



1979

Simple Psychoanalysis

Henrik Nordbrandt

Nadia Christensen, translator

Follow this and additional works at: <https://scholarsarchive.byu.edu/thebridge>



Part of the [European History Commons](#), [European Languages and Societies Commons](#), and the [Regional Sociology Commons](#)

Recommended Citation

Nordbrandt, Henrik and Christensen,, Nadia translator (1979) "Simple Psychoanalysis," *The Bridge*: Vol. 1: No. 3, Article 9.

Available at: <https://scholarsarchive.byu.edu/thebridge/vol1/iss3/9>

This Article is brought to you for free and open access by the Journals at BYU ScholarsArchive. It has been accepted for inclusion in The Bridge by an authorized editor of BYU ScholarsArchive. For more information, please contact ellen_amatangelo@byu.edu.

Simple Psychoanalysis

By Henrik Nordbrandt

Especially the ordinary things about the day
make the day especially depressing.
It's quite ordinary. Especially
in autumn. The autumn afternoon

keeps even thoughts of suicide
and dreams of distant exotic places
from being taken seriously.
Which doesn't mean they're fun.

It feels as impossible to die here
as to live. Ghosts would be
ridiculed and laughter ring empty
as fallen empires. So what is there

to say? Let me just add:
This is quite ordinary. Especially
in autumn. The autumn afternoon
makes depression especially commonplace

especially the commonplace about depression.

Translated from Danish by
Nadia Christensen

©Nadia Christensen - 1979

Nadia Christensen is the editor of The Scandinavian Review. She writes that Hendrik Nordbrandt is in her estimation one of the finest poets writing in Denmark today. Born in 1945, he has already published nine volumes of poetry and has been recipient of various literary prizes. These two poems are translations from ISTID, Nordbrandt's most recent book of poetry.