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# All Made Up: A Girl's Guide to Seeing through Celebrity Hype

Kate Reynolds

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Brashich, Audrey D. *All Made Up: A Girl's Guide to Seeing through Celebrity Hype*. Illustrated by Shawn Banner. Walker, 2006. ISBN 0802780741. \$9.95. 160 p.

Reviewer: Kate Reynolds

Reading Level: Intermediate, Young Adult

Rating: Excellent

Genre: Informational books

Subject: Girls in popular culture--Juvenile literature; Self-perception in adolescence--Juvenile literature; Beauty, Personal--Juvenile literature; Books--Reviews;

Former model and teen magazine editor, Brashich attacks society's obsession with celebrities and the unhealthy, unrealistic bodies they have. Starting with a confession of her own history of buying in to all the hype, Brashich adds a realistic view of the media frenzy surrounding celebrities, as well as commentary about teenage self-esteem and worthier role models. Each chapter ends with thought provoking questions about media beauty and self-perception that the author invites people to answer and to comment about on her blog.

Written in informal prose and with Banner's cartoons adding a little splash, this book offers ideas, confidence boosters, reality checks, and common sense. *All Made Up* is a must for any home with pre-teen and teenage girls, as well as for middle and high school libraries.