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# Sustainability indicators for river water quality management in urban areas

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**Abstract:** In developed countries, the main problem of water management is the incompatibility between the average water quality, on the one hand, and the needs for ecosystem protection and the desirable water use or uses (i.e. recreation, water supply, agriculture, etc.), on the other. To achieve qualitative levels compatible with these two objectives, engineering controls are devised; such water quality criteria are often expressed by acceptable values of the parameters which represent health condition for the ecosystem. This is also taken into account in European and National legislations. These parameters could be easily linked to the concept of *sustainability*. Sustainable water management is a multidimensional approach to the issue of interdependency between the natural, social and economic variables that play a part in different water uses. In the analysis of sustainability of river water quality in urban areas a key point is represented by the adoption of suitable indicators. This paper suggests an integration between the outputs from river water quality models and the sustainability concept. Thus, after a presentation of five widely applied water quality models, sustainability indicators for river water quality in urban areas are discussed pointing out both their strengths and limitations. Finally, a list of suitable indicators to be applied in sustainability case-studies is proposed.

**Keywords:** water quality; sustainability; river water quality models; urban areas; sustainability indicators.

## 1 INTRODUCTION

*Environmental Fluid Mechanics* (EFM) is the scientific study of naturally occurring fluid flows of air and water on our planet Earth, especially of those flows that affect the environmental quality of air and water [Cushman-Roisin et al. 2008], with scales of relevance, which are ranged (i) spatially from millimeters to kilometres, and (ii) temporally from seconds to years. So the EFM must be distinguished from both classical fluid mechanics and hydraulics. Moreover, EFM is aimed at prediction and decision. Indeed, typical problems in EFM concern the prediction of environmental-quality parameters on different scales ranged from (i) short to long term (temporal) and (ii) small to large (spatial) that depend on natural fluid flows, such as bedload transports, pollution levels and climate change. So EFM deals with several different and complex processes, that are basically transport and transformation processes, such as advection, molecular and turbulent diffusion, and physical, chemical and biological transformation phenomena.

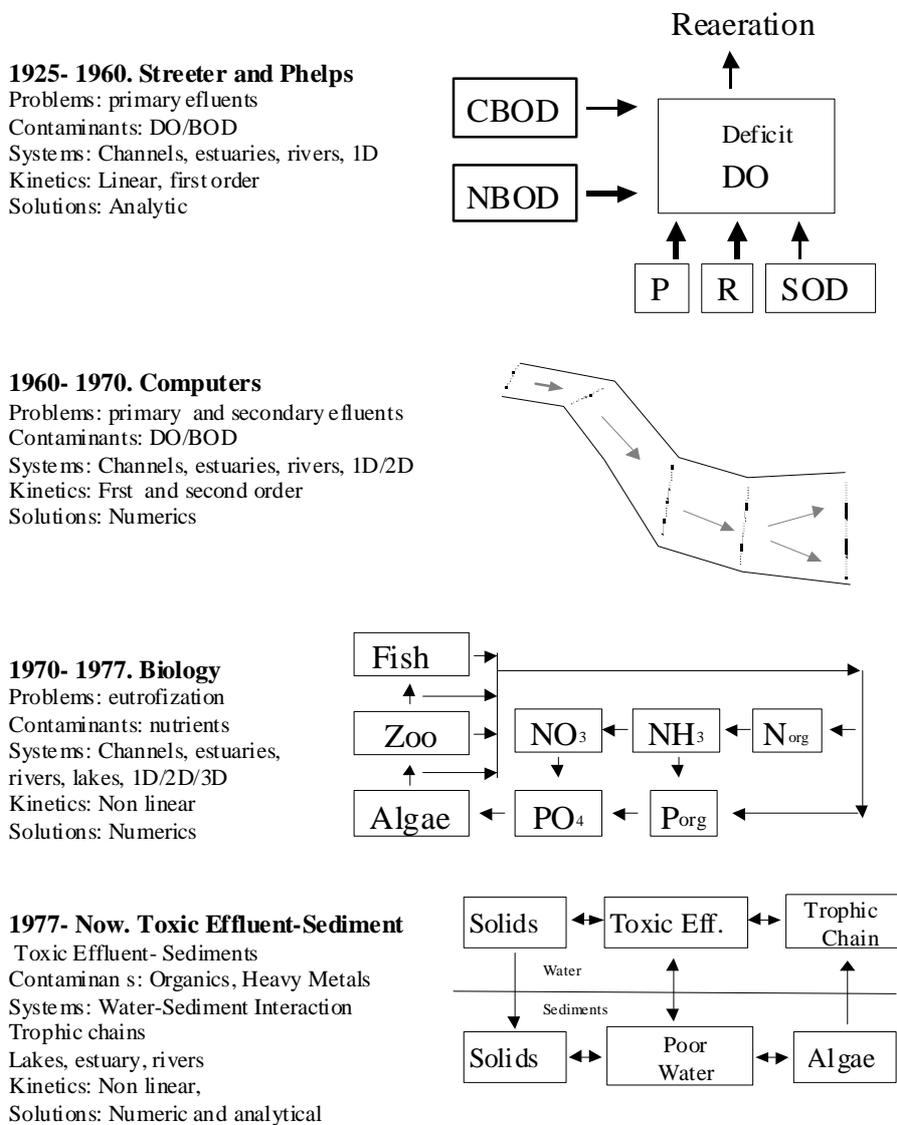
In water systems, the study of the above EFM processes is aimed to gain a better knowledge about how the introduction of pollutants of different kind and nature in a water body will produce the ultimate levels of quality in the aquatic environment. In fact, in developed countries, the main problem of water management is the incompatibility between the average water quality, on the one hand, and the needs for ecosystem protection and the desirable water use or uses (i.e. recreation, water

