



2005

# Food for Thought: The Complete Book of Concepts for Growing

Rita Christensen

Follow this and additional works at: <https://scholarsarchive.byu.edu/cbmr>

### BYU ScholarsArchive Citation

Christensen, Rita (2005) "Food for Thought: The Complete Book of Concepts for Growing," *Children's Book and Media Review*: Vol. 26 : Iss. 4 , Article 3.

Available at: <https://scholarsarchive.byu.edu/cbmr/vol26/iss4/3>

This Book Review is brought to you for free and open access by the All Journals at BYU ScholarsArchive. It has been accepted for inclusion in Children's Book and Media Review by an authorized editor of BYU ScholarsArchive. For more information, please contact [scholarsarchive@byu.edu](mailto:scholarsarchive@byu.edu), [ellen\\_amatangelo@byu.edu](mailto:ellen_amatangelo@byu.edu).

Freymann, Saxton. *Food for Thought: The Complete Book of Concepts for Growing*. Illustrated by Saxton Freyermann. Arthur A. Levine Books, 2005. ISBN 0439110181. \$14.95. 61 pp.

Reviewer: Rita Christensen

Reading Level: Toddler, Preschool, Primary

Rating: Outstanding

Genre: Informational books;

Subject: Shapes--Juvenile literature; Colors--Juvenile literature; Counting--Juvenile literature; Fruit carving--Juvenile literature; Vegetables carving--Juvenile literature; Books--Reviews;

*Food for Thought* is a creative book that will amaze both children and adults. Various fruits and vegetables are artistically sculpted and juxtaposed to create silly, interesting, emotional, and color-saturated photo illustrations. The scenes introduce young children to a variety of concepts: shapes, colors, numbers, letters, and opposites. The characterization in the fruits and vegetables is mind-boggling; the shouting orange is startling, the happy tomato hippos are darling, and the strawberry dogs in love are sentimentally sweet. At the same time, Freyermann exposes the reader to various foods and presents creative ideas on how to make veggie scenes at home. This multi-level learning book is printed in a large-format on durable paper.