

#### Intuition: The BYU Undergraduate Journal of Psychology

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#### **Front Matter**

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# INTUITION

BYU Undergraduate Journal of Psychology

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The purpose of *Intuition* is to highlight undergraduate work and to give students exposure to academic publishing. While our hope is to always publish high-quality work, the articles in this journal did not receive the rigorous peer review that would be required for publication in a peer-reviewed scholarly journal and should not be cited in peer-reviewed journals.

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## **Cover Artist**



Joshua Doxey is a recent psychology graduate from BYU. Having a passion for mental and emotional health, he enjoyed his involvement in the major. He has found the arts to be a way to connect emotional feelings of the soul with physical sensations of the body. Many psychological topics are physically intangible or somewhat seemingly abstract, yet plenty of research would suggest that there is a reality experienced. Joshua plans to create countless oil paintings to express some of the complex realities that may appear invisible to the physical human eye. He does this by aiming to connect abstraction with realism.

## **Note From The Editor**

Dear Readers,

When I was young, I loved reading about different people, cultures, and traditions so much that I constantly sought out literature that could teach me more about my fellow humans. As I grew older, I began to appreciate the sciences for similar reasons—knowledge about how the world around me works helped me make connections about things I, and others, experience. When I discovered that psychology is a science which joins diversity of personhood with scientific exploration, I was hooked. I think many of you who are reading this journal feel the same.

*Intuition* has gone through some changes. Over the past seven months, we had a complete staff turnover and combed through well over a hundred manuscript submissions. This volume is a product of research, discovery, and thousands of collective hours. We chose only the best of the best submissions to present to you, our readers. Each article in this publication is notable in its own way.

In these pages, you'll find articles about depression, autism, eating disorders, trauma, religion, lying, bullying, holistic advancements, and professional areas such as school psychology. Our authors have worked tirelessly to present something novel, something hopeful, something helpful to each of you.

A journal like this relies on the hard work of many people. I would like to thank the many editors who have jumped into the editing process with optimism, resilience, and skill. Psychology faculty have been invaluable to our many content reviews. Megan Boswell, our typesetter, has helped us achieve a notable product. Joshua Doxey, our remarkable cover artist, has graciously shared his talents with us. Dr. Dawson Hedges, our faculty advisor, has guided us with flexibility and support. And most of all, Haylee E. Burnett has worked tirelessly as assistant editor-in-chief to boost the processes of this journal, tackling banal and arduous tasks with extraordinary aplomb.

You, our readers, are important. You make a difference as individuals and because you are willing to learn from your fellow scholars. I hope we

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can continue to work toward love, inclusivity, and understanding our fellow humans. Learn something just for fun. Take a moment to listen to someone you don't like. Appreciate the abilities you have. You—yes, you—have an important purpose. Thank you for being here with us.

Eselon

Elise Johnson

Editor-in-Chief

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