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Introduction

The Editors

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Introduction

It is now time to examine the theoretical opinions governing present-day psychology.

Sigmund Freud, *Dream Psychology*

This book is not a mere Freud basher. Rather it is an indictment of basic concepts that riddle much of psychotherapy. Freud is used here as the symbol of those governing assumptions that are not only contrary to the gospel but sometimes harmful to clients.

In the following article, Aaron Jackson and Lane Fischer note that Christian clients often worry about psychotherapy negatively affecting their souls—for good reason. Religious therapists who are unaware of their practicing assumptions may act upon anti-gospel principles. Thus Jackson and Fischer have two goals for this book: (1) to turn things upside down or shake the foundations of our assumptions and (2) to begin building a psychotherapy consistent with the gospel.