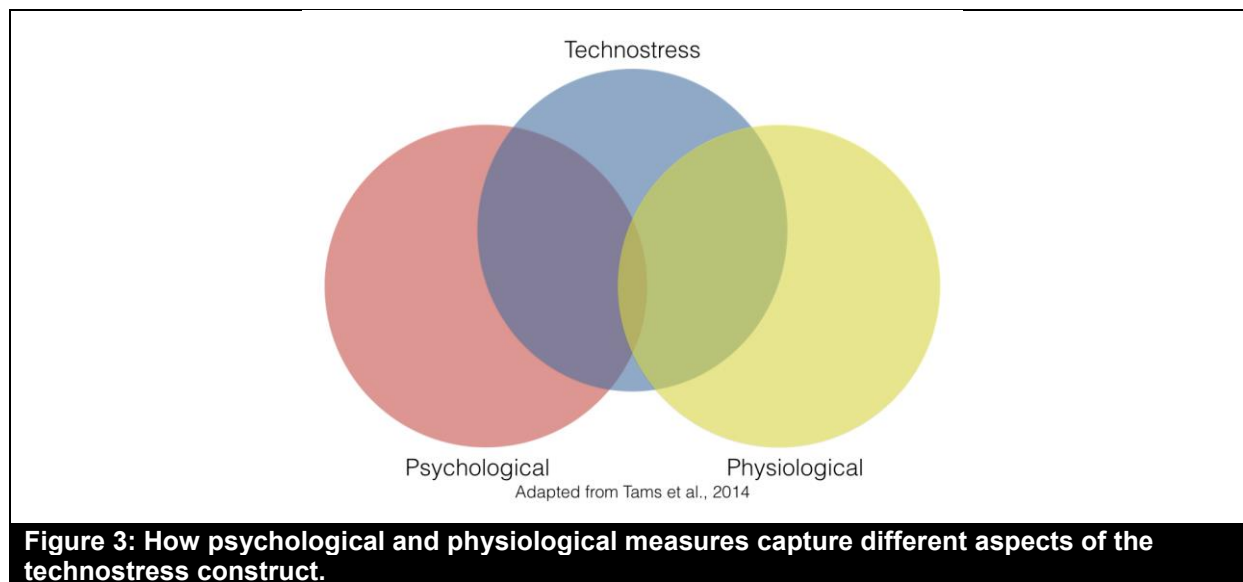
D'Arcy *et al* (2014) showed that technostress has important implications for end-user security. They conceptualize “security-related stress” (SRS) as comprising the subdimensions of work overload, complexity, and uncertainty of security requirements. In a field survey, they found that SRS significantly influenced moral disengagement, and indirectly, intention to violate information security policy. Several studies have sought to avoid or diminish technostress-related problems in connection with users experiencing security messages. Felt *et al* (2012) recommended a more parsimonious set of Android permission prompts to avoid overwhelming users with too much information. Dhamija and Tygar emphasized that their security tool “[placed] a very low burden on the user in terms of effort, memory and time” (2005, p. 4). Akhawe and Felt (2013) reasoned that a high level of browser SSL warning click-through rates might be the users' annoyance with too many warnings. Security in general can be stressful for users—in a study of password meters, participants reported annoyance with meters that had stringent security demands (Ur *et al*, 2012). Given these pernicious outcomes of stress on security message interactions, it is important to better understand the role of stress in users' security decisions.

#### 4.2.1 Stress: Important Gaps in the Literature

The work of D'Arcy *et al* (2014) illustrates an important gap in the stress-related security literature: self-report measures capture only one aspect of the technostress—the perceptual measure of stress-inducing conditions. D'Arcy *et al.* consider this as a limitation of their and “most psychological stress research” and call for future research to “build on our initial work and utilize objective measures (e.g., physiological techniques) to gauge SRS” (2014, p. 308). This gap is highlighted by Tams *et al* (2014) who conducted a study to compare the ability of self-report and physiological measures to capture the construct of technostress. They found that salivary alpha-amylase explained variance in performance of a computer-based task beyond that predicted by self-report stress measures. They explained that:

Physiological measures are complements to psychological ones rather than alternatives; the triangulation of physiological measures with psychological ones can result in a more holistic representation of IS constructs. This finding suggests that physiological measures are a vital complement to existing methods since they can improve the prediction of outcomes related to such IS phenomena as technostress above and beyond that afforded by psychological measures. (p. 737)

Tams *et al.* found that the physiological and self-report measures of technostress did not correlate. They therefore concluded, consistent with the technostress and neurobiological literature, that their self-report and physiological measures of technostress corresponded to the conscious and unconscious aspects of technostress, respectively (see Figure 3).



These findings have important implications in the context of security messages, in which users are not always aware of their emotions (Dimoka *et al*, 2011; Lopatovska & Arapakis, 2011). Because security messages often appear for only a short duration and frequently lack users' full attention, users may have difficulty accurately recalling and reporting their level of stress while viewing the message. Hence, users' self-reported emotions are often inconsistent with their actual emotions (Tams *et al*, 2014), and measures of stress alone are likely to be insufficient (Riedl, 2012), leading to an incomplete understanding of how technostress affects the processing of security messages and partial solutions for security practice. Tams *et al* (2014) suggest a combination of psychological and physiological measures to fully capture the construct of technostress.

NeuroIS methods can provide several insights into the relationship between the processing of security messages and stress that would otherwise be difficult to obtain. For example, NeuroIS can explore how actual physiological stress (rather than self-reported stress) influences the reception of security messages (Tams *et al*, 2014). NeuroIS tools can be used to measure the magnitude and duration of stress and its influence on security message disregard and performance, which may be subject to biases, recall error, and unawareness if measured using self-reporting for discrete events such as interactions with security messages (Tams *et al*. 2014). NeuroIS tools can explore which neurological functions are inhibited by stress, and at what levels they are inhibited (Riedl, 2012). Researchers can thereby design security messages that are less reliant on these neurological functions, and can be processed more effectively under stressful conditions. In each of these scenarios, NeuroIS offers the potential to provide

new insights into how technostress influences users' reactions to security messages that would be difficult to obtain otherwise.

#### **4.2.2 Stress: How NeuroIS Can Be Used to Address these Gaps**

Two neurophysiological methods for measuring stress are cortisol level measurement and skin conductance response (SCR). Cortisol is commonly called the stress hormone. Cortisol and other biological measurements are often favored because they can measure unconscious stress responses (Riedl, 2012; Riedl *et al*, 2012). When an individual's stress level increases, so does the amount of cortisol in the body as psychological stressors stimulate its release into the bloodstream. Cortisol mediates stress responses and returns the body to homeostasis (Dickerson & Kemeny, 2004). Cortisol levels peak 10–40 minutes after stressor onset as measured using blood, spinal fluid, or saliva samples (Dickerson & Kemeny, 2004). Riedl *et al* (2012) demonstrated how technostress could be measured using cortisol samples. Examining cortisol levels allows researchers to objectively measure stress associated with security messages.

SCR is also known as galvanic skin response or electrodermal activity. The increase in the activity of sweat glands when an individual is stressed creates a temporary condition in which the skin becomes a better electricity conductor (Randolph *et al*, 2005). SCR has been linked to measures of arousal, excitement, fear, emotion, and attention (Raskin, 1973). SCR tools can measure activity in the sympathetic nervous system that changes the sweat levels in the eccrine glands of the palms. SCR is inexpensive, which makes it widely accessible. In addition, SCR is relatively easy to use and requires minimal intervention on subjects (Dimoka *et al*, 2012). We believe that SCR will be useful in measuring the stress levels associated with users' responses to security messages.

An experimental design to test technostress would include a set of treatments wherein participants would react to computer security messages. The researchers could collect saliva samples before and after the tasks and compare the levels of cortisol across the treatments. One would expect the level of cortisol to increase for each participant due to the nature of the study. In particular, participants who were engaged in the most stress-inducing condition would be likely to have the highest levels of cortisol in the post-experiment assessment.

#### **4.3 Research Question 3: How does fear influence our neural processing of security messages?**

Fear can have a powerful impact on how individuals respond to security messages. Fear is an emotional state that occurs in response to the presence of a threat to safety (Witte, 1992;



Whalen, 1998). It prompts threat-withdrawal (Frijda, 1986) or safety-approaching behaviors (Blanchard & Blanchard, 1994). In an information security context, both benevolent and malicious messages commonly attempt to elicit fear to motivate the target into action.

