



2005

Food for Thought: The Complete Book of Concepts for Growing

Rita Christensen

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Freyman, Saxton. *Food for Thought: The Complete Book of Concepts for Growing*. Illustrated by Saxton Freyman. Arthur A. Levine Books, 2005. ISBN 0439110181. \$14.95. 61 pp.

Reviewer: Rita Christensen

Reading Level: Toddler, Preschool, Primary

Rating: Outstanding

Genre: Informational books;

Subject: Shapes--Juvenile literature; Colors--Juvenile literature; Counting--Juvenile literature; Fruit carving--Juvenile literature; Vegetables carving--Juvenile literature; Books--Reviews;

Food for Thought is a creative book that will amaze both children and adults. Various fruits and vegetables are artistically sculpted and juxtaposed to create silly, interesting, emotional, and color-saturated photo illustrations. The scenes introduce young children to a variety of concepts: shapes, colors, numbers, letters, and opposites. The characterization in the fruits and vegetables is mind-boggling; the shouting orange is startling, the happy tomato hippos are darling, and the strawberry dogs in love are sentimentally sweet. At the same time, Freyman exposes the reader to various foods and presents creative ideas on how to make veggie scenes at home. This multi-level learning book is printed in a large-format on durable paper.