



9-2022

i wanna get better

Sydney Springer

Follow this and additional works at: <https://scholarsarchive.byu.edu/awe>



Part of the [Women's Studies Commons](#)

Recommended Citation

Springer, Sydney (2022) "i wanna get better," *AWE (A Woman's Experience)*: Vol. 9, Article 46.
Available at: <https://scholarsarchive.byu.edu/awe/vol9/iss1/46>

This Poem is brought to you for free and open access by the Journals at BYU ScholarsArchive. It has been accepted for inclusion in AWE (A Woman's Experience) by an authorized editor of BYU ScholarsArchive. For more information, please contact ellen_amatangelo@byu.edu.

i wanna get better

I want to apologize to every person I ever doubted,
Who I silently judged for their struggle,
Or remembered something hypocritical
they did before

I sympathized.

Before I asked them if I could offer a hug,
Tucking my skepticism
behind my eyelids.

I want to get on my knees and ask for forgiveness.
For every judgemental comment I made
before seeing a different perspective;

Each time I let my bias control my opinion
Of someone or something.
Or allowed myself to feel vindictive before understanding.

I am not a perfect person
Raised in a family as messy as they're made

But I know
that letting my past define who I am
as a person

Is just throwing more soiled dirt onto a rotten grave

And I refuse
To be the same as the people who came before me.

So I want to say that
I'm sorry.

I won't make that mistake again.