Benevolent security messages such as fear appeals describe a threat to an individual, and aim to invoke fear as a means of motivating the recipient toward protective security behaviors (Johnston & Warkentin, 2010; Johnston *et al*, 2015). Johnston and Warkentin (2010) found that fear appeals lead to higher intentions to install anti-spyware than non-fear appeal messages did. In Vaniea *et al* (2014) study of user reactions to application update requests, some participants reported trepidation fueled by past negative experiences about the unknown consequences of an update on their computer or workflow. Similarly, Good *et al* (2005) observed participants' interactions with end-user license agreements (EULA) as they installed software on their personal computers, and categorized many users as being "once bitten, twice shy" or "computer-phobic," meaning moderately or extremely afraid of adverse consequences that could result from installing the software. In a study evaluating user interactions with password strength meters, Ur *et al* (2012) found that some participants stated that they were afraid of the consequences of having a weak password. Field studies have found similar results for fear and security messages. Felt *et al* (2014) found that SSL warnings with an image of a criminal were associated with significantly lower click-through rates than were warnings with images of police officers or red stoplights. The authors reasoned that fear may be the factor explaining this difference.

Malevolent security messages often describe an artificial threat to evoke fear to goad a user into action. For example, phishing messages may contain ominous warnings about a threat to a user's bank account if the user does not immediately verify their login credentials (Drake *et al*, 2004; Kessem, 2012). While users may know about the existence of phishing schemes, strong emotions such as fear may invoke automatic responses that bypass cognition (Ortiz de Guinea & Markus, 2009), leading an individual to fall victim to the attack. Such tactics take advantage of human tendencies to be more risk averse and risk pessimistic while experiencing fear (Lerner & Keltner, 2001); for example, complying with a phishing email and supplying account credentials may seem to be the conservative risk option in that it supposedly prevents the closure of an account and loss of funds.

#### **4.3.1 Fear: Important Gaps in the Literature**

Although fear-related models, such as protection motivation theory (PMT), are one of the most dominant theoretical perspectives in behavioral information security research, the construct of fear has rarely been directly measured (Boss *et al*, 2015). Vance *et al* (2012) used

a survey to measure PMT-related constructs such as perceived threat vulnerability and threat severity, but threat and fear are different constructs (Boss *et al*, 2015). Fear has been shown to be an important mediator of the threat appraisal process (Rogers & Prentice-Dunn, 1997; Floyd *et al*, 2000). The absence of fear measurement in PMT-related studies such as that of Vance *et al* (2012) therefore constitutes a missed opportunity that could have altered reported findings.

Several calls have been made for using NeuroIS methods to more effectively measure fear in an information systems context (e.g., Dimoka *et al*, 2011; Dimoka *et al*, 2012; Crossler *et al*, 2013; vom Brocke & Liang, 2014). For example, Boss *et al* (2015) explain:

...the ideal fear measure might be one that is applied at the moment of occurrence. This is best achieved under tight experimental controls (e.g., fMRI, EKG, or galvanic skin response). Creating a realistic fear measurement of ISec behaviors under such conditions is thus highly complex and could be the “holy grail” of this line of research... It might be necessary to use slightly less invasive techniques, such as eye tracking (e.g., Twyman *et al*, 2015), examining mouse movements (e.g., Hibbeln *et al*, 2014), recording keystroke delay (e.g., Jenkins *et al*, 2014), or leveraging a wearable galvanic skin response measurement device (e.g., Moody & Galletta, 2015).

Self-report measures of fear are susceptible to social desirability bias, subjectivity bias, common method bias, and people’s awareness of their emotion (Dimoka *et al*, 2011; Lopatovska & Arapakis, 2011). NeuroIS can help mitigate these challenges by objectively measuring fear as it occurs.

Another gap in existing studies that Vance *et al* (2012) illustrated is the underlying assumption that individuals perceive as personally relevant threats to data and systems. Johnston *et al* (2015) explain that “to appeal to the self-interests of their audience, fear appeals must achieve a sufficient level of personal relevance (or issue involvement) for the individual; otherwise, they are ignored and rendered ineffective” (p. 114). Although PMT assumes that all threats are personally relevant, it is not clear whether individuals perceive threats to their personal data and systems the same way. This discrepancy is even greater for studies such as Vance *et al* (2012) that use organizational data because the information and systems under threat typically do not belong to the individual, but rather to the individual’s employer. Johnston *et al* (2015):

The dominant logic behind the application of fear appeals and PMT to information security phenomena was that threats to data, information, systems, and so on **would be regarded in the same manner** as threats to one’s personal safety or health and have

universal, personal relevance. We challenge this flawed logic. PMT does not account for the distinction in the nature of the espoused threat and, therefore, has been repeatedly misspecified in the security literature.

Thus, a gap in the fear-related security literature is whether perceptions of threats to one's data, information, and systems differ from perceptions of threats to one's person, and whether threats to external information assets are considered personally relevant when they belong to another entity. These two types of perceived threats may represent entirely different constructs. NeuroIS has been proven to be useful in disentangling related IS constructs (Dimoka, 2010). As Dimoka *et al* (2012) highlights, "the localization of the neural correlates of IS constructs with neuroimaging data can shed light on their nature, conceptualization, and dimensionality" (p. 692).

Warkentin *et al* (forthcoming) examine this issue in the context of fear appeals. They found that reading information security fear appeals did not activate the amygdala. The authors suggest that this may have been because of low personal relevance of the information threat. More research is needed to determine whether other types of security messages elicit fear. Also, future research can investigate whether fear appeals can be designed to foster emotive fear through highlighting more personally relevant consequences of information threats, such as increased stress and worry.

A third gap is that studies like Vance *et al* (2012) only entail a cognitive threat assessment, whereas visceral emotion is an important characteristic of fear (Dimoka *et al*, 2011). This gap has been noted by Crossler *et al* (2013):

Behavioral InfoSec research that captures perceptions of fear does so via a survey methodology or embedded within a lab experiment. For InfoSec fear appeals to be effective, however, the appeal must successfully manipulate the neural regions of the message recipient's brain responsible for cognitively processing perceptions of threat and efficacy. ... In the studies to date, subjects cognitively assess the instrument items and their perceptions in cognitive terms, not in the moment of fear occurrence, but rather as a self-assessment of a perspective determined post-stimulus ... Future research could further utilize fMRI, EEG, or other physiological techniques in a laboratory setting to better capture the extent to which fear is realized in its affective (emotional) and then cognitive forms.

Because the experience of emotion is a key aspect of fear, the existing fear-related literature is incomplete. Further, emotions are difficult to measure using traditional survey methods because

they often do not rise to the level of awareness (Riedl *et al*, 2014). This suggests the need for NeuroIS methods to measure the emotional aspect of fear and how it affects the reception of security messages.

#### **4.3.2 Fear: How NeuroIS Can Be Used to Address these Gaps**

Fear has been captured in neuroscience studies with fMRI (Hsu *et al*, 2005; Krain *et al*, 2006) and associated with activity in the amygdala, the orbitofrontal cortex, and the striatum (see also Platt & Huettel, 2008; Sarinopoulos *et al*, 2010). We propose that facial electromyography (fEMG) is a useful psychophysiological tool to detect fear in subjects performing a computing task such as interacting with security messages. With fEMG, visually imperceptible EMG activity in the muscle regions associated with facial expressions (over the brow—corrugator supercilia, eye—orbicularis oculi, and cheek—zygomatic major) can differentiate the intensity and valence of an individual's reactions to visual stimuli. Cacioppo *et al* (1988) found that “EMG activity over the muscles of facial expression can provide objective and continuous probes of affective processes that are too subtle or fleeting to evoke expressions observable under normal conditions of social interaction” (p. 260). More recently, Minas *et al* (2014) used fEMG to examine activity in the corrugator supercilia to determine the emotional responses in a virtual team setting.

In addition to the brain-imaging tools (see Table 1), one could use mouse-cursor tracking to study fear. When experiencing fear, people have a lower ability to control their attention on a single stimulus or destination—that is, people uncontrollably allocate their attention more broadly to increase awareness of possible threats (Eysenck *et al*, 2007). Shifts in attention are measured through the analysis of mouse-cursor movements (e.g., Chen *et al*, 2001; Guo & Agichtein, 2010), as hand movements are biased toward stimuli that, even briefly, capture a person's attention (Welsh & Elliott, 2004). As people allocate attention more broadly to stimuli when experiencing fear, the hand deviates away from the intended trajectory (in the directions of these stimuli), resulting in less precise movements (e.g., Grimes *et al*, 2013). These deviations can be measured through analysis of the cursor's movement trajectory (see Hehman *et al*, 2014 for example analyses).