47 supply, agriculture, etc.), on the other. To achieve qualitative levels compatible with  
48 these two objectives, engineering controls are devised; such water quality criteria  
49 are often expressed by acceptable values of the parameters which represent health  
50 condition for the ecosystem. This is also taken into account in European and  
51 National legislations. The EC-Water Framework Directive [WFD 2000, 2008] has  
52 the objective of an integrated catchment-oriented water quality protection for all  
53 European waters with the purpose of attaining a good quality status by the year  
54 2015. The water quality evaluation for surface waters shall rely mainly on biological  
55 parameters (such as flora and fauna) – however, aided by hydromorphological  
56 (such as flow and substrate conditions) and physico-chemical quality components  
57 (such as temperature, dissolved oxygen or nutrient conditions) – and on specific  
58 pollutants (such as metals or synthetic organic compounds). A good chemical  
59 quality status is provided when the environmental quality standards are met for all  
60 pollutants or pollutant groups. A significant aspect of the EC water policy is the  
61 *combined approach*, i.e. both limitations on pollutant releases at the source due to  
62 promulgation of *emission limit values* (ELVs) as well as the establishment of  
63 *environmental quality standards* (EQSs). Releases of pollutants, especially from  
64 point sources, must meet both requirements. For most European member  
65 countries this policy introduced a considerable deviation from current water quality  
66 management practice by which the releases of pollutants has been controlled by  
67 either one of these two control mechanisms, but usually not their combination. The  
68 issue of ELVs and, especially, EQSs in natural water systems could be easily  
69 related to the concept of *sustainability*. This concept is at the core of the water  
70 management model that the WFD puts forward. Sustainable water management is  
71 a multidimensional approach to the issue of interdependency between the natural,  
72 social and economic variables that play a part in different water uses [Menciò et al.  
73 2010]. In the analysis of sustainability of river water quality in urban areas a key  
74 point is represented by the adoption of suitable indicators. They should be also  
75 related to the predictions obtained from river water quality models that simulate, in  
76 quantitative and qualitative form, cause-effect relationships between pollutants  
77 sources and water quality. These models are also as tools in the management of  
78 river water quality.  
79 This paper suggests an integration between water quality models and the  
80 sustainability concept. Thus, five widely applied water quality models are presented  
81 and considered under the point of view of their complexity. Second, the application  
82 of sustainability concept to river water quality management is discussed. Finally, a  
83 list of suitable indicators to be applied in sustainability case-studies is proposed.

