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Self Indulgence...Competition for the Relational Dollar

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Relatedness

Appealing Appearance

Self Indulgence

Introduction

Little is known about the development and the possible malleable nature of adolescent money and relational aspirations. This research examines the patterns and tradeoffs observed between money aspirations of youth from two disparate communities:

- **Alaska**—Prince William Sound
- **Utah**—Wasatch Front

Sample

<table>
<thead>
<tr>
<th>Sample</th>
<th>Adolescents</th>
<th>Ages</th>
<th>Caucasian</th>
<th>Filipino</th>
<th>Native</th>
<th>Other</th>
<th>Education</th>
<th>Social Status</th>
<th>Appealing Appearance</th>
<th>Self Indulgence</th>
<th>Growth</th>
<th>Relatedness</th>
<th>Community &amp; Health</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Adolescents</strong></td>
<td>Alaska P.W.S.</td>
<td>11-18</td>
<td>54%</td>
<td>21%</td>
<td>13%</td>
<td>12%</td>
<td>%</td>
<td>62.5</td>
<td>34.4</td>
<td>21.6</td>
<td>45.1</td>
<td>47.9</td>
<td>29.7</td>
</tr>
<tr>
<td><strong>Utah</strong></td>
<td>Wasatch Front</td>
<td>11-18</td>
<td>91%</td>
<td>--</td>
<td>--</td>
<td>9%</td>
<td>%</td>
<td>55.3</td>
<td>20.4</td>
<td>4.3</td>
<td>47.9</td>
<td>29.7</td>
<td>9.7</td>
</tr>
</tbody>
</table>

Sample N: 82 Alaska, 377 Utah

Respondent Mothers

<table>
<thead>
<tr>
<th>Sample</th>
<th>Education</th>
<th>Less than H.S.</th>
<th>H.S. Grad</th>
<th>Some College</th>
<th>College Grad</th>
<th>Post College</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Adolescents</strong></td>
<td>%</td>
<td>13</td>
<td>32</td>
<td>25</td>
<td>24</td>
<td>6</td>
</tr>
<tr>
<td><strong>Utah</strong></td>
<td>%</td>
<td>8</td>
<td>27</td>
<td>31</td>
<td>31</td>
<td>4</td>
</tr>
</tbody>
</table>

Method

Using the work of Beutler et al (2008), surveys were issued to 187 middle school students and 190 high school students. Data was gathered through surveys that asked the participants to describe themselves, their house, their car, and their activities at their futuristic “Living Well” age. Responses were coded and evaluated using:

- Grounded Theory Methodology (LaRossa, 2005)
- Variable, Concept, and Indicator Model (Beutler et al, 2008)
- N-Vivo 2 or 8

Conclusions

**Appealing Appearance, Self-Indulgence and Relatedness** were the three most distinctive and contrasting aspiration patterns observed between adolescents from the Alaskan sample and those of the Utah Sample (see above bar chart).

Evaluation revealed that a pattern of self indulgence, aspirations for easy living & lack of age appropriate responsibility came at a reduction in relatedness—time & dollars spent in support of family and friends.

Variables Defined

**Extrinsic aspirations:**

- Social Status—pursuit of activity, career, home & vehicle ownership to gain attention and impress.
- Appealing Appearance—preoccupied self-decoration, body shape, fashion to attain social image.
- Self Indulgence—pursuit of leisure & easy living without assuming age-appropriate responsibilities.

**Intrinsic aspirations:**

- Growth—actualizing activities leading to independence and self-sufficiency, e.g. career development.
- Relatedness—an expressed intention or desire to share life with family and friends.
- Community and Health—service, and civic participation.

Self-Indulgence

Those classified as self-indulgent focused on living for themselves, omitting relationships or concern for others, hoping for material possessions and vacations to please themselves, wishing to live without major cares, or just working enough to get by.