Potential experimental designs using fMRI or fEMG could display the elements of fear appeals that describe specific threats and then measure whether and how fear is elicited. Similarly, elements of fear appeals linked to coping responses could be displayed to determine which neural correlates relate to the coping response process. These neurophysiological measures could then be compared to self-reported measures of threat and coping appraisals, and to reported behavioral intention. Mouse cursor tracking could be useful to unobtrusively

measure responses to fear appeals as they are encountered during naturalistic tasks. This objective behavioral data could be used to evaluate the effectiveness of different fear appeal design treatments.

#### **4.4 Research Question 4: How does dual-task interference disrupt cognitive processing of security messages?**

Dual-task interference is a neurological phenomenon that explains why people have trouble performing two or more relatively simple tasks concurrently (Pashler, 1994). Dual-task interference can influence how people perceive and cognitively process security messages, and may be particularly useful for understanding users' responses, because people respond to security messages while performing other primary tasks on a computer, such as completing a work-related task, searching the Internet, or using the computer for entertainment (West, 2008). As such, when a security message prompts a user's attention, a person's working memory and cognitive functions may be deployed in the primary task. In this scenario, the message must compete for these cognitive resources, and thus one's response to the message is subject to dual-task interference (Pashler, 1994).

Normally, people are not aware of tasks interfering with each other (e.g., responding to a security message while completing another task on the computer) unless the two tasks are cognitively difficult, physically incompatible, or evoke negative emotional reactions; thus, responding to security messages while using the computer for other low cognitively demanding tasks might seem immune to dual-task interference. However, studies demonstrate that the opposite is true: tasks can "interfere with each other quite drastically, even though they are neither intellectually challenging nor physically incompatible" (Pashler, 1994, p. 220). For example, when people are involved in even simple cognitive tasks, they cannot process information or perform behaviors related to other tasks as quickly or effectively (e.g., Logan, 1978; Kleiss & Lane, 1986; Duncan & Coltheart, 1987). From a neurological perspective, research has found that this dual-task interference may result from tasks competing for the same brain functions (Rémy *et al*, 2010), and is enhanced when performing two or more tasks while experiencing stress (Plessow *et al*, 2012).

Dual-task interference has been suggested as a primary reason for users' neglect of security behaviors (Jenkins & Durcikova, 2013). Yee (2004) suggests that "interrupting users with prompts presents security decisions in a terrible context: it teaches users that security issues obstruct their main task and trains them to dismiss prompts quickly and carelessly" (p. 49). Users may choose to dismiss warnings quickly and carelessly in this context because it is cognitively difficult for them to switch between their primary task and optimally address the

security warning. Bravo-Lillo *et al* (2011) suggest that interrupting prompts are often ignored or suboptimally addressed because users have a limited cognitive ability to switch between tasks. Felt *et al* (2012) found that the vast majority of people do not pay attention to nor comprehend permission warnings, and nearly half of laboratory study participants are completely unaware of permission warnings. These findings suggest that cognitive functions associated with awareness and comprehension may be limited in the presence of dual-task interference. Furthermore, when browsing the Internet, people pervasively ignore and quickly dismiss security warnings that pop up in the middle of another task (e.g., Akhawe & Felt, 2013). Although many factors contribute to the automatic dismissal of security warnings, one potential explanation is that people have difficulty devoting the necessary cognitive resources to process the warning while performing other tasks.

#### **4.4.1 Dual-task Interference: Important Gaps in the Literature**

The literature has reported the behavioral effects of dual-task interference, but has not yet explored its neurological underpinnings. Research suggests three competing models that may explain how dual-task interference influences users' responses to security messages: (1) the capacity-sharing model, (2) the bottleneck (task-switching) model, and (3) the cross-talk model (Jenkins & Durcikova, 2013). The capacity-sharing model explains that when people perform multiple tasks together, less cognition is available for each task, as the tasks share limited cognitive capacity (Tomblu & Jolicœur, 2003). The bottleneck model suggests that if one task is using a cognitive resource, it is not available for other tasks (Pashler, 1994; Dux *et al*, 2006; Sigman & Dehaene, 2006). The cross-talk model suggests that concurrent tasks cause the mind to confuse the various sources of information, resulting in biases and reduced performance (Koch, 2009). These neurological effects of dual-task interference on security message disregard can only be directly observed using NeuroIS methodologies.

Understanding the neurological underpinnings of dual-task interference is an important gap to address because it validates dual-task interference as an appropriate theoretical approach. Although behavioral studies have used dual-task interference as a theoretical lens to explain security message disregard (e.g., Jenkins & Durcikova, 2013), they have not established that dual-task interference exists when people respond to security messages. It is therefore unclear whether dual-task interference is the primary cause of the observed effects, or if other factors are at work. A neurological understanding of dual-task interference could also guide the design and development of more effective security warnings. A security message should be designed differently depending on whether the capacity-sharing model, the bottleneck model, or the cross-talk model best accounts for security message disregard. For example, if NeuroIS tools

indicate that the brain shares cognitive resources among concurrent tasks while responding to security messages (the capacity-sharing model), an effective security message design could guide the user through the decision-making process to rely less on shared resources. If the primary task inhibits people from activating brain functions needed to properly respond to security messages (the bottleneck model), security messages could be designed to temporarily stop the primary task so that these resources will be available (i.e., allowing the user to cognitively offload the primary task). If NeuroIS tools indicate that information from other tasks is biasing one's response to the security message (the cross-talk model), security messages could be accompanied by other cues (colors, sound, and images) to prime thoughts that promote positive cross-talk (e.g., enhancing perceived threat).

Another gap that NeuroIS can help address is to identify which regions of the brain are influenced by dual-task interference while people are responding to security messages. This gap has not yet been addressed in the behavioral approach of past studies (e.g., Jenkins & Durcikova, 2013), but it is important to address for more effective security message design. For example, if NeuroIS tools indicate that dual-task interference occurs in the medial temporal lobe of the brain (the area responsible for declarative or long-term memory), warnings could be designed to be less reliant on memory by providing just-in-time reminders and other relevant information that would otherwise be stored in long-term memory.

#### **4.4.2 Dual-task Interference: How NeuroIS Can Be Used to Address these Gaps**

Brain imaging methodologies (see Table 1) are effective in measuring dual-task interference, and several studies have used fMRI (e.g., Herath *et al*, 2001; Szameitat *et al*, 2002; Jiang, 2004). Electroencephalography (EEG) can be an effective technique for examining the cognitive consequences of dual-task interference. Using EEG, the P300 brainwave component of the event-related potential (ERP) can be examined, which is associated with attention and memory operations (Polich, 2007). The P300 reflects brain activity approximately 300–600 milliseconds after exposure to a stimulus. The speed of this measure reveals reaction differences in subjects before they have time to consciously contemplate a response. Monitoring a person's EEG measures as they perform a computing task that a security message interrupts can allow researchers to see the degree to which the message disrupted the task and the level of cognitive resources devoted to the message. Vance *et al* (2014) used EEG to predict user behavior in response to security warnings.

Another brain-imaging tool that could be useful for studying dual-task interference is functional near infrared spectroscopy (fNIR). fNIR uses certain wavelengths of light to measure changes in oxygenated and deoxygenated hemoglobin (BOLD response) and it is especially

effective in brain regions close to the scalp, such as the frontal cortex (Cui *et al*, 2011). McKendrick *et al* (2014) used fNIR to monitor subjects performing a dual verbal-spatial working memory task and observed changes in activity in the dorsolateral prefrontal cortex (DLPFC) during the experiment. Gefen *et al* (2014) demonstrated the applicability of fNIR to enhance research in information systems, specifically in research related to multitasking. The ease of use and low costs associated with fNIR make it a prime candidate for NeuroIS research on security messages.

Potential experimental designs could use fMRI, EEG, and fNIR to measure the influence of dual-task interference on security messages in a within-subject design in which each participant would respond to security messages in three scenarios: (a) during a high dual-task interference time, (b) during a low dual-task interference time, and (c) during a no dual-task interference time. A simple way to induce high dual-task interference is to have participants memorize a seven-digit alphanumeric code, respond to a security message, and then recall the code. Requiring users to maintain the code in working memory while responding to the security message induces high dual-task interference. A low dual-task interference time can be between completed tasks: having a person memorize a code, recall the code, and then respond to a security message. A no dual-task interference time can be a scenario in which participants' only task is to respond to security messages. By comparing brain activation for the high dual-task interference, low dual-task interference, and no dual-task interference times, researchers can assess the impact of dual-task interference on the neural processing of security messages, and test whether some security messages are more robust to dual-task interference than other messages.