## 84 **2 RIVER WATER QUALITY MODELS. A SHORT REVIEW**

85 Nowadays the analysis of water quality issues is very often carried out using water  
86 quality models. They are simulating the movement of precipitation and pollutants  
87 from the ground surface through pipe and channel networks, storage treatment  
88 units and finally to receiving waters. In doing that, they are able to represent the  
89 interaction between pollutants and aquatic environment due to transport and  
90 transformations and ultimately can be used to better understand pollution  
91 phenomena and to choose among different, alternative management strategies.  
92 The different complex physical, chemical and biological phenomena simulated by a  
93 water quality model are related to the characteristics of the pollutants taken into  
94 consideration; particularly, toxic substances differ from conventional pollutants in  
95 that they are partitioned into two different forms, dissolved and particulate, i.e.  
96 associated with solid matter in the water column and in the bed sediments [Chapra  
97 1997]. This distinction has an impact on toxicant transport and fate in the sense  
98 that certain removal mechanisms act selectively on one or the other of the two  
99 forms; in fact, particulate fraction may be exchanged between water column and  
100 sediments through settling, resuspension and burial processes, while dissolved  
101 fraction could be subjected to volatilization and diffusion [Gualtieri 1999].  
102 In the analysis of conventional pollution, dissolved oxygen (DO) has been  
103 recognized since long time as a key-parameter, which could be used to  
104 comprehensively represent the health condition for the ecosystem. Hence, DO

105 analysis is, historically, the first water quality problem which has been studied by  
 106 mean of mathematical models; Streeter-Phelps equation in 1925 could be  
 107 considered as an attempt to model in simplified conditions DO profile in a river.  
 108 Later on, the modeling efforts have been refined to gain insight into kinetic  
 109 processes and has been developed to encompass different and more complex  
 110 hydrodynamic, environmental and loading conditions. However, in general, a  
 111 modeling approach starts from the analysis of the main components of DO mass  
 112 balance, i.e. sources and sinks, such as atmospheric reaeration, oxidation of  
 113 carbonaceous and nitrogenous waste material (BOD), photosynthetic oxygen  
 114 production and respiration of aquatic plants and sediments oxygen demand (SOD).  
 115 Each one of these phenomena can be expressed through a different kinetic  
 116 equation. Therefore, most DO models are based on DO mass balance equations  
 117 for each of the control volumes that together represent the physical configuration of  
 118 the water body being modeled; each equation contains all the sinks and sources  
 119 processes kinetic expressions. These equations are then solved in order to provide  
 120 DO concentrations in each control volume. Fig. 1 presents the historical evolution of  
 121 water quality models.



122

123

Figure 1. DO Models evolution. Adapted from Chapra, 2006.

124

125

Several water quality models have been proposed in the literature [Chapra 1997, Cox 2003, Kannel et al. 2011]. Some of these have been produced for commercial

126 purposes and are running under license, while others are of public domain. In this  
127 Section, five widely used and mostly freely available water quality models, namely  
128 QUAL2EU, QUAL2Kw, WASP7, EPD-RIV1 and RMA-11, will be considered and  
129 their potential for use in applications will be presented.

