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INTUITION

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The purpose of *Intuition* is to highlight undergraduate work and to give students exposure to academic publishing. And while our hope is to always publish high-quality work, the articles in this journal did not receive the rigorous peer review that would be required for publication in a peer-reviewed scholarly journal and should not be cited in peer-reviewed journals.

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Notes From The Editor

When the COVID-19 pandemic forced BYU classes to move online in winter semester of 2020, it seemed to be a foreshadowing for the difficulties our journal was about to go through. We were already behind schedule and the virus just made things worse. In the months following, we had a change in editor-in-chief, a complete staff turnover, made major changes to our capstone class, went through two new faculty advisors, redesigned our publishing process, lost and gained several typesetters, and redesigned our submission process. All this change slowed us down and tested the determination of our little team of volunteer editors. Now, here we are, having finally publishing after 18-months without publication. I draw attention to our difficulties in publishing to emphasize the grit of our volunteers, capstone students, and authors. Through our difficulties, we have become a stronger team, made our publication process faster than ever before, and somehow managed to publish in a pandemic.

Like us, I invite you to ponder on how the past few months have both torn you down and built you up. As you read through this journal, contemplate how you can apply these papers to your own life. Perhaps you could read “Exposure to Nature: An Underutilized Component of Student Mental Health” by Jeremy Bekker and think about how you can deal with “COVID stress” using the outdoors. Or read “Empathy and Fairness in Nonhuman Primates: Evolutionary Bases of Human Morality” by Colt Halter or “Assessing the Health Effects of Police Violence on Black Communities in America: A

Literature Review” by Darian Hannig while pondering how these affect your view on the social and political unrest the past months. Perhaps you could think about your relationship with perfectionism as you read “Socially Prescribed Perfectionism: A Threat to University Students’ Success” by Kelsie J. Richards. I hope all of these articles in our journal provide you with inspiration, application, and renewed hope.

With publication finally upon us, I would like to thank the dozens of editors that have helped with this journal, Bradley Talbot for pushing the journal through a difficult time, Maddison Tenney (@maddi_10e) for the beautiful and poignant illustrations, and the authors for sticking through until the end.

A handwritten signature in black ink, appearing to read 'Bryn Gale', with a stylized, flowing script.

Bryn Gale

Editor-in-Chief

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