## **5 EMPIRICAL EXAMPLE**

This section describes an experiment as an example of how to use NeuroIS to pursue one of the research questions, habituation to security messages. It is an illustrative example rather than a substantial knowledge contribution in its own right, but the experiment shows the value of using NeuroIS to investigate the research questions.

As noted in section 4.1.1, a gap in our understanding exists for how habituation to security messages occurs in the brain because habituation is difficult to measure directly with conventional methods. Anderson *et al* (2015b) took an initial step to address this gap by using fMRI to show how habituation develops in the brain. Using the BOLD effect, the researchers were able to measure changes in blood flow to different brain regions, which in turn is indicative of localized brain activity (Anderson *et al*, 2015b). Their results showed a dramatic drop in the



visual processing centers of the brain after the second exposure to a warning, with further decreases upon subsequent exposures. The researchers designed warnings whose appearance is updated with each exposure (i.e., polymorphic warnings) to manipulate habituation. Their fMRI results demonstrated that the polymorphic warnings were significantly more resistant to the development of habituation in the brain than conventional warnings were.

Although the results of Anderson *et al* (2015b) represent a promising first step to examine the problem of habituation using NeuroIS methods, Dimoka *et al* (2012) emphasize that “no single neurophysiological measure is usually sufficient on its own, and it is advisable to use many data sources to triangulate across measures” (p. 694). Accordingly, in the following example, we use (1) a different NeuroIS method, eye tracking; and (2) a different neurological phenomenon, the EMM effect, to triangulate the fMRI results of Anderson *et al* (2015b). Whereas fMRI has superior spatial resolution for identifying which parts of the brain are influenced by habituation, eye tracking has superior temporal resolution for understanding the progressive occurrence of habituation. Utilizing the strengths of both methods, we can validate these methods’ ability to measure the phenomenon of interest (Dimoka *et al*, 2012), in this case habituation.

## **5.1 Eye Tracking and Hypotheses**

Eye tracking is a NeuroIS method (Dimoka *et al*, 2012) that is well suited for measuring habituation in our study for three reasons. First, eye tracking, like many other NeuroIS methods, excels at capturing “hidden (automatic or unconscious) mental processes (e.g., ethics, deep emotions) that are difficult or even impossible to measure with existing measurement methods and tools” (Dimoka *et al*, 2011, p. 688). Habituation is one such process because it is automatic and fundamentally occurs at the neurological level (Grill-Spector *et al*, 2006); people are likely not fully aware of the extent of their habituation to warnings. In the study’s context, eye tracking can capture the neurological EMM effect, and therefore directly measure habituation to security messages. Second, security warnings are visual stimuli that require attention to the details of their appearance and message. Eye tracking can fully capture users’ visual inspection of warnings. Third, habituation and decisions to respond to warnings occur very quickly (Bravo-Lillo *et al*, 2013). With temporal precision in the tens of milliseconds, eye tracking is well suited to examine habituation to visual stimuli.

Per the EMM effect (see Section 4.1.1), we hypothesize that over repeated views of security warnings, people will exhibit fewer eye-gaze fixations and less visual sampling of the warning (Smith *et al*, 2006). Many warning styles follow similar design principles; for instance, indicators of alarm include bright red colors, exclamation marks, bold text, and two buttons for

choosing whether to heed or ignore the warning. As users are exposed to repeated warnings, they will become more familiar with their common design, even if they originate from different applications. This increased familiarity should lead to increased reliance on memory, which should in turn be associated with decreased visual processing, according to the EMM effect. Accordingly, we hypothesize:

*H1: Warning gaze duration will decrease over successive viewings per subject.*

However, constantly changing the visual appearance of a warning type (i.e., a polymorphic warning) should prevent users from becoming habituated to the warning as quickly. Memory will be relied on less because the warning's appearance will be different from the last time it was viewed, so there will not be a perfect match between the modified polymorphic warning and an existing memory. Consequently, users will be more likely to give higher visual attention to a polymorphic warning over repeated viewings as opposed to a statically presented one. In summary, we hypothesize:

*H2: Warning gaze duration will decrease more rapidly when viewing static warnings compared to polymorphic warnings.*

## **5.2 Methodology**

To test our hypotheses, we implemented a within-subject design in which people randomly viewed variations of polymorphic or static warnings. We then explored the number of fixations people made on the entire warning and the warning text over subsequent viewings to gauge the EEM effect.

We first developed a polymorphic warning UI-design artifact. To do so, we used the warning science literature to develop nine graphical variations of a warning dialog expected to capture attention. Our polymorphic warning artifact rotated through the graphical variations on each subsequent exposure. Each graphic variation was chosen based on variation suggestions in the literature. Table 4 lists each variation with its supporting sources, and Figure 4 depicts each variation for one example warning.



Figure 4. Polymorphic warning design variants

| <b>Table 4. Polymorphic variations and their support from the literature</b> |  |
|--|--|
| <b>Text Appearance</b>   | <b>Support</b>   |
| Color of text (red text)   | Laughery <i>et al</i> (1993); Braun <i>et al</i> (1994)                      |
| Highlighting of text (yellow highlighting)                                   | Strawbridge (1986); Young and Wogalter (1990)                                |
| <b>Message Content</b>   | <b>Support</b>   |
| Pictorial symbols (an exclamation point)                                     | Kalsher <i>et al</i> (1996); Sojourner and Wogalter (1997)                   |
| Signal word ("Attention")  | Silver and Wogalter (1989); Kalsher <i>et al</i> (1995)                      |
| <b>Warning Appearance</b>  | <b>Support</b>   |
| Color (red background)   | Braun and Silver (1995); Rudin-Brown <i>et al</i> (2004)                     |
| Contrast (white on black)  | Sanders and McCormick (1987); Young (1991)                                   |
| Ordering of options (reordered)  | Brustoloni and Villamarín-Salomón (2007b); De Keukelaere <i>et al</i> (2009) |
| Size (large)   | (Vigilante Jr & Wogalter, 2003); Wogalter and Vigilante (2006)               |

### 5.3 Experimental Design

We used a Tobii T120 (see Figure 5) to measure the EEM effect. The eye tracker can track participants' eye movement with or without corrected vision (contact lenses and glasses), so we did not need to exclude any participants based on eyesight.



**Figure 5. Tobii T120 Eye Tracker with Integrated Monitor**

Participants were instructed to sit in a chair in front of the desk where the Tobii monitor was stationed. Using the Tobii software, participants' seating was adjusted until their gaze was in the optimal range. Participants also had their eye tracking calibrated with a task that had a

moving red dot (slightly increasing and decreasing in size throughout the calibration) that would move around the screen. In this way, we could determine, based on output from the system, whether all the regions of the screen were sufficiently tracked. If there was an error, the participant was resituated and recalibrated. The calibration process took approximately five minutes.

Participants were then presented with a series of warnings. Each participant saw ten warnings: five randomly assigned to the polymorphic treatment and five to the static treatment. Each warning was repeated 10 times. For the polymorphic warning, participants saw the 9 variations plus the original image. For the static treatment, participants saw the same warning repeated 10 times. The images were randomly selected and displayed using the sequencing feature of the software. The experiment lasted from 10 to 20 minutes.

Participants were instructed to examine each warning carefully (see Figure 4) and assess whether the warning was: (1) novel within the study context, (2) similar to or a modified version of a previous image, and (3) identical to other images within the study. The warnings were self-paced, meaning participants could control how long they viewed each image before proceeding. This was done to mimic real life in which people choose how long to view a warning before dismissing it.

After viewing all of the warnings, we administered a post-experiment survey with demographic information, security attitude, and behavior intentions. To ensure manipulation validity (Straub *et al*, 2004), the post-test survey included a manipulation-check question that displayed a polymorphic warning as it rotated through its variations. Participants were asked if they noticed the treatment during the task. All but five of the participants reported that they had noticed the experimental treatment, which indicated successful overall manipulation. Following Straub *et al.*, we elected to retain participants who reported that they were not manipulated to provide “a more robust testing of the hypotheses” (Straub *et al*, 2004, p. 408).

#### **5.4 Participants**

We pilot tested our experimental design with 20 participants. After making adjustments, we ran the final version of the experiment and collected usable data from 62 participants. Students were recruited from a large private university in the United States and given extra credit for participating. Participant age ranged from 18 to 30 with a mean of 21.66 years. Of the 62 participants, 23 (37%) were female. Each participant saw approximately 110 warnings, resulting in 6,200 observations.