130 The QUAL2E [Brown and Barnwell 1987] is public domain model for conventional  
131 pollutants in branching streams and well-mixed lakes. The QUAL2E is the result of  
132 a historical development of DO, nitrogen (N) and phosphorus (P) models [Rauch et  
133 al 1998] since the classical Streeter and Phelps model and it was first released in  
134 1985 by the United States Environmental Protection Agency (USEPA) and  
135 subsequently improved. The QUAL2E model is a 1D, steady-state model of in-  
136 stream flow and water-quality. It simulates DO and (up to 15) associated water  
137 quality determinants along a river and its tributaries. As a steady-state model, it is  
138 limited to periods when the stream flows and any discharges are essentially  
139 constant. However, the model is able to account for the effects of meteorological  
140 diurnal variations (e.g. radiation) on certain water-quality determinants such as DO  
141 and temperature. After the addition of an option allowing uncertainty analysis  
142 (sensitivity analysis, first-order error analysis, and Monte Carlo simulation) and  
143 some enhancements, the model was renamed QUAL2EU. QUAL2EU has been  
144 extensively applied in several countries [Barnwell et al. 2004].

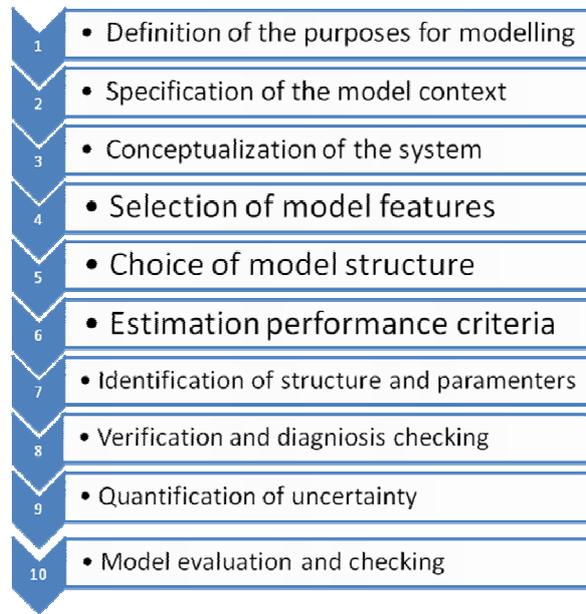
145 Recognizing several limitations of the QUAL2E/QUAL2EU, Park and Lee [2002]  
146 and Pelletier and Chapra [2006] developed an enhanced version, QUAL2K and  
147 QUAL2Kw, respectively. The QUAL2Kw included several changes both the reaction  
148 kinetics and in the simulated processes. Sediment-water fluxes of dissolved oxygen  
149 and nutrients as well as water exchange between surface water column and  
150 hyporheic zone and sediment pore-water quality are simulated. It also includes a  
151 genetic algorithm to automatically calibrate the kinetic rate parameters.

152 The WASP7.5 [Ambrose and Wool 2009] is an enhancement of the original WASP  
153 [DiToro et al. 1983]. It is a dynamic compartment-modeling program for aquatic  
154 systems, including both the water column and the underlying benthos. The time-  
155 varying processes of advection, dispersion, point and diffuse mass loading and  
156 boundary exchange are represented in the basic program. WASP7 allows the user  
157 to investigate 1, 2, and 3 dimensional systems, and a variety of pollutant types. It  
158 can be used to analyze a variety of water quality problems in such diverse water  
159 bodies as ponds, streams, lakes, reservoirs, rivers, estuaries, and coastal waters.  
160 WASP also can be linked with hydrodynamic and sediment transport, such as  
161 DYNHYD and EFCD (Environmental Fluid Dynamics Code) models that can  
162 provide flows, depths velocities, temperature, salinity and sediment fluxes. WASP  
163 includes two sub-models, EUTRO and TOXI, which can be used to simulate two of  
164 the major classes of water quality problems: conventional pollution (involving DO,  
165 BOD, nutrients and eutrophication) with EUTRO and toxic pollution (involving  
166 organic chemicals, metals, and sediment) with TOXI.

