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My mentor and I conducted a descriptive, mixed-methods study involved content analysis of U.S. Guidelines as they relate to Precision Medicine. We were able to identify the prevalence of Precision Medicine healthcare guidelines through the completion of this project. In working with my mentor, I was able to learn about the research process, gain experience in the field of research and develop research skills. I was also able to develop my presentation skills and attend a national conference to learn how scholarly works are shared in the nursing profession.

We conducted a literature review related to Precision Medicine in primary care by developing research questions, setting up a database, and reviewing guidelines found on guidelines.gov. We prepared and submitted an abstract for the BYU College of Nursing Scholarly Works Conference and were able to present at this conference. We were also able to prepare an abstract and present a poster at the Western Institute of Nursing (WIN) Conference in Spokane, WA.

My favorite part of the mentoring experience was being able to learn so much from a professor that I really respect in a one-on-one setting. My mentor is extremely knowledgeable about this research topic and it was a wonderful opportunity to work so closely with her. I was able to learn about the research process, developed skills needed to conduct skills, and developed presentation skills. I had a wonderful experience and wouldn’t have changed anything about the mentoring.

This mentoring experience absolutely contributed to my personal development. I have gained confidence in my ability to conduct and present research. I have also learned how to effectively work with someone in order to create a successful research project. I hope to continue developing these skills because they will be very useful to me as I continue through graduate school. This project has made me very interested in research and has made me realize I may be interested in pursuing this path in the future.

Thank you again for your generous donation and support. You allowed me to have a wonderful learning experience as I conducted research with my mentor. I was incredibly happy and appreciative to learn that I was selected as a recipient of this grant.

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