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# Part 4--The Nature of Truth

The Editors

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## *The Nature of Truth*

*There are no sources of knowledge of the universe other than carefully scrutinized observations—in other words what we call research—and along side it no knowledge derived from revelation.*

Sigmund Freud, *The Question of Weltanschauung*

Traditionally, psychotherapy has eschewed not only religious values but also divine sources of help and knowledge. In part 4, Scott Richards discusses the role of truth, or the Spirit of Truth, in counseling. He proposes that helping clients access such Truth is a critical aspect of counseling. Brent Slife and Jeffrey Reber draw distinctions between traditional secular conceptualizations of truth and Christian conceptualizations of truth. They suggest that adopting a Christian perspective on the nature of truth will have profound implications for who counselors are and how they practice.