167 The EPD-RIV1 is a system of programs based upon the CE-QUAL-RIV1 model  
168 developed by the U.S. Army Engineers Waterways Experiment Station (WES) and  
169 developed for the Georgia Department of Natural Resources and USEPA, Region  
170 IV. EPD-RIV1 is a one-dimensional (cross-sectionally averaged) hydrodynamic and  
171 water quality model. It consists of two parts, a hydrodynamic code (EPDRiv1H)  
172 which is typically applied first, and a water quality code (EPDRiv1Q), which uses the  
173 results of the hydrodynamic code. It may perform waste load allocations in complex  
174 systems incorporating wastewater discharges, tributary inflows, water withdrawals,  
175 and power plant heat load. The water quality code can simulate the interactions of  
176 16 state variables, including water temperature, nitrogen species (or nitrogenous  
177 biochemical oxygen demand), phosphorus species, DO, carbonaceous oxygen  
178 demand (two types), algae, iron, manganese, coliform bacteria and two arbitrary  
179 constituents. In addition, the model can simulate the impacts of macrophytes on  
180 dissolved oxygen and nutrient cycling. The model was designed for the simulation  
181 of dynamic conditions in rivers and streams for the purpose of analyzing existing  
182 conditions and performing waste load allocations, including allocations of Total  
183 Maximum Daily Loads (TMDLs).

184 RMA-11 is a finite element water quality model for simulation of three-dimensional  
185 estuaries, bays, lakes and rivers. It is also capable of simulating one and two  
186 dimensional approximations to systems either separately or in combined form. It is  
187 designed to accept input of velocities and depths calculated with hydrodynamic

188 models to be applied in the solution of the advection diffusion constituent transport  
189 equations. Additional terms for each constituent represent source or sinks and  
190 growth or decay. The model operates independently of the time steps in the  
191 hydrodynamic model, input velocities and depths are automatically interpolated.  
192 RMA-11 could simulate 15 state variables, such as DO, BOD, nitrogen species  
193 (Org-N, NH<sub>3</sub>, NO<sub>2</sub>, NO<sub>3</sub>), phosphorus species (Org-P and PO<sub>4</sub>), algae as  
194 Chlorophyll a, Temperature, Cohesive and non-cohesive suspended sediments,  
195 salinity, coliform and up to 5 arbitrary non-conservative constituents.



196

197

Figure 2. The ten-steps approach [Jakeman et al. 2006]

198 The issue to suggest guidelines for model development and evaluation for a wide  
199 range of model types was addressed by Jakeman et al. [2006], while more recently  
200 Blocken and Gualtieri [2012] proposed an application of the ten-steps approach to  
201 computation fluid dynamics (CFD) methods for EFM. This approach may be also  
202 applied to water quality models, which share basic equations, typically conservation  
203 law for mass, both for the fluid and the water quality variables, momentum and  
204 energy, with CFD models.

205 Two steps of the above approach will be shortly discussed here in the context of  
206 the above water quality models. The first one is *Specification of the modeling*  
207 *context: scope and resources*, where the specific questions and issues to be  
208 addressed by the model are identified, as well as the available resources, the  
209 forcing variables (drivers), the required outputs, the spatial and temporal scope,  
210 scale and resolution, the model flexibility and the users of the model. The second is  
211 *Conceptualization of the system, specification of data and other prior knowledge*,  
212 which refers to the definition of the data, prior knowledge and assumptions of the  
213 processes, based on the prior identification of model purposes. These steps  
214 suggest to consider the five above water quality models under the point of view of  
215 their level of complexity and their requirement of input data. Which level of  
216 complexity is required in a model aimed at the simulation of water quality in a river ?  
217 It is very likely that a model considering several physical processes affecting water  
218 quality involves a high number of data, whereas a model which includes only basic  
219 processes needs a limited number of data. Hence, the complexity of any model  
220 should be consistent with the quality and quantity of data available for its  
221 application. Furthermore, the financial cost of these models must also be  
222 considered. Coming back to the five considered water quality models, i.e.  
223 QUAL2EU, QUAL2Kw, WASP7, EPD-RIV1 and RMA-11, the QUAL2EU has been  
224 widely applied but it has lack of provision for conversion of algal death to CBOD  
225 being inappropriate where macrophytes play an important role on DO balance.