## 5.5 Analysis

The hypotheses were analyzed using latent growth curve modeling, a longitudinal statistical technique used to estimate growth trajectories over time (McArdle & Nesselrode, 2003). The analysis estimates an intercept and slope for observed values over time. In the study context, the observed values refer to the number of fixations on the warning and the text across each successive viewing of a warning.

Our eye tracker recorded fixations at a rate of 60 hertz, capturing millions of eye movement records from participants as they viewed the warnings. The number of fixations is roughly equivalent to the number of 16.66 ms time periods that the person was gazing at the area of interest. Figure 6 plots the Lowess curve (a plotting method for fitting a smooth curve between two variables) for the number of fixations over time on the warning. Prior to the analysis, a square-root transformation was performed on the number of fixations (a typical transformation for counts) to increase linearity of the trend lines.

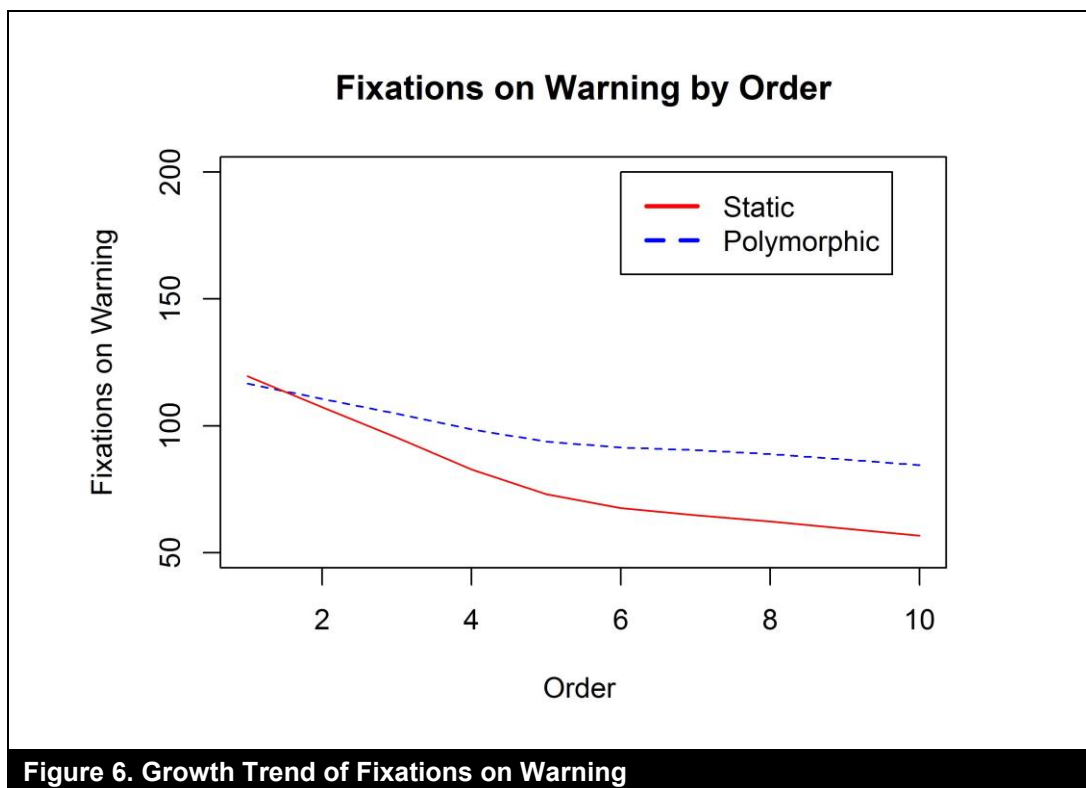
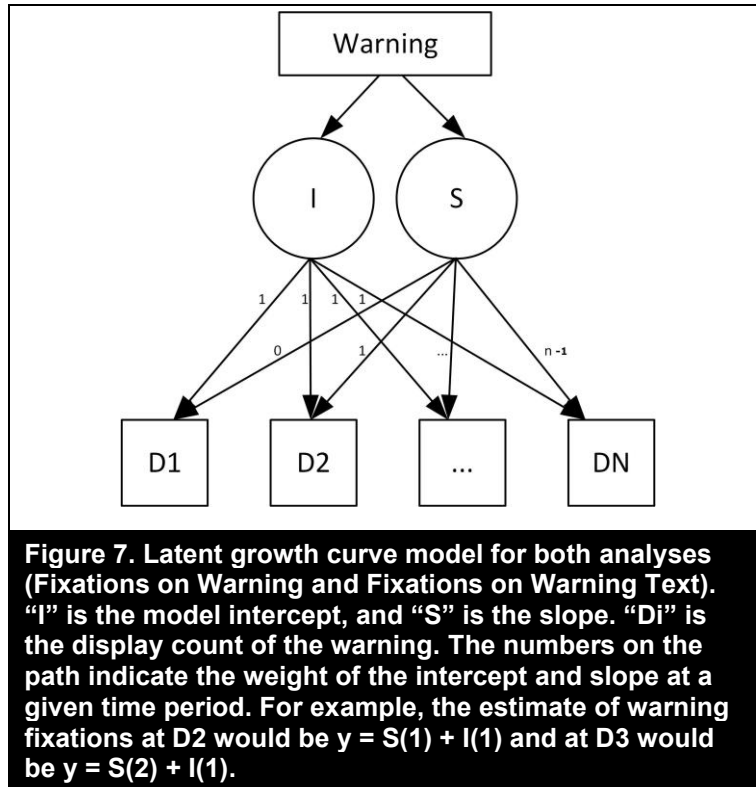


Figure 6. Growth Trend of Fixations on Warning

The latent growth curve model was specified for the number of fixations on the warning over time. In the model, the square root of the number of fixations on the warning was included as the observed values at each time step (D1 to D10 successively in Figure 7). Relationships from the intercept (I) and slope (S) latent variables were specified to each time step. A dummy

variable was included to indicate whether the warning was polymorphic or static (polymorphic = 1, static = 0), and to allow us to explore whether the intercept or slope was statistically different between the treatment groups.



The analysis is shown in Table 5. The slope of warning fixation over time was significantly negative, indicating that people gazed less at warnings over successive viewings ( $-0.496, p < .001$ , H1 supported). However, the effect of polymorphic warnings on the slope was significantly positive, indicating that the slope for polymorphic warnings was less negative and decreased more gradually ( $0.092, p < .01$ , H2 supported).

| Table 5. Latent Growth Curve Parameter Results |               |            |                 |                 |
|--|---------------|------------|-----------------|-----------------|
|  | Intercept (I) | Slope (S)  | I ~ polymorphic | S ~ polymorphic |
| Estimate                                       | 11.073        | -0.523     | 0.142           | 0.139           |
| Std. Err.                                      | 0.531         | 0.061      | 0.339           | 0.039           |
| z-Value  | 20.865        | -8.592     | 0.419           | 3.526           |
| p-value  | $p < .001$    | $p < .001$ | $p > .05$       | $p < .01$       |

## 6 DISCUSSION

This study makes several important contributions—conceptual, empirical, and practical—to the study of security messages and to behavioral information security generally, as elaborated below.

### 6.1 Conceptual Contributions

First, we have presented a research agenda comprising four questions for researching users' reception of security messages using NeuroIS methods. Each question was drawn from an extensive review of the IS, HCI, and NeuroIS literatures. This agenda is a valuable resource to the behavioral information security community because it (1) identifies several potentially fruitful streams of research, and (2) identifies a variety of NeuroIS methods that are well suited to investigating each question. Thus, this research agenda can assist scholars in initiating research on behavioral processing of security messages.

Second, this paper advocates a multidisciplinary approach to the study of security messages, integrating behavioral information security and cognitive neuroscience to increase our understanding beyond that of traditional experimental observation and self-reporting. Our research questions are amenable to a NeuroIS lens because habituation, stress, fear, and dual-task interference are deeply rooted in our psyches and affect our behavior unconsciously, and these factors are difficult to capture without neurophysiological measures (Riedl *et al*, 2014). Using NeuroIS methods to directly observe the brain can afford insights about IS phenomena that could not be gained otherwise (Dimoka *et al*, 2011).

### 6.2 Empirical Contributions

Although the purpose of our illustrative experiment was primarily to demonstrate how NeuroIS methods can be applied to investigate the research questions, the results also make empirical contributions. Although the literature has frequently cited habituation to warnings as a problem, few studies have empirically examined habituation. The studies that did used indirect measures, such as warning click-through rates (Bravo-Lillo *et al*. 2013). An exception is Anderson *et al* (2015b), who used fMRI to show how habituation occurs in the brain, and demonstrated that their polymorphic design is effective in reducing habituation. This study provides additional empirical support for those findings.

