April 2019

Executive Spotlight: Whitney Johnson

Andrea Cabrera
cabrera12andrea@gmail.com

Follow this and additional works at: https://scholarsarchive.byu.edu/marriottstudentreview

Part of the Accounting Commons, Business Administration, Management, and Operations Commons, Business and Corporate Communications Commons, and the Entrepreneurial and Small Business Operations Commons

Marriott Student Review is a student journal created and published as a project for the Writing for Business Communications course at Brigham Young University (BYU). The views expressed in Marriott Student Review are not necessarily endorsed by BYU or The Church of Jesus Christ of Latter-day Saints.

Recommended Citation
Available at: https://scholarsarchive.byu.edu/marriottstudentreview/vol3/iss1/9

This Article is brought to you for free and open access by the All Journals at BYU ScholarsArchive. It has been accepted for inclusion in Marriott Student Review by an authorized editor of BYU ScholarsArchive. For more information, please contact scholarsarchive@byu.edu, ellen_amatangelo@byu.edu.
Whitney Johnson broke the glass ceiling. “I want more. I can do this,” she said. A fire lit inside her—she disrupted herself.

Whitney was terrified. She and her husband had moved to New York for him to get his PhD at Columbia University, and she needed to find a job. But there was a problem: Whitney had no career sense whatsoever. Living in the Big Apple was different than growing up in her hometown of San Jose, California. Whitney had never held a full-time position and had studied piano performance at Brigham Young University. At the time, no one wanted to hire a woman for anything more than a secretary.

As a guest on the Marriott Student Review podcast, *Measuring Success Right*, Whitney speaks about a fire that sparked from inside her. This fire motivated her to disrupt herself. She worked as an equity analyst, started the Disruptive Innovations Fund, coached senior executives from across the globe for Harvard Business School Executive Education programs, and more.

Whitney, a mother of two, currently contributes to the Harvard Business Review and hosts her own weekly podcast called *Disrupt Yourself*. “I love to . . . figure out new ways to inspire people to figure out how to change and how to live their best lives.”

Listen to Whitney’s full story on *Measuring Success Right* to learn how you can disrupt yourself. *Measuring Success Right* is available online at measuringsuccessright.com and on Spotify, SoundCloud, Google Play, and Apple Podcast.