226 QUAL2Kw has an higher level of complexity as it includes automatic calibration  
227 system and new constituent interactions, such as algal BOD, denitrification, DO  
228 change caused by fixed plants, hyporheic exchange and sediment pore-water  
229 quality. WASP 7.5 requires a large amount of data but it allows the simulation of  
230 toxic pollution. EPD-RIV1 has the limitation of one-dimensional hydrodynamics  
231 simulation but it allows the simulation of a large number of water quality  
232 parameters, while RMA-11 it is fully three-dimensional but requires to be linked to a  
233 hydrodynamics model for the transport input data and it is not of public domain.  
234 After all, it might be a useless exercise to try to identify the best water quality  
235 models, but the choice of a model depends also upon time, cost and requirements  
236 of the specific application, that is on the *Specification of the modeling context*.

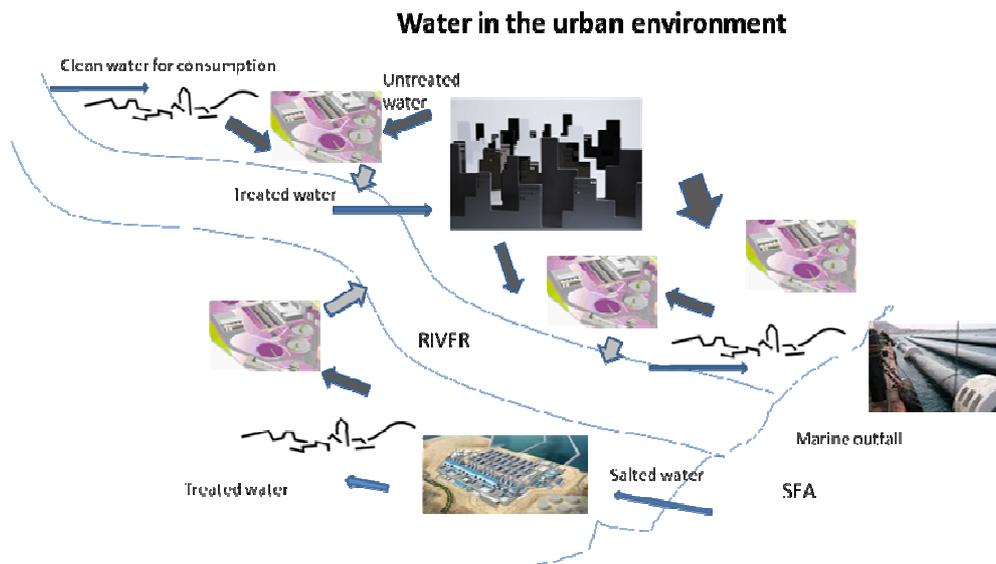
### 237 **3 SUSTAINABILITY INDICATORS FOR RIVER WATER QUALITY IN** 238 **URBAN AREAS. A PROPOSAL**

239 It is important to relate the traditional conceptualization of the water quality model  
240 with a more wide term of sustainability indicator proposal. For many years, a limited  
241 number of key measures have been used to judge how systems are performing, i.e.  
242 in economy: level of employment, rate of inflation, balance of payments, public  
243 sector borrowing, etc. These key numbers are Indicators of how well (or bad) the  
244 system is doing. Indicators are then quantified information which help us to explain  
245 how things are behaving. The variation of these indicators along time will inform  
246 modelers about how the key parameters of the system are changing. These  
247 information will give an overall picture of the performance of the system, but they  
248 must be quantified and compared to standard in order to assess the whole  
249 performance. Reliable indicators will alert the modeler about a problem before it  
250 gets too bad and they help managers to recognize what needs to be done to fix the  
251 problem.