Our illustrative experiment demonstrates how multiple NeuroIS tools can complement each other and compensate for weaknesses inherent in individual methods. In the case of Anderson *et al* (2015b), fMRI excels in its ability to spatially locate neural activity in the brain. However, this method required concessions in ecological validity, as participants were required



to view the warnings while lying down in an MRI scanner. In contrast, eye tracking was used to noninvasively obtain precise eye movements as a behavioral measure for habituation while participants viewed security warnings in a typical desktop computing configuration. Thus, eye tracking was used to triangulate the results of the fMRI experiment, and enhance the ecological results of Anderson *et al* (2015b).

The experiment's results prove the value of our NeuroIS research agenda for security messages (Nunamaker & Briggs, 2012), demonstrating the kind and quality of insights that can be gained by pursuing our proposed research questions. Our initial foray into the question of how habituation to security messages can be reduced suggests related questions. For example, it is unknown how habituation to security messages changes over time, as existing studies have only examined the onset of habituation within a period of a few minutes (Brustoloni & Villamarín-Salomón, 2007b; Bravo-Lillo *et al*, 2013). Our results illustrate the promise of NeuroIS to increase our understanding of users' reception to security messages, leading to the development of more complete behavioral theories and guiding the design of more effective security messages (Dimoka *et al*, 2012).

### **6.3 Implications for Practice**

Our findings have important implications for practice in the development of interventions to reduce habituation to security warnings. Rather than relying only on interventions such as SETA programs, which encourage greater vigilance (Karjalainen & Siponen, 2011), our results suggest that an effective complementary measure is to develop UI design artifacts that reduce habituation in the brain, such as the polymorphic warning developed in this study. Rather than requiring explanations and training that can require hours or days, our polymorphic artifact elicits positive effects in milliseconds. In providing this benefit, the polymorphic warning artifact in this study is unobtrusive and imposes no additional cost to the user. In contrast, other techniques for curbing habituation, such as imposing a time delay on security warnings before they can be dismissed (Brustoloni & Villamarín-Salomón, 2007b; Bravo-Lillo *et al*, 2013), impose a cost that can be considerable over time and when aggregated over a large workforce or population (Herley, 2009). Our polymorphic warning artifact is simple and cost-effective to implement in virtually any kind of system. With minimal additional graphical design and programming necessary to create a few variations, polymorphic warnings can help prevent habituation to warnings.

## 7 CONCLUSION

NeuroIS has the potential to provide new understanding of how users respond to security messages, a problem that has long vexed security researchers (Adams & Sasse, 1999; Bravo-Lillo *et al*, 2013). In this paper, we presented a NeuroIS research agenda to examine four key neurological factors relating to how users receive and process security messages. Further, we presented the results of an experiment that illustrate the value and kinds of insights that can be derived using a NeuroIS approach. By pursuing these research questions, IS security scholars can significantly advance our understanding of security messages and how to design them to be more effective.

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## **APPENDIX A: SECURITY MESSAGES TAXONOMY**

Figure A1 depicts a taxonomy of security messages along with specific examples, which consistent with our definition, may be offensive or defensive in nature. Our scheme classifies security messages according to three primary dimensions: (1) immediacy, (2) relevancy, and (3) complexity. Immediacy refers to the extent to which a message can be deferred. At one extreme, modal software dialogs by design interrupt the user's workflow until the message has been processed (Egelman *et al*, 2008). On the other end of the spectrum, security advisories are often in email form, which can be easily set aside for later processing (Weber, 2004). Immediacy has important implications for how security messages are processed because users are less likely to act on messages that can be deferred (Egelman *et al*, 2008). This is why web browsers have recently emphasized modal warnings that interrupt the user rather than passive indicators that reside in the chrome of the browser and are easily overlooked (Akhawe & Felt, 2013).

Relevancy concerns the applicability of a security message to the workflow or task that the user is engaged in. Users are more likely to process security messages that are anticipated or clearly applicable to the present task (Vredenburg & Zackowitz, 2006). In contrast, security messages that have little connection to a user's current activity are less easily processed because they require users to switch attention from the task at hand (Meyer, 2006). This is one reason why information security policies (ISPs) are less likely to be followed if they are separate from a user's routine work activities (Vance *et al*, 2012). This is also why spear-phishing attacks that are targeted to a user's work are much more effective (Luo *et al*, 2013).

Complexity describes the informational density of a security message, the mental effort required to process the message, or both. Security messages can be very sparse, such as software dialogs that contain only a few words. Conversely, other security messages contain multiple sub-arguments, such as fear appeals, which convey (1) the severity of a threat, (2) the user's susceptibility to a threat, (3) the efficacy of a suggested response, and (4) the user's self-efficacy to enact the protective action (Johnston & Warkentin, 2010; Johnston *et al*, 2015). More complex still are legalistic, acceptable-use policies that users find intractable (Foltz *et al*, 2008).

For simplicity of presentation, the taxonomy depicts a binary, high/low classification for each dimension, but each message falls along a gradient for each dimension. Some types of security messages (e.g., phishing emails) are flexible enough to fall into several categories. For example, phishing emails may offer a single link as bait or be long and abstruse like a Nigerian 419 scam (Herley, 2012). The hierarchical ordering of the taxonomy suggests a precedence among the dimensions, with immediacy being the most important factor in whether a user processes a message because messages high in immediacy can interrupt the user and demand attention (Lesch, 2006; Egelman *et al*, 2008). We consider relevancy to be the next most important factor, given that if a message is determined to be highly relevant, a user will invest time and effort to process the message, regardless of complexity (Vredenburgh & Zackowitz, 2006).

