



2008

Who Moved My Cheese? for Teens: An Amazing Way to Change and Win!

Larysa Bordner

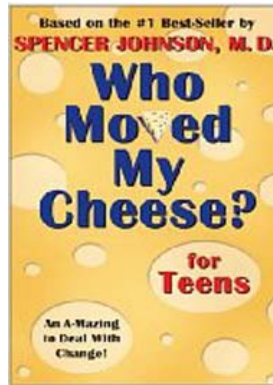
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Johnson, Spencer. *Who Moved My Cheese? for Teens: An Amazing Way to Change and Win!*. G. P. Putnam's Sons, 2002. ISBN 9780399240071. \$19.95. 96 p.

Reviewer: Larysa Bordner

Reading Level: Young Adult

Rating: Dependable

Genre: Informational books;

Subject: Change (Psychology)--Juvenile literature; Teenagers--Juvenile literature; Conduct of life--Juvenile literature; Books-- Reviews;

Who Moved My Cheese? for Teens is a story within a story. It begins with a group of high school students complaining about a big change that is happening in their school. One boy shares a parable he heard from his uncle about dealing with change. Sniff and Scurry are two mice that live in a maze with two little people named Hem and Haw. Their four lives are centered on finding cheese. One day, they find a huge store of cheese and eat it without a second thought for a long time, until it suddenly disappears. Sniff and Scurry quickly get out and start searching for new cheese. It takes the little people much longer to admit that they need to face the change, but eventually Hem joins Sniff and Scurry at a new, superior center of cheese. After listening to the parable, the high school students discuss what characters they relate to and why. They also talk about practical ways to apply the story and face change with a better attitude.

Johnson presents an interesting parable. The way that the story is presented from the high school students' point of view shows a realistic application. There are helpful quotes about change that can be used as quick references. The cheese story may seem ridiculous to some, but if the reader can analysis and apply it to a real life situation, it is an entertaining way to think about significant changes that are a part of life.

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