252 In terms of sustainability, indicators are mainly related to natural resources; and  
253 they involve quite complicated assessment. Air quality, water quality and materials  
254 used for production have an effect on health and also on economics profits: if a  
255 process requires clean water as an input, previous water depuration is an extra  
256 expense, which reduces profits; and involves energy incomes and can have health  
257 consequences if it fails. Thus, sustainability requires this type of integrated view of  
258 the world: multidimensional indicators will be defined linking a community's  
259 economy, environment, and society. Also, sustainability indicators have basic  
260 functions of: simplification, quantification, and communication. All these functions  
261 must be represented in simple expressions. This is a difficult task, especially when  
262 dealing with urban waters, in which many agents are implicated. Particularly,  
263 sustainability indicators for river water quality modeling in urban areas will be  
264 related to sustain and improve water quality and the aquatic urban environment.  
265 Other aspects observed will be the management of the discharge of waste water,  
266 the instruments to control pollution, to ensure adequate water resources of  
267 sufficient quality available for abstraction for treatment as drinking water, and the  
268 elements which facilitate the recreational use of water where appropriate in the city.  
269 The only way to quantify these key aspects include chemical and biological ratios of  
270 freshwater quality: concentrations of important pollutants, water pollution incidents,  
271 and expenditure on water supply and treatment. A list of indicators that could be  
272 proposed in this sense is:

- 273 • Dissolved Oxygen (mg/L);
- 274 • BOD (mg/m<sup>3</sup>);
- 275 • COD (mg/m<sup>3</sup>);
- 276 • Ammonia – Nitrite – Nitrate concentration (mg/L);
- 277 • Phosphorous – Nutrients (mg/L);
- 278 • Pesticides (mg/m<sup>3</sup>);
- 279 • Metals (mg/m<sup>3</sup>);
- 280 • Algae presence (mg/m<sup>3</sup>);
- 281 • Pollution incidents (Number of incidents/year/inhabitants);
- 282 • Expenditure on water treated in cities for reuse and Amount of treated water for

283 reuses (Cost/inhabitant or  $m^3/inhabitant$ );  
284 • Expenditure on sewage treatment, Amount of sewage water, and Water treated  
285 per inhabitant (Cost/inhabitant or  $m^3/inhabitant$ );  
286 • Presence of marine outfall. Wastewater thrown to the sea ( $m^3/inhabitant$ );  
287 • Energy used in pumping/treating water in the city ( $Kw/m^3/inhabitant$ );  
288 • Rate of drinking water supplied/waste water treated ( $m^3/m^3$ ).  
289 Some of these indicators are related to modelling because the concentrations can  
290 be calculated or even measured by the modellers. Nevertheless, the  
291 interdisciplinary character of the sustainability indicators take other implications:  
292 more social or economical determinations must be considered and the traditional  
293 models are not suitable to be used as a complete tool for evaluation of  
294 sustainability in the city. As presented in Figure 3, water has a deep cycle in the  
295 urban environment and many economic and social agents are involved.



296  
297

Figure 3. Water in the urban environment

#### 298 4 CONCLUSIONS

299 Sustainability is a wide concept but necessary to be applied nowadays in all the  
300 processes involving resources wasting. One of the more important of these  
301 processes is the water cycle in the cities, where water quality issues are very  
302 frequent. River and sea water have many implications in this urban context from the  
303 primary moment of treatment, in river, bell or sea water, till the last moment of  
304 disposal as treated water; again in river or sea. Even the reuse of water is a  
305 possibility that must be considered within the whole management options in the  
306 urban environment towards sustainability.  
307 The paper presented a short review of existing water quality models to be also  
308 applied in river management. First this review suggested that the specification of  
309 the modeling context and the conceptualization of the system allow to consider  
310 these models under the point of view of their level of complexity and their  
311 requirement of input data. Second, it was stressed that the approach to urban river  
312 management based on water quality models should evolve into one considering the  
313 concept of sustainability which involves a number of new issues and processes to  
314 be considered. However, despite urban development involves a large knowledge of  
315 all the technical, social, economical and environmental aspects of water  
316 management, a comprehensive model for sustainability of river water quality is  
317 currently missing. Hence, a list of potential, despite not exhaustive, indicators of  
318 sustainability was finally proposed.

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