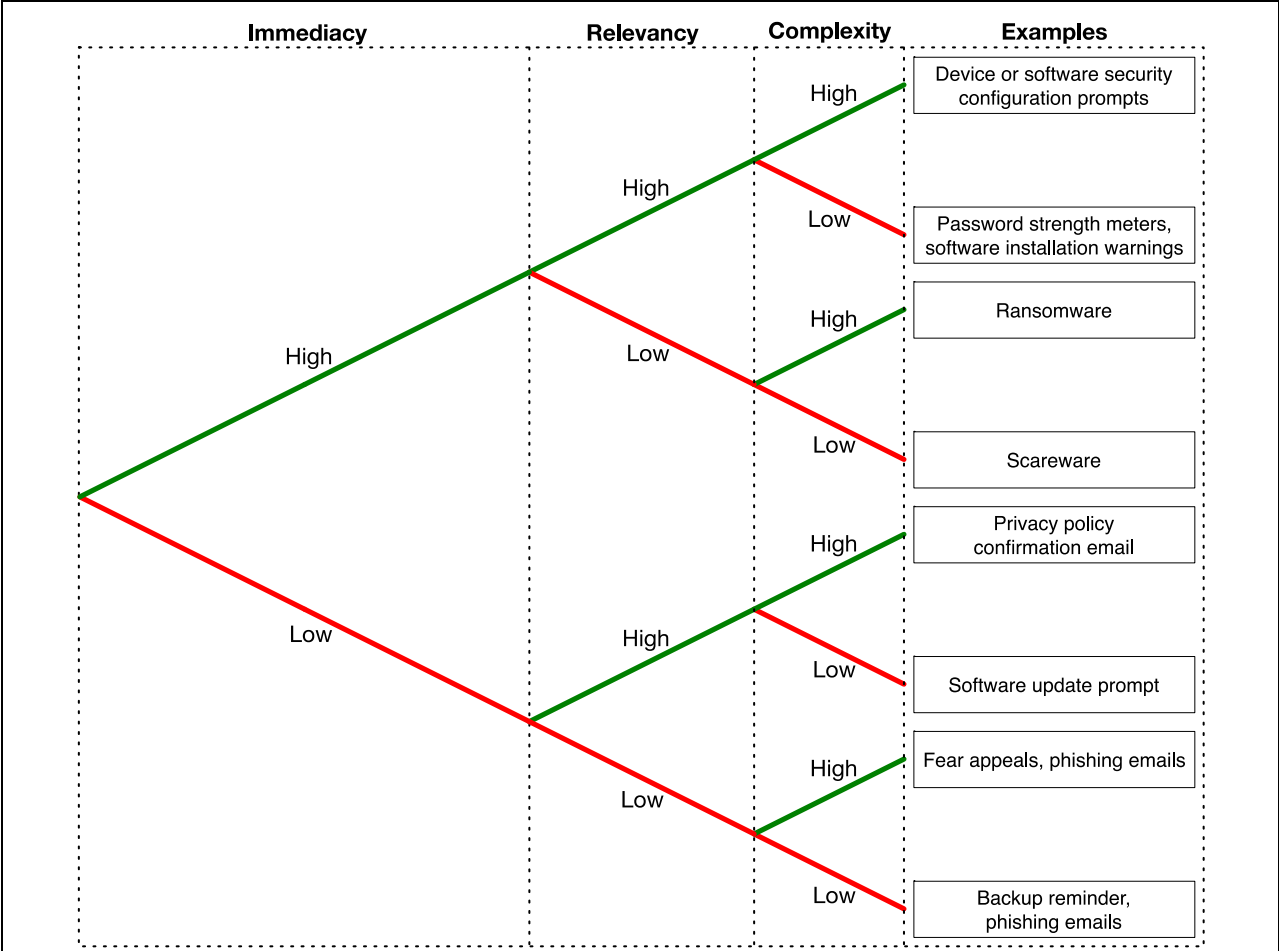


Figure A1. Taxonomy of security messages

## APPENDIX B. LISTING OF ARTICLES IDENTIFIED IN THE LITERATURE REVIEW

| <b>Table B1. Selection of research areas relating to security messages from AIS-6, HCI sources</b> |                                 |   |  |
|--|---------------------------------|---|--|
| <b>Citation</b>  | <b>Outlet</b>                   | <b>Type of security message</b>   | <b>Supported RQs</b>   |
| (Anderson & Agarwal, 2010)   | <i>MIS Quarterly</i>            | Effect of persuasive general public security notices on security intentions and attitudes | Attitudes and beliefs (concern about security threats, response-efficacy, self-efficacy), norms  |
| (Johnston & Warkentin, 2010)   | <i>MIS Quarterly</i>            | Fear appeals encouraging antispyware installation   | Intention-behavior, fear   |
| (Felt <i>et al</i> , 2014)   | <i>CHI</i>                      | SSL warnings  | Fear, attention  |
| (Vaniea <i>et al</i> , 2014)   | <i>CHI</i>                      | Program update (patch) prompts  | Fear, uncertainty, comprehension   |
| (Egelman <i>et al</i> , 2013)  | <i>CHI</i>                      | Password strength meter   | Motivation (encouragement), comprehension  |
| (Lin <i>et al</i> , 2011)  | <i>CHI</i>                      | Phishing security, anti-phishing user interfaces  | Deception detection  |
| (Villamarín-Salomón & Brustoloni, 2010)  | <i>CHI</i>                      | Handling of phishing email messages   | Habituation, motivation (rewards)  |
| (Sankarpandian <i>et al</i> , 2008)  | <i>CHI</i>                      | Application patch process manager   | Comprehension, attention, motivation (persistent security notifications)   |
| (Egelman <i>et al</i> , 2008)  | <i>CHI</i>                      | Phishing warnings   | Habituation, comprehension, attitudes and beliefs (trust in the warning, perceived threat likelihood, threat severity, risk-avoidance) |
| (Kumaraguru <i>et al</i> , 2007)   | <i>CHI</i>                      | Phishing education system   | Deception detection  |
| (Dhamija <i>et al</i> , 2006)  | <i>CHI</i>                      | Browser-based cues and security indicators in a phishing context                          | Attention, comprehension   |
| (Crossler <i>et al</i> , 2013)   | <i>Computers &amp; Security</i> | Fear appeals, interactive security prompts, malware warnings                              | Fear, intention-behavior   |
| (Bravo-Lillo <i>et al</i> , 2013)  | <i>SOUPS</i>                    | Browser plugin installation warning   | Habituation  |

**Table B1. Selection of research areas relating to security messages from AIS-6, HCI sources**

| <b>Citation</b>                          | <b>Outlet</b> | <b>Type of security message</b>                               | <b>Supported RQs</b>  |
|--|---------------|---|---|
| (Felt <i>et al</i> , 2012)               | <i>SOUPS</i>  | Android app installation (malware)                            | Attention, comprehension, technostress, information processing (unawareness)  |
| (Raja <i>et al</i> , 2011)               | <i>SOUPS</i>  | Firewall warnings   | Comprehension   |
| (Maurer <i>et al</i> , 2011)             | <i>SOUPS</i>  | Tool-tip alert dialogs  | Habituation   |
| (Sotirakopoulos <i>et al</i> , 2011)     | <i>SOUPS</i>  | SSL warnings  | Intention-behavior, habituation   |
| (Motiee <i>et al</i> , 2010)             | <i>SOUPS</i>  | Windows UAC, malware  | Attention, comprehension  |
| (Kumaraguru <i>et al</i> , 2009)         | <i>SOUPS</i>  | anti-phishing training  | Deception detection, demographics (gender, age)   |
| (Sheng <i>et al</i> , 2007)              | <i>SOUPS</i>  | Anti-phishing training  | Deception detection   |
| (Brustoloni & Villamarín-Salomón, 2007b) | <i>SOUPS</i>  | Open email attachment dialogs                                 | Habituation, motivation (accountability)  |
| (Wu <i>et al</i> , 2006)                 | <i>SOUPS</i>  | Anti-phishing toolbar   | Attention, deception detection  |
| (Downs <i>et al</i> , 2006)              | <i>SOUPS</i>  | Phishing  | Deception detection   |
| (Good <i>et al</i> , 2005)               | <i>SOUPS</i>  | Installing software with spyware, installation warnings, EULA | Comprehension, fear, attention  |
| (Dhamija & Tygar, 2005)                  | <i>SOUPS</i>  | Phishing browser warnings                                     | Deception detection, technostress, information processing (cognitive demands)   |
| (Conti <i>et al</i> , 2005)              | <i>SOUPS</i>  | Attack vectors against visual intrusion detection systems     | Deception detection, technostress, attitudes and beliefs (trust), information processing (cognitive demands)              |
| (Akhawe & Felt, 2013)                    | <i>USENIX</i> | Browser malware, phishing, and SSL warnings                   | Habituation, attitudes and beliefs (annoyance), technostress, information processing (security messages as interruptions) |

**Table B1. Selection of research areas relating to security messages from AIS-6, HCI sources**

| <b>Citation</b>                | <b>Outlet</b> | <b>Type of security message</b> | <b>Supported RQs</b>   |
|--------------------------------|---------------|---------------------------------|--|
| (Ur <i>et al</i> , 2012)       | <i>USENIX</i> | Password strength meters        | Attention, fear, motivation (encouragement), attitudes and beliefs (annoyance, laziness), technostress, information processing (cognitive demands) |
| (Sunshine <i>et al</i> , 2009) | <i>USENIX</i> | SSL warnings                    | Habituation, comprehension   |

**Table B2. Expanded and reduced lists of extracted research questions from AIS-6 and HCI computer science literature**

| Expanded   |          | Reduced                            |          |
|--|----------|------------------------------------|----------|
| Research Question  | <i>n</i> | Research Question                  | <i>n</i> |
| Comprehension  | 10       | Comprehension                      | 18       |
| Attention  | 7        | Attention/habituation              | 22       |
| Deception detection  | 8        |                                    |          |
| Habituation  | 8        |                                    |          |
| Fear   | 6        | Fear                               | 6        |
| Stress/technostress  | 5        | Stress                             | 5        |
| Intention-behavior   | 3        | Intention-behavior                 | 3        |
| Information processing (cognitive demands)   | 3        | Dual-task interference             | 6        |
| Information processing (security messages as interruptions)                              | 2        |                                    |          |
| Information processing (unawareness)   | 1        |                                    |          |
| Attitudes and beliefs (annoyance)  | 2        | Attitudes and beliefs, motivations | 10       |
| Attitudes and beliefs (laziness)   | 1        |                                    |          |
| Attitudes and beliefs (concern about security threats, response-efficacy, self-efficacy) | 1        |                                    |          |
| Attitudes and beliefs (perceived threat likelihood, threat severity, risk avoidance)     | 1        |                                    |          |
| Attitudes and beliefs (trust)  | 2        |                                    |          |
| Motivation (encouragement)   | 2        |                                    |          |
| Motivation (accountability)  | 1        |                                    |          |
| Motivation (persistent security notifications)   | 1        |                                    |          |
| Motivation (rewards)   | 1        |                                    |          |
| Gender differences   | 1        | Gender differences                 | 1        |
| Norms  | 1        | Norms                              | 1        |
| Uncertainty  | 1        | Uncertainty                        | 1        |

**Table B3. IS security issues and opinions, call for papers, and research agendas**

| <b>Citation</b>                 | <b>Outlet</b>   | <b>Type of paper</b> | <b>Supported RQs of Interest</b>   | <b>Notes</b>  |
|---------------------------------|---|----------------------|--|---|
| (Crossler <i>et al</i> , 2013)  | <i>Computers &amp; Security</i>                           | Research agenda      | Fear, intention-behavior gap, security policy compliance                                 |   |
| (Siponen & Smith, 2014)         | <i>European Journal of Information Systems</i>            | Issues and Opinions  | Intention-behavior gap, insider threat   | Highlights the importance of improving practical relevance for IS security field surveys, suggesting that such improvements can lessen data measurement issues associated with the intention-behavior gap.  |
| (Warkentin & Willison, 2009)    | <i>European Journal of Information Systems</i>            | Issues and Opinions  | Intention-behavior gap, insider threat   | Focus on the insider threat.  |
| (Warkentin & Willison, 2008)    | <i>European Journal of Information Systems</i>            | Special Issue CFP    | Intention-behavior gap, insider threat   | Focus on the insider threat (volitional and accidental security policy violations).   |
| (Warkentin <i>et al</i> , 2014) | <i>Hawaii International Conference on System Sciences</i> | Conference CFP       | Intention-behavior gap, insider threat, security-policy compliance                       |   |
| (Siponen & Smith, 2014)         | <i>ICIS 2014</i>  | Conference CFP       | Insider threat, policy compliance  | Emphasizes the practical importance of research. Behavioral security topics include insider threats (malicious and careless external attacks).  |
| (Tarafdar <i>et al</i> , 2013)  | <i>Information Systems Journal</i>                        | Special Issue CFP    | Technostress, insider threat   |   |
| (Fichman <i>et al</i> , 2014)   | <i>Information Systems Research</i>                       | Special Issue CFP    | Deceptive IT; irresponsible exposure of personal information through use of dangerous IT | Calls for research on the “darker side” of IT for organizations, societies, and individuals. Two relevant topics of interest include “dissemination of information with dangerous applications [...] related to risky personal behavior” and “information technology used for fraud and deception.” |
| (Mahmood <i>et al</i> , 2010)   | <i>MIS Quarterly</i>                                      | Issues and Opinions  | Behavioral security, outsider threat   | Heavy focus on calling for more research about information security attackers.  |
| (Mahmood <i>et al</i> , 2008)   | <i>MIS Quarterly</i>                                      | Special Issue CFP    | Behavioral security  | Security from a management perspective as opposed to technical solutions (behavioral security).   |



**Table B4. NeuroIS issues and opinions and research agendas**

| Citation                   | Outlet   | Literature stream-specific RQ  | Triangulated RQ   | Notes  |
|----------------------------|--|--|---|--|
| (Riedl, 2012)              | <i>ACM SIGMIS Database</i>                                       | Technostress   | Technostress  |  |
| (Loos et al, 2010)         | <i>Business &amp; Information Systems Engineering</i>            | Triangulate objective data with self-report, advance TAM (technostress, dis/engagement, cognitive absorption, etc.), gender differences, evaluate and inform design science (develop human-computer interfacing technology).                         | Intention-behavior gap, technostress, habituation, gender differences         | Habituation RQ supported through focus on user engagement with systems.          |
| (Riedl et al, 2010)        | <i>Communications of the Association for Information Systems</i> | Discussed in the context of studying TAM: cognition (absorption, workload, etc.), affective (enjoyment, anxiety), automatic processing.<br><br>Discussed as general RQs: especially uncertainty, risk, and ambiguity. Trust and distrust. Gender.    | Technostress, fear, habituation, uncertainty, risk, trust, gender differences | Fear through affect emphasis; habituation through automatic processing emphasis. |
| (Dimoka et al, 2011)       | <i>Information Systems Research</i>                              | Intention-behavior (overcome self-report biases), deep emotions  | Intention-behavior gap, fear, attention, uncertainty                          |  |
| (vom Brocke & Liang, 2014) | <i>Journal of Management Information Systems</i>                 | Reduce self-reporting bias (intention-behavior gap), plus all security-relevant topics in special issue: technology acceptance, emotions, trust, stress  | Intention-behavior gap, fear, technostress                                    |  |
| (Dimoka et al, 2012)       | <i>MIS Quarterly</i>   | Collect objective data (intention-behavior gap), deep or hidden emotions such as fear, IS adoption and use (including cognitive overload, anxiety, technostress), habitual systems interaction patterns. Decision making (uncertainty), online trust | Intention-behavior gap, fear, technostress, attention (engagement)            |  |

**Table B5. Support for RQs from NeuroIS issues and opinions and research agendas**

| RQ                    | NeuroIS Supported?                                | Supporting papers (& notes)   | Supporting arguments (summary)   |
|-----------------------|---|---|--|
| Attention/habituation | Yes   | <p>DLPFC, under the “assessing Information and Cognitive Overload” section (Dimoka <i>et al</i>, 2012, p. 685).</p> <p>Attention in Section 1 “Localizing neural correlates of usability” (Dimoka <i>et al</i>, 2011).</p> <p>User engagement: (Loos <i>et al</i>, 2010).</p> <p>Heart rate (frequently EKG) to measure cognitive attention, (Riedl <i>et al</i>, 2010, p. 246).</p> <p>Attention (vom Brocke &amp; Liang, 2014, p. 222).</p> | <p>Attention and habituation can be an unconscious event. Measuring attention via self-report can interfere with the very thing that is being measured—it can break user engagement with the task at hand.</p> |
| Comprehension         | Indirectly supported, via learning to comprehend. | <p>Use fMRI to study neural correlates of deception and eye tracking to study deception detection, and study “how <i>learning</i> [about deception detection] can be achieved in fearful situations, such as phishing websites” (Dimoka <i>et al</i>, 2012, p. 687 (emphasis added)).</p> <p>Localize different types of learning (Dimoka <i>et al</i>, 2011, p. 9)</p>   | <p>Comprehension may not be better measured using non-NeuroIS methods.</p>   |
| Fear                  | Yes   | <p>(Riedl <i>et al</i>, 2010; Dimoka <i>et al</i>, 2012; vom Brocke &amp; Liang, 2014)</p>  | <p>Fear has deep, hidden emotional components that can be uncovered with NeuroIS.</p>  |

**Table B5. Support for RQs from NeuroIS issues and opinions and research agendas**

| RQ                                 | NeuroIS Supported?    | Supporting papers (& notes)  | Supporting arguments (summary)   |
|------------------------------------|-----------------------|--|--|
| Stress                             | Yes, via technostress | (Loos <i>et al</i> , 2010; Riedl <i>et al</i> , 2010; Dimoka <i>et al</i> , 2012; Riedl, 2012; vom Brocke & Liang, 2014)   | Stress (and by inclusion technostress) can be difficult to measure via self-report, due to deep components or participants' inability to answer. |
| Dual-task interference             | Yes                   | “Complex cognitive processes (e.g., cognitive overload)” (Dimoka <i>et al</i> , 2012, p. 680; vom Brocke & Liang, 2014, p. 221)<br><br>Difficult-to-measure latent variables (Dimoka <i>et al</i> , 2011, p. 15) | Dual-task interference can be considered as a latent variable from a complex cognitive process.  |
| Attitudes and beliefs, motivations | Yes                   | “Antecedents of human behavior” (Dimoka <i>et al</i> , 2011; Dimoka <i>et al</i> , 2012; vom Brocke & Liang, 2014)   | NeuroIS is appropriate if measurement of the attitude, belief, or motivation is otherwise subject to bias or occurs at an unconscious level.     |
| Intention-behavior                 | Yes                   | Yes, via the idea of collecting objective, unbiased data (Loos <i>et al</i> , 2010; Dimoka <i>et al</i> , 2011; Dimoka <i>et al</i> , 2012; vom Brocke & Liang, 2014)  | NeuroIS is good for investigating this gap as it captures unbiased data.   |
| Gender differences                 | Yes                   | (Loos <i>et al</i> , 2010; Riedl <i>et al</i> , 2010)  | NeuroIS can uncover differences in brain activity between genders.   |
| Uncertainty                        | Yes                   | Uncertainty and ambiguity (Dimoka <i>et al</i> , 2011)   | Uncertainty and ambiguity may have hidden neurophysiological correlates.   |
| Norms                              | Yes                   | “Antecedents of human behavior” (Dimoka <i>et al</i> , 2011; Dimoka <i>et al</i> , 2012; vom Brocke & Liang, 2014)   | NeuroIS is appropriate as norms may influence an individual's choice unconsciously, or to the degree that self-reports would be biased.          |